

## R5CCDA Executive 2013/2014

### PRESIDENT

Mary Anne Turner  
Williams Lake  
[nmtturner@telus.net](mailto:nmtturner@telus.net)

### TREASURER

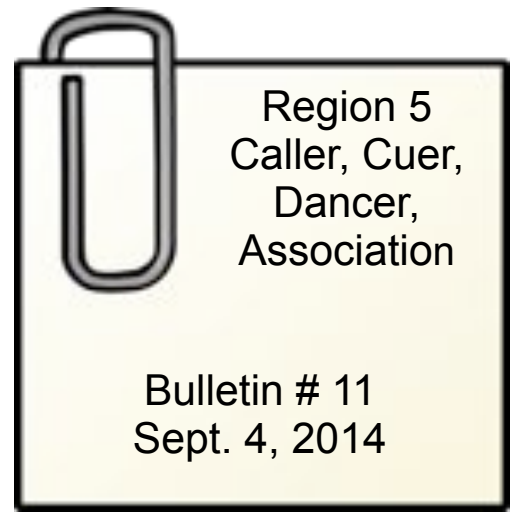
Bill Cocker  
Prince George  
[billcpg@telus.net](mailto:billcpg@telus.net)

### VICE PRESIDENT

John Tutte  
100 Mile House  
[djvall@shaw.ca](mailto:djvall@shaw.ca)

### SECRETARY

Nick Turner  
Williams Lake  
[nmtturner@telus.net](mailto:nmtturner@telus.net)



## **KEEPING YOU INFORMED** - Mary Anne Turner, R5CCDA President

Hello to all the dancers and leaders in the Region 5 - Cariboo and North West. (If you paid your dance fees at the start of the dance season, you are a member of this organization.)

I hope that you enjoyed your summer and are looking forward to a new season of dancing. The Cariboo Connection Newsletter does not come out for some time yet so I am using this bulletin to share some information with you in a more timely fashion.

## **FEE COLLECTION**

With regard to fee payment for the upcoming season - Region 5 has a new treasurer. It is Bill Cocker from Prince George and his email address is [billcpg@telus.net](mailto:billcpg@telus.net) We are really pleased that Bill has volunteered for this position. It allows us to continue paying our membership fees and processing our insurance applications in a relatively easy manner. The club treasurers will be receiving an instruction letter and forms from Bill when the dance season starts. If your club has a **new** treasurer be sure to let Bill know so he can send the information to the correct person.

The fees for the Canadian Square & Round Dance Society (\$3.00), the BC Square and Round Dance Federation (\$5.00), and the R5 Caller, Cuer, and Dancer Association (\$4.00) will remain the same for the 2014-2015 season that runs from January 1 - December 31. You will notice when you receive the information from Bill that he requires the fees and forms by Oct. 25 so please help your club treasurer to accomplish this task. He needs to forward them to the Provincial treasurer by Dec. 1 so don't delay.

Normally when we have started new dancer classes in September or October, we weren't able to arrange for the new dancers to be covered by 3rd party liability insurance in the period from September to December. The option now exists if we wish to use it. Here is a message from Norm Cox, Past President of the BCS&RDF that discusses this matter. Please note that this coverage would only be from September to December. Should the new dancers wish to be covered from January on, they would have had to pay the same fees as all other dancers.

**A Memo From The B.C. S. & R.D Federation Past President**

August 2014 re. Insurance Coverage For Brand New Dancers

At the Board of Directors Meeting in April 2014 a motion was passed regarding Insurance coverage for Brand New Dancers for the period from September to December of each Current Year. It was moved, seconded and carried that the Canadian Society be asked to act upon this concern.

Upon attending the CSRDS A.G.M in Ottawa I presented this motion on behalf of the B.C. Federation. The Motion was passed at this meeting and as a result the CSRDS President Eric McCormack, Chair of Registration and Insurance, put forth a plan requesting that the Numbers (No Names) of Brand New Dancers be sent by e-mail to him after these New Dancers have signed into your club as Brand New Dancers. He would then record those numbers and assign an Insurance Number to each one.

To make this work smoothly all club registration people should send, weekly or monthly, your Brand New Dancer Numbers (& Club Name) to your Regional Registrar person and then the Regional Registrar person forward these numbers and Club Names to Eric McCormack at [ericmcc@nbnet.nb.ca](mailto:ericmcc@nbnet.nb.ca)

Eric McCormack is also working on the possibility of having a Permanent Wallet Size Insurance Card with yearly stickers so that you will have the same Insurance Number for a 5 year period or possibly as long as you dance.

If you have any questions on the above contact:

Norm Cox – 604-584-5506 or e-mail him at [marymcox@telus.net](mailto:marymcox@telus.net)

Norm Cox, Past President B.C.S. & R.D. Federation

**A NEW BC SQUARE & ROUND DANCE FEDERATION PRESIDENT FOR YOU** -(yes, if you paid your dance fees last season, you are a member of this organization !)

At the August AGM in Penticton, a new president for the BCS&RDF was chosen. Thank goodness there are still people who volunteer for such jobs and who work so hard to keep square dancing going! Ken Crisp will be taking over the reins from Norm Cox. Ken's first task was to communicate with you through a newsletter. You will find his message below.

**B.C.S. & R.D.FEDERATION President's Newsletter August 2014**

The BC Square and Round Dance Federation held their annual general meeting in Penticton on August 8, 2014. I was elected President and thank those present for giving me the honour to represent you in our Federation. I would like to thank Norm Cox and the outgoing Executive for the wonderful work they have done in the past years. I pray and hope that the new team will be able to continue as effectively during my term.

I congratulate the following members newly elected or continuing on the Executive:

Norm (Mary) Cox, Past President, Region Two

Ken (Sally) Crisp, President, Region Two

Bill (Jean) Wood, First Vice-President, Region Nine

Gordon (Yvette) Ruedig, Second Vice-President, Region Eight

Wendy Krueger, Secretary, Region Two

Pat Zeeman (Gary Dodds), Treasurer, Region One

The following members are chairs of Federation Committees:

Beth and Darcy McGifford, Delegates to Canadian Society

Connie Ritchie, Round Dance Coordinator

Brian Elmer, SquareUP BC

Nick and Mary Anne Turner, Moving and Grooving

Phil Douziech, Webmaster

Al Ritchie, Four Score n' More

Roy and Janet Ballam, 1-800 Information Line

Dennis Sutton, Revitalization Committee

You can read the AGM minutes and committee reports by going to [www.squaredance.bc.ca](http://www.squaredance.bc.ca) and clicking on the page marked "Meeting / Minutes / Reports". You may be surprised at how much great work is being done by these dedicated people. Brian Elmer's SquareUP BC report, for example, has great ideas on promoting Square and Round dancing. The

promotional tools we are using today may not be reaching today's market of potential new dancers.

Square and Round Dance Awareness Week is scheduled for September 14 to 20, 2014. I hope that each Region has planned some activities to support this initiative. The Proclamation from Victoria has been placed on the website and can be copied for use with your awareness week activities.

Sally and I attended Powell River's 50th Anniversary August 15 to 17, and we were impressed with the way the club organized their event. There are more Anniversaries coming, so check the Federation website and plan to attend them when you can. If your club or Association has a special Anniversary, let the Secretary or myself know, so we can post it and present a crest or certificate, if required.

Please make sure that Federation and Society dues are submitted to the BC Federation Treasurer by December 1, 2014. New dancers who start in the Fall of the year will be automatically covered until the end of the year. Fees remain unchanged for 2015.

The Festival in Ottawa was a success, and the next National Festival will be in 2016 in Saskatchewan. If you are interested in attending, it would really help them plan the Festival if you can register early. We are interested in hearing from members in any Region that would like to consider hosting a Festival or Mini-Festival in 2015 or 2017 in your area.

Please remember that funding may be available for New Dancers, Caller/Cuer training, Education and Leadership. You can check the handbook (on line) to find details.

We wish you a happy and healthy season with lots of dancing and many good friends.

Ken (& Sally) Crisp, President  
BC Square & Round Dance Federation  
1459 Claudia Place  
Port Coquitlam, BC V3C 2V5

kcrisp@shaw.ca

## Some Ideas for Square and Round Dance Awareness Week Press



Square and Round Dance Awareness Week is scheduled for September 14 to 20, 2014. As I mentioned at the R5CCDA meeting in June, some clubs around the province have used Square Dance Awareness Week as a good opportunity to submit a press release to their local news organizations. They just submitted a photo of some happy people, holding the official Square Dance Awareness Week declaration and wrote an article of interest about square dancing in their area.

The BCS&RDF executive has the copy of the official document but I got a copy for myself by going to the internet and searching for BC Government 2014 Proclamations. Then I scrolled down to September and found it on the list. To print it, I used legal size paper and then I glued it on a piece of gray paper for a background. It looked pretty official so I will use it in the photo for my press release.

But to give you some idea of what to write, here are some examples of **last year's press releases/**

This is how **Penticton** did their Awareness Week press release last year.



*The Penticton Squares square and round dance club are welcoming the provincial government's proclamation of Square and Round Dance Awareness Week, Sept. 15-21. The province recognizes "square and round dancing as relaxing and enjoyable forms of exercise that improve the physical, mental and social health of young and old alike." Square dancing in Penticton is a long-standing recreation that once drew thousands to an outdoor floor at King's Park.*

*"You simply walk to the beat of the music. Music like Haven't Met You Yet, Moves Like Jagger, and All Night Long put a little spring in your step, it's so much fun," said novice dancer Diane Tucker of Okanagan Falls. "Dancing for two hours is like walking eight kilometres. I'm glad I put this fitness program on my bucket list." Penticton dancer Armida De Michelis agreed. "This type of dance is good for all ages - the music is so uplifting and the dancers are so friendly that they make me feel very comfortable. On top of that, I made new friends. "I'm a new square dancer. I took the three free lessons and I was hooked. I'm very pleased." Jim and Vicky Kosowan, also of Penticton, recalled their initial steps on the dance floor. "When we first started," Vicky said, "we found the moves rather challenging but, thanks to angels (dance assistants) and the patient teacher, we learned them."*

*To celebrate awareness week, the Penticton Squares dance club will demonstrate modern square dancing at Cherry Lane Shopping Centre on Saturday, Sept. 21 at 3 p.m.*

*They are also hosting an open house on Oct. 1 at the South Main Drop-In Centre from 7-9 p.m. Three free Thursday dance sessions follow on Oct. 3, Oct. 10 and Oct. 17 at The Shatford Centre from 7:30-9:30 p.m. Information is available by calling 250-492-5856 or 250-492-3247, or by e-mail at [pentictonssquares@shaw.ca](mailto:pentictonssquares@shaw.ca).*

And here is an example of how **Kamloops** did their Awareness Week press release **last year**.



*Perhaps motivated by a desire to change the sedentary lives that many British Columbians lead, the provincial government has issued a Proclamation of Square and Round Dance Awareness Week, September 15 to 21. It was welcomed by the non-profit Kamloops Square Dancers square and round dance club.*

*Publicity volunteer, Karen Olsen of Brocklehurst, enthused “today’s style of square dancing is a great experience for people, benefitting their physical, mental and social health.” She identified that the*

*music is very modern and there are no complicated steps—you simply have to walk.*

*The Proclamation opened with the words “Whereas square and round dancing are relaxing and enjoyable forms of exercise that improve the physical and mental health of young and old alike,” and concluded “we do by these presents proclaim and declare (Awareness Week).”*

*Kamloops dancer Sarah Schmidt said “this type of dance is good for all ages—the music is so uplifting and the dancers are so friendly that they make me feel very comfortable—on top of that, I made new friends.” She explained “When I was a new square dancer—I took the two free lessons and I was hooked—I’m very pleased.”*

*Bob and Marilyn Puff, of Westsyde, recall their initial steps on the dance floor: “when we first started,” Marilyn said, “we found the moves rather challenging but, thanks to ‘angels’ (dance assistants) and the patient caller, we learned them – they were very forgiving if we made errors.” They’re finding that their reaction to the square dance calls is becoming automatic, adding “we enjoy the experience and the camaraderie very much and will continue... the more we dance, the more we enjoy it.” Olsen adds that “not to be forgotten is that many of us also enjoy round dancing, which is choreographed ballroom dancing set to a particular piece of music.” She explains “a ‘cuer’ guides you through each sequence with no need to memorize routines—nobody leads.”*

*The Kamloops Square Dance club extends an invitation to the general public to discover a great experience on the square dance floor. They host an Open House and a free 2-hour dance lesson Thurs. September 12th at Desert Gardens Community Centre, 540 Seymour Street, 7:30 to 9:30 pm. One more free Thursday dance session will follow on September 19th at the same location, 7:30 to 9:30 pm. Attend one or both dates with no obligation, no commitment. Additional sessions will follow by registration.*

*For more information, contact: 250-376-5636 or 250-376-4692 – or [meyerdance@telus.net](mailto:meyerdance@telus.net)*

*The benefits of the recreation can be explored at:*

*<http://www.kamloopssquaredancers.squaredance.bc.ca/newdancers.html>*

*or: [www.TakeMeDancing.squaredance.bc.ca](http://www.TakeMeDancing.squaredance.bc.ca)*

*Also, see the online video: [www.DancingKeepsYouYoung.ca](http://www.DancingKeepsYouYoung.ca)*



The Kelowna article was much the same but to the left is the photo they used with the proclamation. And finally, below is what they did for a press release in the Shuswap last year.

*For the past number of years, the Province of British Columbia has proclaimed the third*

*week of September as, "Square and Round Dance Awareness Week". This year, it has been declared to be from the September 15th to 21st. The written proclamation recognizes that, "square and round dancing are relaxing and enjoyable forms of exercise that improve the physical and mental health of young and old alike." It goes on to further state that, "dancing takes place in many cities across British Columbia and Canada and helps relieve stress, develop flexibility, strength and coordination" and, "allows dancers to meet and enjoy the company of people from all walks of life".*



*There are a number of clubs from the Thompson-Shuswap and throughout the Okanagan who provide the benefits mentioned in the proclamation. The local clubs are the Salmon Arm Squares and Blind Bay's Ta'Lana Twirlers. At the beginning of the dance season in the fall, both clubs offer introductory lessons for new dancers. Information for either club may be found on their websites, facebook, and twitter.*

*The Salmon Arm Squares dance on Wednesday nights and their open house is at 7:30 pm on September 11th at the Fifth Avenue Seniors Activity Centre. This will be followed by free lessons on September 18th and 25th.*

*salmonarmsquares.squaredance.bc.ca*

*[salmonarmsquares@gmail.com](mailto:salmonarmsquares@gmail.com)*

*The Ta'Lana Twirlers meet on Thursdays at the Blind Bay Community Hall. Their potluck and new dancer invitation is on October 3rd at 5:30 pm. Join in the fun, free lesson on October 10th, 17th & 24th. Contact Sandi or Graham at 250-675-2325*

*[talanatwirlers.squaredance.bc.ca](http://talanatwirlers.squaredance.bc.ca)*

*[talanatwirlers@gmail.com](mailto:talanatwirlers@gmail.com)*

*The BC Square and Round Dance Federation offers information at:*

*[www.squaredance.bc.ca](http://www.squaredance.bc.ca)*

*[www.TakeMeDancing.squaredance.bc.ca](http://www.TakeMeDancing.squaredance.bc.ca)*

*[www.DancingKeepsYouYoung.ca](http://www.DancingKeepsYouYoung.ca)*