

Teaching the Social Square Dance Program SSD

Using 12 Weeks

A Teaching Guide for New and Newer Callers

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HOW TO TEACH SOCIAL SQUARE DANCING
12 Week Course

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TEACHING NEW DANCERS TO SOCIAL SQUARE DANCE

INTRODUCTION

This series of 12 lessons is designed to help you, a new or newer Caller, to organize and programme your sessions of teaching Social Square Dancing (SSD) to brand new dancers. If you are a brand new caller, welcome to a new and exciting world!

I am going to assume three important things:

1. That you can Square Dance
2. That you can sing
3. That you can hear and follow the musical beat

If you have never Square Danced, then this document is not for you! If you are unable to carry a tune, then you must learn ways to compensate - perhaps by having someone else do the singing calls for you or perhaps by having a recording of the song you can play or just “sing without singing” - talking your way through the song.

New dancers often do have two left feet and probably have never been taught to move to music. Take time to emphasize the number of beats a call takes and remind dancers to step to the beat of the music. Count for them in the first few Lessons.

One thing that you will have to develop quite quickly is the ability to call Patter, which is the rhythmic chanting of the calls to which the dancers will dance. I suggest you find examples of experienced callers calling Patter so that you can listen to them and get ideas as to how it is done. One good source is the website “Music for Callers”.

If you have an experienced caller living close by, ask him or her to mentor you as you start calling. Attend a Caller School if you are able.

In the Document, Teaching SSD, the **Teaching Routines** are in red, and are not meant to be memorized. For the new and newer caller, I suggest you copy and paste these, Tip by Tip, into your laptop lyrics where you can either read them as you call or be able to glance at them to remind yourself of what it is you will be calling.

The Choreography in the Routines and Singing Calls follows what is known as “Standard Applications.” This refers to well-presented, smooth flowing, well-timed choreography that uses familiar formations and arrangements. It has a very high chance of being danced successfully. There are a few quirky examples put in for fun, but no “Extended Applications” that explore dancing a call from every possible set up and arrangement.

You must be prepared to invest in music and equipment. Square Dance music releases (*See the website: Music For Callers*) in MP3 form, cost on average US \$7.00 per song. There are many, many Square Dance 45 rpm records available for free or at a minimal cost and if you own them, you can record them as MP3s to use on your laptop computer or other electronic device. There are many used Hilton turntables available to use as your amplifier. There are plenty of affordable loudspeakers in music stores. Treat yourself to a good microphone and mic cord. Make sure to test the microphone in the store to see if you like the sound of your voice with it.

Buy, or make, a set of Square Dance checkers or dolls to move so that you can see what happens when you call. Many callers use computer programmes. Some examples of free programmes are:

Taminations

Square View

Callorama

Teaching

Go to the Callerlab website and read the information on SSD.

One essential rule of teaching is: **BE PREPARED** (Plan your work, then work your plan.) Plan each tip for your dances in detail - both choreography and music. Make a playlist for your music. Don't keep dancers standing and waiting while you fiddle around on your computer.

Never single out a particular dancer for correction. Rather than saying, “For Heaven's sake Joe, use your LEFT hand. Don't you know your left from your right?” Say instead, “Remember, everybody, when we do _____, we use our left hand.”

Keep your teach short and simple and let them dance what you have taught them. Be sure to have lots of repetition throughout the lesson.

Use lots of praise, “Well done!” “Good job!” “ Now you’re dancing!”

Light humour in moderation is good: “O.K. I’ll see if I can call what you’re dancing.” “That’s not what I called, but it sure looked good!” “The other left hand.”

Keep your voice pleasant at all times - even though you will sometimes be mightily frustrated by your dancers!

When you start a new lesson, be sure you review the calls taught in the previous week in your first Tip.

Singing Calls

Singing call choreography (Opener/Break/Closer (OBC) and Figure will be included for each Tip of each lesson. You will have to find the music. (See the website: *Music For Callers*)

All singing calls have seven sections: Opener, Figure, Figure, Break, Figure, Figure, Closer. Usually the pattern is to call the Figure Twice for the Heads, then Twice for the Sides. You can also vary the Pattern as Hds, Sds, Sds, Hds but NEVER Hds, Sds, Hds, Sds - two of the ladies will never start the routine.

You must be prepared to change the singing call figures that come with each song you buy, to match the calls you are teaching. This can be difficult for some but with practice becomes easy and is well worth mastering since very few singing calls are written and recorded with the choreography you will need as you teach.

Although SSD *can* be taught in 12 lessons, much depends on the learning and retention ability of the new dancers. Younger dancers learn quickly, older dancers take longer. Be prepared to

take time to review. You may not cover everything listed in each lesson but don't panic. Just teach any missed calls the following week. It is important to keep written notes of what you do each week, which calls caused problems and will need review and which calls you missed.

I strongly suggest that you do not emphasize "12 weeks." Dancers will need plenty of floor time to become confident so I urge you to use the time in weeks four and eight to just dance what they have learned, with no new calls being introduced.

Just remember:

What you teach tonight might be totally new for someone next week.

Just because you taught it, doesn't mean they learned it or will remember it next time you call it.

Your explanation was crystal clear - but did they understand it?

You see that they are listening but did they hear?

Enjoy teaching and having new dancers enjoy The Teach!

TEACHING THE SOCIAL SQUARE DANCE PROGRAMME (SSD)

SSD LESSON 1

Your crowd has arrived! It's time to start. Introduce yourself and your partner, if you have one, and welcome every one to your Social Square Dancing class.

A good suggestion is to start your very first lesson with a Circle dance. Circle dances help break down inhibitions and get the group relaxed, walking to the musical beat and getting used to following instructions.

Below is a very simple circle dance that is easy to call. Each segment has 8 beats of music so, as the caller, you have to cue on beat 6.

FIRST NIGHT CIRCLE DANCE

FORMATION: Large circle facing Centre Of Hall, no partner needed, all hands joined. All start with LEFT FOOT

MUSIC SUGGESTIONS: "Music Box" Riverboat Records 324/1100 or
"Robbie's Reel" Riverboat 1084

INTRO: Wait 8 beats

1. 8 beats CIRCLE LEFT With hands joined, walk 8 steps to the LEFT
2. 8 beats CIRCLE RIGHT With hands joined, walk 8 steps to the RIGHT
3. 8 beats ALL GO FORWARD & BACK With hands joined, walk 4 steps in toward centre of circle and 4 steps back out
4. 8 beats ALL FORWARD & BACK AGAIN
5. 8 beats CIRCLE LEFT With all hands joined, walk 8 steps to the LEFT
6. 8 beats CIRCLE RIGHT With all hands joined, walk 8 steps to the RIGHT
7. 8 beats JUST LADIES FORWARD & BACK Ladies walk 4 steps in toward centre of circle and 4 steps back out
8. 8 beats JUST MEN FORWARD & BACK Men walk 4 steps in toward centre of circle and 4 steps back out. Start again from the beginning

When all are comfortable with the steps above, add some fun by choosing other reasons for moving forward and backward. (Those with red hair, those with glasses, men under 20, those who have travelled to Hawaii, etc.)

Give the dancers a very short break (let them get over their astonishment that they can in fact dance).

Put on a lively Hoedown tune, turn the music down and have everyone find a partner - traditionally man and woman. In this type of partnership, have the men put the lady on their right side. If using same sex partners then they must decide between them, who is dancing the left hand side (traditionally the man's position) and who is dancing the right hand side (traditionally the woman's position). For the ease of description, the rest of this document will refer only to traditional man/woman partnerships.

****Callers: It is quite likely that you will have more ladies than men coming to your SSD classes. This is just how it is. If they insist on dancing the lady's side, there may not always be a dance partner available to them. Fortunately, many ladies are "bi-dansual," they can dance either side.**

Have the angels (experienced dancers who are there to fill in) partner any single dancers left over. When all the partners are organized and all are on their proper side, have the couples walk in a big circle Counter Clockwise around the hall.

Pick out one couple and have them move up, and to the left of, the couple in front of them and promenade (walk) four in line as the next four behind them do the same. Now have the lines of four move up and to the left so that you have lines of eight.

Each line of 8 will stop and the two ends will join hands to make a circle of 8. Each circle of 8 will find its own space on the floor. Have them circle to the Left until one couple has their backs to the caller. All stop and drop hands with the couple beside them and form a Square. A little banter helps: "Looking good" "Way to go!" etc.

SQUARE ID: Explain the square numbering: The couple with their backs to the Caller is Couple #1. To their right is Couple #2 and then Couple #3, facing the Caller (or music source), and finally couple #4. The person beside you is known as your partner.

Now say: Couple #1, raise your hands. Couple #2, raise your hands. Couple #3, raise your hands. Couple #4, raise your hands. Now we know who we are in our Square.

**Where you are standing is called your home position. (More about this later.)
Couple 1 and 3 are called the Head couples, while 2 & 4 are the Side Couples.
Head Couples raise your hands. Side Couples, raise your hands. Good Job!**

Men, look to your left. This person is called your Corner. All the men bow to your Corner. Ladies, look to your Right. This person is called your Corner. All the Ladies, bow to your Corner. Are we all confused yet? Don't worry, all will become clear!

All this may take about 5 - 10 minutes and they are ready to dance their first Square.

The Routines, in red ink, are for the teacher/caller to say/call with appropriate timing. These routines are short and simple for the purpose of teaching each call in the SSD list. All bold red typing is for spoken instruction.

Lesson 1 Calls:

Circle Left / Circle Right, Forward and Back, Dosado, Swing, Promenade, 1/2 Promenade, Promenade Inside, Allemande Left, Arm Turns, Right and Left Grand, Weave the Ring, Courtesy Turn, Stars, Chains, Pass Thru, Wheel Around.

SSD Lesson 1 Tip 1

CIRCLE LEFT AND RIGHT {Circle 1/2, 8 Steps Full around 16 steps.}

All holding hands in a circle (ring) face slightly to the left (or right) with the men's palms up and ladies palms down on the man's hands. Walk forward to the left (or right) using a sliding step rather than a heel and toe walking step. Each step will take one beat of music. Let them hear the beat of the music - count for them if you like - and remind them to slide their feet.

Routine #1: All Circle Left 1/2 way and stop, All Circle Right 1/2 way to home, Bow to your Corner, Bow to your Partner, Circle Left all the way around and back home.

FORWARD & BACK { 8 Counts/Beats - emphasize this} (DEMO NECESSARY)

Heads / Sides: Facing couples, holding inside hands, take three small steps straight forward, and touch* on the fourth step and then, starting with the touching foot, take three steps straight back and touch (stop.) If you meet someone, you may touch hands with them. **Forward and Back should take 8 beats to complete.**

(* a touching step means to touch the toes of the foot to the floor but do not transfer any weight to that foot.)

**Routine #1: Heads go Forward and Back, (1, 2 3, touch , Back 2, 3, Stop)
Sides go Forward and Back, (1, 2 3, touch , Back 2, 3, Stop)**

Routine #2: All Join Hands, All go forward and Back, (Often called: Eight to the middle and back) (1, 2 3, touch, Back 2, 3, Stop) *They may raise all their hands as they go in, giving a yell and drop them as they come back.* **All Join Hands, Circle Left 1/2 way, Go Forward and Back, Circle Left to Home, Eight to the middle and back.**

DOSADO {8 Counts/Beats} (DEMO NECESSARY)

Facing dancers, as individuals, move forward (passing right shoulders), Slide sideways to their Right (back to back with each other). Step Backwards (passing left shoulders), Slide Sideways Left (to end face to face). (Note, hands and arms stay relaxed - do not put them 'akimbo' like you might have done in grade school!)

Routine #1: (Callers, count the 8 steps or beats, 1, 2, 3, 4, 5, 6, 7, 8)

**Face your Corner, DoSaDo, Face your Opposite, DoSaDo,
Face Partner, DoSaDo, Square your sets.**

SWING {8 Counts/Beats} (DEMO NECESSARY) Callers, either demonstrate this with your partner, or have two experienced dancers demonstrate 'Swing'.

Show Ballroom hold and have the new dancers take this hold. Make sure the new dancers understand how each couple opens out at the end of the Swing, with the lady on the man's right side. The ballroom hold is released and the couples face either into the centre or turned in the direction of the Promenade. As new dancers become comfortable with swinging, they will learn the buzz step. Don't sweat Swing at this point - you can always revisit the call in future lessons.

**Routine #1: All Swing your Partner, Face Centre, Go Forward and Back,
Face your Corner, Do Sa Do, Face your Partner, Swing your Partner,
Square your Sets.**

PROMENADE (8 Steps for 1/2 Promenade, 16 for full.)

Demonstrate Promenade handholds. Keep the Square small. When Heads/Sides are promenading 1/2 way, the others need to step into the middle of the square so that the Heads / Sides don't have so far to walk around the outside. This is called "Square Breathing."

Routine #1: Heads DoSaDo Partner, Swing Partner and Promenade all the way Home - breathe Sides! Repeat starting with Sides - breathe Heads!

Routine # 2: Heads Promenade just 1/2 way, (you will be across from home). Heads come into the middle and go Forward and Back, Sides Promenade 1/2 way, Sides come into the middle and DoSaDo, Back out and all join hands, Circle Left to Home.

Routine #3: From Circle Right, drop hands. Men put ladies in the lead (in front of you both facing counter clockwise). Men follow the lady, and all Single File Promenade Home. Square your sets.

PROMENADE INSIDE {8 steps}

Those designated (usually either the four men or the four ladies) will Promenade (walk) single file in a small circle **inside** the remaining dancers in the usual direction (CCW) and stay inside (in front of) the other four dancers.

Routine #1: Four Boys Promenade inside, Back home, Swing your girl, Square Your sets.

Routine # 2: Four Ladies Promenade inside, Back home, Swing your man, Square Your sets.

Do a Patter routine using your singing call figure. Below is a sample of such a patter. (To help with the timing, the numbers in brackets are the number of beats you could need to count **before saying the next call and this is something that will become automatic with experience.)**

— — — — BOW TO YOUR PARTNER (1,2) CORNER TOO, (1, 2)
JOIN HANDS, CIRCLE LEFT 1/2 WAY, (1,2,3,4)
EIGHT TO THE MIDDLE AND COME BACK OUT, (1,2,3,4)
CIRCLE RIGHT THE OTHER WAY BACK (1,2,3,4)
EIGHT TO THE MIDDLE AND COME BACK OUT, (1,2,3,4)
FACE YOUR CORNER, TURN BY THE RIGHT (1, 2, 3,4)
SWING PARTNER AND SQUARE YOUR SET. (1,2,3,4)

HEADS /SIDES FORWARD AND BACK, (1,2,3,4) HEADS/SIDES PROMENADE 1/2 WAY, (1,2,3,4)
SIDES/HEADS FORWARD AND BACK, (1,2,3,4) SIDES/HEADS PROMENADE 1/2 WAY, (1,2,3,4)
ALL CIRCLE TO THE LEFT, (1,2,3,4) AT HOME, SWING PARTNER (1,2,3,4)

Call your singer. Note: On this first night of lessons we will not be making any progression in the Singing Calls. We'll introduce that in Lesson 2 on the second night.

****Callers:** The Breaks and Figures in the following lessons will be just the bare bones. You, as the caller, will have to choose and insert FILLER WORDS and the CHORUS from some of the lyrics in your song. FILLER in Singing Calls is there mainly to help you keep the timing. Changes are often necessary when you sing different songs, however.

Timing for each call is given in brackets { } after the name of each move in this Teaching document. If you are unsure of the timing of any of the square dance moves, you can find

timing charts on the CALLERLAB website at www.callerlab.org

You can also find the timing for each individual move on the Taminations website at

<https://www.tamtwirlers.org/taminations/#?main=LEVELS>

Below, is an example of how you might add some filler words to the breaks and figures using the song **Night Train to Memphis**. However, you will find that these filler words will probably not fit other songs that you choose to sing. Callers need to constantly adjust and to build up their own inventory of filler words that they are comfortable with.

You can hear a music sample of this song on the Riverboat Records website.

<http://www.riverboat.com>

NIGHT TRAIN TO MEMPHIS

Riverboat 788

OPENER /BREAK/ CLOSER

ALL FOUR LADIES PROMENADE inside the ring you go,

Get back home and SWING your man around there,

Join all of your hands

CIRCLE LEFT, Go full around and when you're home

GO EIGHT TO THE MIDDLE AND come along back you do,

PARTNER SWING, Swing your partner

Take her by the hand and PROMENADE

(SING CHORUS)

We'll have a jubilee when we've learned SSD *(Social Square Dancing)*

and we'll all sing hallelujah on the way.

FIGURE

HEADS GO FORWARD, UP TO THE MIDDLE AND BACK

HEADS PROMENADE, GO HALF WAY ROUND THE TRACK

SIDES GO FORWARD, UP TO THE MIDDLE AND BACK

SIDES PROMENADE, GO HALF WAY ROUND

ALL CIRCLE LEFT, JUST HALF WAY TO HOME,

SWING YOUR PARTNER there and PROMENADE

(SING CHORUS)

We're learning SSD it's the latest thing you see and we'll all sing hallelujah on the way.

When the Singing call is finished, have everyone thank the members in their square. A good way to do this is to put arms around the waists of your two adjacent dancers and say, "Thank You!" as you all bow towards the centre of the square. It's also a good time to clap for the caller!



SSS Lesson 1 Tip 2

****Callers:** At this point in the session, you will likely find that people have come in late. A point to remember is - if you advertise that your dance or lessons will start at a certain time, then make sure *you* start on time. The dancers will soon learn to also be on time.

Put on a Hoedown and have the dancers form Squares. Turn the music down. Suggest that they do not form their squares in the same spot on the floor every time and that they choose a different position in the Square from that in the previous Tip.

Turn up the music.

Warm them up with some brief Patter from Tip 1. Now say, " We're going to continue with some new calls. This one is called **Allemande Left** and it will usually signal the end of a Patter Routine.

ALLEMANDE LEFT / ARM TURNS {4 Steps}

Men Face Left, Ladies Face Right - you are looking at your Corner. Using Left hands, take a forearm hold - hands just under the elbow - and walk forward around each other, letting go the forearm hold when you can see your Partner, and then step ahead to face your Partner and stop. This Left arm turn is called Allemande Left.

Routine #1: With your Corner, Allemande Left, With your Partner, DoSaDo, Face in, and square your sets.

Routine #2: With your Corner, Allemande Left, Turn Partner by the right arm, back to your Corner, Allemande Left, Do Sa Do partner and face in and you're home.

For some reason, turning your Partner by the Right is seldom, if ever, called an Allemande Right. It is usually called directionally (turn Partner Right) as an arm turn call.

RIGHT AND LEFT GRAND / GRAND RIGHT AND LEFT {8 Steps}

Everybody Allemande Left. You are, or should be, facing your partner with your Right hand free. (and LH disengaged) Gently shake right hands and all walking forward in the direction you are facing, gently pull each other by, letting go hands and all say, "ONE." Now do the same with your Left hands and say "TWO." Now again with the Right and say, "THREE." Again with the Left hand and say, "FOUR." (*You can count in your head*). Now the fifth person you meet will be the one you started with and you will have completed the call Right and Left Grand or Grand Right and Left. At this point, the Ladies are facing the wrong way for a Promenade, so ladies turn around, all take Promenade hold, and all Promenade. Or the caller may say Swing your Partner and Promenade. **Remind the dancers that the 5th hand they "meet" is the one they are looking for in a right and left grand-** it may not be their original partner but it is always the 5th hand - unless the caller gets clever and interrupts the Right and Left Grand.

Routine #1: Allemande Left, Right and Left Grand, Meet #5, Girls turn around and Promenade home.

Routine #2: Allemande Left, With Partner Turn by the Right, Allemande Left, Right and Left Grand, Swing Partner, Promenade.

RIGHT HAND STAR / LEFT HAND STAR {4 dancers 1/2 way = 4 Steps, full around = 8 Steps. 8 dancers 1/2 way = 8 steps, full around = 16 steps.}

Callers: Explain to the dancers that "make a RH/LH Star" includes turning the star and walking forward in the direction you are facing. You may want to add, Make a Left Hand Star AND TURN IT or TURN THE STAR as a reminder for dancers to start waking forward.

All point to the centre of your square, with your Right hands up about shoulder height and all touch fingertips. This is a Star formation. Turn your body slightly to the left and all walk forward keeping the star formation until you are Home. Now change hands and Star by the Left the other way, all the way to home. Mention that Stars can be made by all 8 dancers, or by just 4 dancers and all stars move forward as soon as they are formed.

Routine #1: All eight make A Right Hand Star and turn it half way, Change hands, make a Left Hand Star and turn it back to home.

Routine #2: Four Men make a RH Star, Star right to your corner, Allemande Left, Right and Left Grand, DoSaDo and Promenade home.

Four Ladies make a RH Star, Star right to your corner, Allemande Left, Right and Left Grand, Promenade home.

Routine #3: Heads Star Right full around to your Corner, Allemande Left, Square Your Set. Sides Star Right to your Corner, Allemande Left, Square Your Sets.

Routine #4: Four men make a LH Star, Turn the Star to your Partner, *(Keep the star formation while putting your arm around your Partner's waist as you meet her. Take her along with you as you)* Star Promenade, All back out, Make a big ring, Circle Left, When you're home, Eight to the middle and back, and Bow to your Partner.

Put on a Hoedown. Do a Patter routine using your Singer Break and Figure (don't forget to count the steps to yourself). Below is a sample of such a patter.

FOUR LADIES PROMENADE INSIDE, SWING YOUR PARTNER,
CIRCLE LEFT, LEFT ALLEMANDE, RIGHT AND LEFT GRAND,
DOSADO, PROMENADE HOME

FOUR BOYS MAKE A LH STAR, TURN IT ROUND YOU GO,
PICK UP PARTNER, ARM AROUND AND STAR PROMENADE,
BACK RIGHT OUT, CIRCLE LEFT,
ALLEMANDE YOUR CORNER, GRAND RIGHT AND LEFT,
MEET YOUR PARTNER AND SWING, PROMENADE

Call your Singer - Remember that you have to add FILLER WORDS and the CHORUS from some of the lyrics in your song. Below is a BREAK and a FIGURE that you could use.

OBC

4 LADIES (MEN) PROMENADE, SWING YOUR BOY, (GAL) AROUND,
JOIN HANDS AND CIRCLE TO THE LEFT,
ALLEMANDE LEFT THE CORNER GIRL,
GRAND RIGHT AND LEFT YOU GO,
WHEN YOU MEET YOUR PARTNER,
SWING HER (HIM) HIGH, SWING HER (HIM) LOW AND ALL PROMENADE
CHORUS

FIGURE

4 BOYS MAKE A LH STAR, TURN IT ROUND YOU GO,
PICK UP YOUR PARTNER ARM AROUND, AND STAR PROMENADE
BACK RIGHT OUT AND MAKE A BIG RING, CIRCLE LEFT, ALLEMANDE YOUR CORNER,
GRAND RIGHT AND LEFT, MEET YOUR PARTNER GIVE HER A SWING,
PROMENADE THE SQUARE,
CHORUS

Thank your Square and all take a little break



SSD Lesson 1 Tip 3

WEAVE THE RING and Wrong Way Grand (8 Steps)

Put on a Hoedown

Routine #1 Everybody Allemande Left and stop, facing your partner. We are going to do a Right and Left Grand without using hands - just passing by alternate shoulders. This call is WEAVE THE RING.

Ready? Weave the Ring, Pass by the Right, Pass by the Left, Pass by the Right, Pass by the Left, 5th shoulder - Swing this one, Promenade. Can you see why it is called “Weave?”

Routine #2: All eight go Forward and Back, Allemande Left, Weave the Ring, Swing, Promenade Home.

Routine #3: Callers: Tell the dancers to listen closely. Allemande Left, Weave the Ring, MEET PARTNER AND PASS BY, EVERYBODY TURN AROUND TO FACE PARTNER (still in your Circle) and let’s do a WRONG WAY GRAND. Go! Meet Partner (number 5), pull by, Allemande Left, Square Your Sets at Home.

COURTESY TURN (DEMO NECESSARY) (4 Steps)

All the men put your Left hand forward, palm facing up. Ladies, place your Left hand on top of the man’s Left hand, palm facing down. Men, place your Right hand in the small of the lady’s back. Now each man step back, turning 180° on the spot to your left, while guiding the ladies forward and around 180° to the left. This is a Courtesy Turn. (Note the word “Courtesy.” Ladies, you may, if you wish, put your right hand behind your back, palm out to direct the man’s hand.) YOU ARE ALL FACING OUT OF THE SQUARE, SO: Men, Courtesy Turn your Partner.

PASS THRU (4 steps from home position, 2 Steps from a box)

Heads, (*don't do it yet*) passing by your opposite (*the one across from you*) with Right shoulders you are going to walk forward to the opposite side of the square and stop so you are back to back with whom you passed by. This move is called PASS THRU.

The Square Dance Passing Rule is always pass by right shoulder to right shoulder. After the Pass Thru, wait for the next Call.

Routine #1: Heads Pass Thru and Courtesy Turn your Partner, Sides Pass Thru and Courtesy Turn your Partner, All go Forward and Back, Allemande Left, Weave the ring, Swing at Home.

Routine #2: Side Couples Promenade half way, Come down the middle and Pass Thru, Courtesy Turn, You're Home. Head Couples Promenade half way, Come down the middle and Pass Thru, Courtesy Turn, You're Home.

Now put on a Hoedown and call a short Patter combining calls from the three Tips:

BOW TO YOUR PARTNER, BOW TO YOUR CORNER, HEADS GO FORWARD AND BACK,
HEADS PASS THRU AND COURTESY TURN YOUR PARTNER,
SIDES PASS THRU AND COURTESY TURN YOUR PARTNER, ALL GO FORWARD AND BACK,
FOUR MEN MAKE A RIGHT HAND STAR, TURN THE STAR 1/2 WAY,
NOW BACK BY THE LEFT, MAKE A LEFT HAND STAR, TURN THE STAR
PICK UP PARTNER, ARM AROUND AND STAR PROMENADE, BACK OUT, ALLEMANDE LEFT,
RIGHT AND LEFT GRAND, MEET PARTNER AND WEAVE THE RING, SWING AT HOME.

CALL YOUR SINGER - Remember to add the filler words.

OBC

FOUR LADIES PROMENADE INSIDE THE RING, GET BACK HOME AND SWING YOUR MAN,
JOIN HANDS CIRCLE LEFT, ALL THE WAY AROUND UNTIL YOU'RE HOME,
ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING,
MEET YOUR PARTNER AND SWING, PROMENADE
CHORUS

FIGURE

HEADS GO FORWARD UP TO THE MIDDLE AND BACK,
PASS THRU, AND NOW COURTESY TURN THAT GIRL,
SIDES GO FORWARD UP TO THE MIDDLE AND BACK,
PASS THRU, AND NOW COURTESY TURN YOUR GIRL,
ALL JOIN HANDS, CIRCLE LEFT 1/2 WAY TO HOME,
WHEN YOU'RE HOME, ALLEMANDE LEFT, SWING PARTNER,
PROMENADE.
CHORUS



SSD Lesson 1 Tip 4

Play a Hoedown and have the dancers form Squares. Call a little Patter to warm them up using the calls they have learned. Turn down the music and say, **“Let’s learn a new call, called LADIES CHAIN.”**

TWO LADIES CHAIN (8 Steps) Demo useful to show the men how to move.

This next call is TWO LADIES CHAIN. Men, whenever you hear the words, “Ladies Chain,” a light bulb must go on in your head as it means you have a job to do. That job is to Courtesy Turn a lady as she comes towards you.

Routine #1: Head Ladies, take Right Hands and pull each other by, letting go hands as soon as you pass. Men take her Left hand in your Left hand and Courtesy Turn her. You’ve done a 2 Ladies Chain! Let’s do it again - Head ladies chain.

Routine #2: Side Ladies, take Right Hands and pull each other by, letting go hands as soon as you pass. Men take her Left hand in your Left hand and Courtesy Turn her. You’ve done a 2 Ladies Chain! Let’s do it again - Side ladies chain.

Caller: Remind the men that the words “Ladies Chain” is an alert.

Light bulb on, they take a step forward and start moving around into the Courtesy Turn as they take her left hand in their left hand and put their Right hand in the small of her back. If they stand still, they will find the Courtesy Turn awkward. Make it flow.

**Routine #3: Head Two Ladies Chain Across, Chain right back,
Side Two Ladies Chain Across, Chain right back, Eight to the middle and back,
Allemande Left, Swing at Home.**

**Routine #4: (Listen carefully) Head Two Ladies Chain, Side Two Ladies Chain,
Allemande Left NEW Corner, Do a Right and Left Grand, BUT ON YOUR THIRD
HAND Swing your Partner, Promenade Home.**

ON YOUR THIRD HAND is a new concept for them as you have previously drilled the 5th hand on a Right and Left Grand. Kid them along a little and remind them what you said about the caller getting clever. AND REMIND THEM THAT THEY HAVE TO LISTEN.

Ladies remember: In a Two ladies Chain Across, you always chain across to the opposite man. Men, remember to be a Lert! 😊

FOUR LADIES CHAIN (8 Steps)

When all four Ladies Chain, they cannot all pull by with a Right hand so instead they make a RH Star and turn it just 1/2 way to the opposite man who will Courtesy Turn them.

Reminder: **Lerts, 😊 you will Courtesy Turn the lady facing you across the set.**

Routine #1: All Four Ladies Chain across, Join hands and Circle Left just 1/2 way, Four Ladies Chain, All eight to the middle and back, Allemande Left, Right and Left Grand, Swing at Home.

Now call some Patter Routines using calls they have learned in the four Tips this evening. Keep things simple. Repetition is good.

Singing Call

OBC

FOUR BOYS PROMENADE INSIDE AROUND YOU GO,
GET BACK HOME, SWING YOUR GIRL,
ALL JOIN HANDS CIRCLE LEFT AND THEN,
CIRCLE TO THE LEFT UNTIL YOU'RE HOME AGAIN,
ALLEMANDE LEFT YOUR CORNER, TURN YOUR PARTNER RIGHT,
LEFT ALLEMANDE, AND PROMENADE THE RING TONIGHT,
CHORUS

FIGURE

HEAD LADIES CHAIN, COURTESY TURN THAT GIRL,
SIDE LADIES CHAIN, COURTESY TURN THAT GIRL,
JOIN HANDS AND CIRCLE LEFT, AND WHEN ALL THE MEN ARE HOME
ALL FOUR LADIES CHAIN ACROSS,
ALLEMANDE LEFT YOUR CORNER, TURN PARTNER BY THE RIGHT,
ALLEMANDE LEFT AND PROMENADE
CHORUS



SSD Lesson 1 Tip 5

In this Tip, give your dancers a rest from learning new calls and use the time for reviewing and dancing all that they have been taught so far:

Circle Left, Circle Right, Forward and Back, DoSaDo, Swing,
Promenade, Promenade 1/2, Promenade Inside, Star Promenade,
Allemande Left, Arm Turns, Right and Left Grand, Weave the Ring,
Stars, Courtesy Turn, Ladies Chain

This is a good time for you, the caller, to call Patter as you watch the dancers. This will help with the timing of your calls. Don't forget to alternate between Heads and Sides starting the routines. Don't get too creative - the dancers are the ones who need to succeed, you are not there to entertain yourself! (O.K., lecture over.)

Singing Call:

OBC

CIRCLE LEFT,
SING CHORUS,
ALLEMANDE LEFT YOUR CORNER,
TURN PARTNER BY THE RIGHT,
LEFT ALLEMANDE, WEAVE THE RING,
MEET YOUR PARTNER AND SWING,
SWING YOUR PARTNER ROUND AND PROMENADE THE RING,
CHORUS

FIGURE

ALL FOUR MEN GO FORWARD UP AND BACK,
MAKE A LEFT HAND STAR, TURN IT
PICK UP YOUR PARTNER RIGHT ARM AROUND,
STAR PROMENADE,
BACK RIGHT OUT AND MAKE A RING,
GO FORWARD UP AND BACK,
THEN YOUR PARTNER SWING, PROMENADE,
CHORUS



SSD Lesson 1 Tip 6

Play a hoedown and get everyone in Squares. Tell them that this will be the last “teach” for Lesson 1 and we will learn the call “**Wheel Around**”

WHEEL AROUND (4 steps)

Designated Couples, acting as a unit, turn (Wheels) 180°. The LH dancer (Man) backs up while the RH (Lady) dancer moves forward. The pivot point is the handhold between the two dancers.

Routine #1: Heads Wheel Around (*men back up, Ladies move forward*) - stay facing out, Sides wheel Around (*men back up, Ladies move forward*) - stay facing out, Heads Wheel Around - You're home, Sides wheel Around - You're home.

Routine #2: Heads Pass Thru, Wheel Around, Sides Pass Thru, Wheel Around, Allemande Left, Right and Left Grand, Promenade but DON'T STOP! Keep on going, Heads /Sides Wheel Around (*Men back up Ladies go forward*). (They will be facing the Side Couples who will have stopped and they should all have made two straight facing lines)

All join hands and Circle Left, Allemande Left, Weave the Ring, Swing and Promenade Home.

REVERSE WHEEL AROUND (4 steps)

Designated Couples, acting as a unit turn (Wheel) 180° but the LH dancer (Man) walks forward and around as the RH dancer (Lady) backs up, acting as the pivot.

Routine #1: Heads Pass Thru, Reverse Wheel Around, Sides Pass Thru, Reverse Wheel Around, Heads Pass Thru, Courtesy Turn, Sides Pass Thru, Wheel Around. Home!

Callers please note: Reverse Wheel Around is often confusing for dancers and is seldom called as squares tend to break down, so be sure to walk the call thru before using it.

Call some Patter and review any calls that seem to be giving problems.

Singing Call

OBC

FOUR MEN (LADIES) PROMENADE, INSIDE YOU GO,
GET BACK HOME SWING YOUR PARTNER,
JOIN HANDS, CIRCLE TO THE LEFT,
ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING,
MEET PARTNER, PROMENADE,
CHORUS

FIGURE

HEADS (SIDES) YOU PROMENADE HALF WAY.
HEADS (SIDES) COME DOWN THE MIDDLE,
PASS THRU, WHEEL AROUND,
SIDES (HEADS) YOU PROMENADE HALF WAY,
SIDES (HEADS) COME DOWN THE MIDDLE, PASS THRU, WHEEL AROUND AGAIN,
CIRCLE TO LEFT JUST HALFWAY, PARTNER SWING, PROMENADE,
CHORUS



SSD Lesson 1 Tip 7

This will be the last Tip for this first Lesson. The dancers will be tired - but we hope, exhilarated. Tip 7 is the time for them to relax and just dance.

You may choose to call a standard Tip - Patter/Singer or you may choose to call two Singing Calls or maybe just one Singing Call if the time is getting late.

If you choose just one Singing Call, then pick something a bit laid back and ‘ballady’ - perhaps a song that they can sing the chorus along with you.

You could use one of the Breaks and Figures that you have used during the evening. Here are two more to try:

#1

OBC

FOUR LADIES CHAIN GO STRAIGHT ACROSS THAT RING ,
TURN YOUR GIRL AND CHAIN HER RIGHT BACK HOME,
JOIN HANDS CIRCLE TO THE LEFT GO ROUND AGAIN,
ALLEMANDE LEFT, AND WEAVE THE RING,
IN AND OUT GO ROUND, SWING PARTNER, PROMENADE,
CHORUS.

FIGURE

HEADS PROMENADE AND GO HALF WAY,
DOWN THE MIDDLE PASS THRU, COURTESY TURN I SAY,
SIDES PROMENADE HALF WAY AND THEN
DOWN THE MIDDLE PASS THRU, COURTESY TURN AGAIN,
JOIN HANDS, RUN EIGHT TO THE MIDDLE AND BACK ,
ALLEMANDE LEFT CORNER, TAKE PARTNER'S HAND PROMENADE,
CHORUS

#2

OBC

CIRCLE LEFT, SING CHORUS,
ALLEMANDE LEFT YOUR CORNER, TURN PARTNER BY THE RIGHT,
LEFT ALLEMANDE YOUR CORNER, WEAVE THE RING, TONIGHT
WEAVE IT IN, WEAVE IT OUT, PARTNER SWING WITH JOY,
PROMENADE GO ROUND THE RING OH, BOY
CHORUS

FIGURE

ALLEMANDE LEFT YOUR CORNER, PARTNER SWING,
TAKE HER HAND AND PROMENADE THE RING
DON'T STOP, KEEP WALKING AND NOW
HEADS/SIDES WHEEL AROUND MAKE NICE LINES SOMEHOW
TWO LADIES CHAIN ACROSS, TURN HER, CHAIN HER BACK,
KEEP THIS ONE AND PROMENADE THE TRACK
CHORUS

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SSD LESSON 2 (Remember to review the calls from the previous lesson)

Lesson 2 Calls

Star Thru / Slide Thru,

Half Sashay / Rollaway / Ladies In Men Sashay

SSD Lesson 2 Tip 1

It's always a good idea to start your evening by calling and reviewing calls from the previous lesson. Remember too, there may be newcomers so you will have to *teach* the calls from Lesson 1. (You may want to repeat all of Lesson 1 if several brand new dancers have shown up.)

Put on a Hoedown and start with a little Patter:

BOW TO YOUR PARTNER, CORNER TOO, JOIN HANDS AND CIRCLE LEFT 1/2 WAY ROUND,
EIGHT TO THE MIDDLE AND BACK, CIRCLE RIGHT THE OTHER WAY BACK,
WHEN YOU'RE HOME, FACE YOUR CORNER, ALLEMANDE LEFT,
GRAND RIGHT AND LEFT, SWING PARTNER, PROMENADE HOME

HEADS /SIDES FORWARD AND BACK, HEADS/SIDES PROMENADE 1/2 WAY,
SIDES/HEADS FORWARD AND BACK, SIDES/HEADS PROMENADE 1/2 WAY,
HEADS PASS THRU, AND WHEEL AROUND, SIDES PASS THRU, AND WHEEL AROUND,
HEAD LADIES CHAIN, SIDE LADIES CHAIN, ALL CIRCLE LEFT JUST 1/2 WAY,
ALL FOUR LADIES CHAIN, ALL EIGHT TO THE MIDDLE AND BACK,
ALLEMANDE LEFT, WEAVE THE RING, AT HOME SWING PARTNER

Tell them: **“ We're going to learn a call named STAR THRU. This has nothing do with making a Star so don't mix the two up!”**

STAR THRU {4 steps}

Always done with the person you are facing, always done with opposite sexes facing.

Ladies raise your LEFT hand above your head, palm facing out. Man place right hand palm against Lady's left palm. See the arch? Lady go under arch turning 1/4 LEFT, retaining loose hand hold with man. Man walk forward and turn 1/4 RIGHT. Lower hands and end side by side as new partners. (Alert the men to keep their hands high so that the ladies do not have to duck their heads to avoid having them knocked off. Callers, Demo how a short man can do this by momentarily letting go his hand.)

Routine #1: Heads Star Thru, with a new one you face, Do Sa Do, Star Thru. Back away - (*you are across from home*) Sides Star Thru, with a new one you face, Do Sa Do, Star Thru again. Back away - (*you are across from home*), All Circle Left 1/2 to Home.

Routine #2: Heads/Sides Promenade 1/2, Hds/Sds Star Thru, Pass Thru, Allemande Left.

Now call a singing call. Use an opener, break and closer (OBC) and figure from Lesson 1. (No progression)



SSD Lesson 2 Tip 2

SLIDE THRU {4 Steps} (DEMONSTRATE THIS USING NORMAL FACING COUPLES)

SLIDE THRU is done by facing dancers. Think of it as being rather like a Star Thru but without hands.

The rule for slide thru is: No matter on which side of a couple you are standing and no matter if you are facing a boy or a girl, Men, (LH Dancers) will always Pass Thru (Right Shoulders) and turn 1/4 Right and Ladies (RH Dancers) will always Pass Thru (Right Shoulders) and turn 1/4 Left to end side by side as a couple.

Routine #1: Heads Slide Thru, Slide Thru, Slide Thru, Slide Thru, Home!

Routine #2: Sides Slide Thru, Slide Thru, Slide Thru, Slide Thru, Home!

Routine #3: Heads Slide Thru, Pass Thru and Wheel Around, Pass Thru, Slide Thru, Forward and Back, Pass Thru and Courtesy Turn, Slide Thru, Left Allemande! 2 Steps Home

Routine #4: Sides Slide Thru, Pass Thru and Wheel Around, Pass Thru, Slide Thru, Forward and Back, Pass Thru and Courtesy Turn, Slide Thru, Left Allemande, 2 Steps Home

Routine #5: Heads Slide Thru, Star Thru, Sides Slide Thru, Star Thru, Sides Slide Thru, Star Thru, Heads Slide Thru, Star Thru, Home.

ROLLAWAY {4 Steps} (DEMO NECESSARY)

All four ladies Chain. Join hands and Circle Left. Stop.

We are going to learn a move called Rollaway (sometimes called “Rollaway with a Half Sashay.”) Men - holding your partner’s left hand in your right, take a small step back. As you do, with your right hand you will lead the lady across in front of you, as she rolls nose to nose across to end on your other side. As she rolls, let go your right hand and step sideways to your right and then take her Right Hand in your Left. You’ve done a Rollaway! Now continue to Circle Left, Rollaway, Circle Left, Allemande Left, Promenade Home.

Ladies, rolling the Man away is a gimmick and seldom used but you will hear it!

Routine #1: Four Ladies Chain, All Join hands and Circle Left, Rollaway, Circle Left, Rollaway, Circle Left, Allemande Left, Right and Left Grand, Promenade

Routine #2: Heads Pass Thru and Courtesy Turn, Rollaway with a Half Sashay, Slide Thru, Left Allemande, 2 Steps Home.

Routine #3: Sides Pass Thru and Courtesy Turn, Roll Her Away, Slide Thru, Left Allemande, 2 Steps Home.

Call some Patter using Star Thru, Slide Thru, Rollaway:

HEADS PASS THRU, COURTESY TURN, ROLLAWAY, STAR THRU, DOSADO CORNER, WITH CORNER SLIDE THRU, MAKE LINES, ALL GO FORWARD AND BACK, PASS THRU, WHEEL AROUND, SLIDE THRU, LEFT ALLEMANDE, RIGHT AND LEFT GRAND, SWING, PROMENADE

Now say, “We are going to learn about Progression in Singing Calls. This is hard for the ladies, men never have to do it. (It has been said that the ladies have to do the progression because they are smarter than men and can easily handle the confusion. Hmmm? 😊)

In a Singing Call, the ladies will go (progress) to each man’s home position with each figure called. Ladies, you have to remember that you will not only have a new partner, but also a new starting position. (The most common progression is called a corner progression as the ladies will promenade to their corner’s home position. Remember, the word Partner means the one they are with at the moment.)

Routine #1: Heads promenade 1/2, Down the middle Star Thru, Pass Thru, Swing Corner, Promenade (*with Corner*) full around. Ladies you must go to the man's home position. Now all join hands Circle Left, Allemande Left (*New Corner*) Right and Left Grand, Promenade (*new Partner - 5th Hand*) Home

Routine #2: Repeat #1 with Sides starting.

Routine #3: Allemande Left, Turn Partner Right, Swing your Corner, Promenade, Back out and make a ring, Circle Left, Allemande Left (*new corner*), Promenade (*new Partner*)

Routine #4: All four Ladies Chain across, Circle Left, Rollaway, Circle Left, Rollaway, Allemande Left, Turn Partner Right, Swing Corner, Promenade Home. (All now have original Partners as they would have in a Singing Call)

Let's try this out with a Singing Call:

OBC

ALL 4 LADIES CHAIN ACROSS, YOU TURN THE GIRL AND THEN
JOIN HANDS AND CIRCLE LEFT GO WALKING ROUND AGAIN
LADIES ROLL A 1/2 SASHAY, YOU CIRCLE ROUND THE FLOOR
LADIES ROLLAWAY AND WEAVE THE RING
UNTIL YOU MEET ONCE MORE
WEAVE ALL THE WAY AROUND THE RING
UNTIL YOU MEET YOUR MAID
DOSADO IT'S ONCE AROUND
AND THEN YOU PROMENADE
SING CHORUS

FIGURE (with Corner Progression)

HEADS / SIDES PASS THRU AND WHEEL AROUND,
FACE INTO THE MIDDLE STAR THRU,
CENTRES PASS THRU, STAR THRU,
PASS THRU, WHEEL AROUND,
FACE ACROSS AND SLIDE THRU,
PASS THRU, ALLEMANDE LEFT,
COME BACK ONE AND A LONG PROMENADE HOME (To Man's Home)
SING CHORUS



SSD Lesson 2 Tip 3

Put on a Hoedown and have the dancers form squares (Remind them about not always taking the same position in the square)

Tell them that we are going to continue with some sashay choreo and that our next calls are:

LADIES IN MEN SASHAY {4 Steps}

A 'Sashay' is a sideways step or steps, closing feet.

Routine #1: All join hands and Circle Left.

Now Ladies, let go of the men's hands and take a step straight ahead towards the middle. Men, you are Circling LEFT so as the women step forward, you continue circling (solo) or sashaying sideways to your LEFT behind one lady and the Ladies will step back out to join the circle once the man is past her. You have just done a LADIES IN, MEN SASHAY

Let's continue - All Circle Left, Ladies in Men Sashay, Allemande Left, (*new corner*) Weave by TWO and Promenade your partner.

Routine #2: Four Ladies Chain, All join hands, Circle Left, Ladies in, Men Sashay, Ladies in, Men Sashay, Allemande Left, Promenade Home.

MEN IN, LADIES SASHAY {4 Steps}

Men, you get a turn at this:

Routine #1: All join hands and Circle Left. Men in, Ladies Sashay, (*Men, let go of the Ladies' hands and take one step forward towards the middle. Ladies continue circling LEFT (Sashaying) behind one man and the men will step back to join the circle.*) You have just done a MEN IN, LADIES SASHAY Now Circle Left, Gentlemen in (*let go hands*) Ladies Sashay and keep Circling (solo) to the Left, Men step back into the circle, Gentlemen in, Ladies Sashay, Allemande Left, (*new corner*) Weave by TWO and Promenade.

Routine #2: Four Ladies Chain, Circle Left, Gentlemen in, Ladies Sashay, Circle Left, Gentlemen in, Ladies Sashay, Circle Left, Allemande Left, Promenade Home

Now tell the dancers that we are going to play with Stars and get fancy.

Callers: Be sure to tell your dancers that “make a RH/LH Star” includes turning the star and walking forward in the direction you are facing

DO A DEMO OF THIS STAR FIGURE

Call: Heads Promenade 1/2 way, Come down the middle and Star Thru.

Centres Pass Thru and stop. All are facing their corner.

Tell them to take a look at their spot on the floor and tell them that they will be coming back to that spot. Tell them to take a good look at their corner and remember who that person is. Now all four of you make a right hand Star and slowly (*slowly!*) start turning the Star. Heads, as you come around and face into the centre of the Square, let go of the Sides and make a Left Hand Star with the other Head Couple as you meet in the centre of the Square. Turn that star around in the middle to stand in front of your corner, right on the spot you had marked. Sides continue their RH Star and stop at Home.

(Dancers, it is important that you remember who your Corner is and do not go past that spot on the floor that you have memorized. End up facing your corner exactly where you started the RH Star.) Allemande Left and Square your Sets.

Callers, some dancers will continue past their corner. Eventually they will get it but get them back to facing their corner and start the Star routine again.

Routine #1: Heads Pass Thru, Wheel Around, Slide Thru, Pass Thru, Make a Right Hand Star, Heads to the middle for a Left Hand Star, Back to the Corner Dosado, Allemande Left, Grand Right and Left, Promenade Home.

Routine #2: Repeat Routine #1 starting with Sides.

Now a little Patter before the Singing call:

ALL FOUR LADIES CHAIN, COURTESY TURN THAT GIRL AND ROLL HER AWAY,
JOIN HANDS AND CIRCLE LEFT, MEN IN, LADIES SASHAY, CIRCLE LEFT,
ALLEMANDE LEFT, WEAVE THE RING, SWING PARTNER, PROMENADE HOME.

(Be sure to do the following routine starting with both Heads and Sides)

HEADS /SIDES, PASS THRU AND WHEEL AROUND, ROLLAWAY (gently)
SLIDE THRU WITH YOUR CORNER DOSADO,
MAKE A RH STAR AND TURN IT, HEADS TO THE MIDDLE FOR A LH STAR AND TURN IT BACK
TO YOUR CORNER, DOSADO, ALLEMANDE LEFT, RIGHT AND LEFT GRAND
PROMENADE HOME.

Singing Call

OBC

ALL JOIN HANDS AND CIRCLE LEFT
LADIES IN MEN SASHAY, CIRCLE LEFT
LADIES IN MEN SASHAY, CIRCLE LEFT AGAIN
ALLEMANDE LEFT, WEAVE BY TWO,
SWING PARTNER THERE, AND PROMENADE.

FIGURE

HEADS /SIDES SLIDE THRU, AND THEN STAR THRU,
ROLL AWAY 1/2 SASHAY, AND STAR THRU AGAIN,
AND NOW MAKE A RIGHT HAND STAR,
HEADS TO THE MIDDLE FOR A LH STAR,
TURN YOUR STAR BACK TO THE CORNER GO,
WITH YOUR CORNER DOSADO, SWING,
PROMENADE



SSD Lesson 2 Tip 4

1/2 SASHAY {4 Steps}

In this Tip, we are going to learn how to do a 1/2 Sashay. A 1/2 Sashay has the same result as a Rollaway without the Roll. Let's do a 1/2 Sashay: Let go Partner's hands, the LH dancer (usually the Men) takes a step back (on Left foot), side steps to the Right and steps forward to rejoin Partner while the dancer on the Right (usually the women) side steps to the Left, in front of the man, and joins inside hands. They have exchanged places but not facing directions. All Square your sets at home.

Routine #1: Ready? Everybody 1/2 Sashay. (Men step back and step to the Right Ladies step to the Left in front of man) All Circle Left, Rollaway, Circle Left, Allemande Left, Right and Left Grand but on your THIRD hand, Swing Partner Promenade Home.

Routine #2: Heads / Sides do a 1/2 Sashay, with the one you face Star Thru, Pass Thru, and all Wheel Around, and Pass Thru, Ends (Sides) Wheel Around, Centres Pass Thru, Dosado, Pass Thru and just the Heads Wheel Around, Do a 1/2 Sashay, Pass Thru, Face in and Square your sets.

Routine #3: Heads /Sides Rollaway, Star Thru, Pass Thru, All Wheel Around, Half Sashay TWICE, (she goes, he goes), Pass Thru, Swing Partner at home.

Routine #4: Heads, step forward and join hands and make a circle of four and Circle Left just half way (*you are across from home*). Step back. Sides Step forward and join hands and make a circle of four and Circle Left just 1/2 way, Step back, (*you are across from home*). All Forward and Back, All 1/2 Sashay, Circle Left, All do a 1/2 Sashay, Circle Left, Everybody Allemande Left, Weave past two dancers, and Promenade Home

Call a short Patter to include Star Thru, Slide Thru, Roll Away, Ladies in Men Sashay and 1/2 Sashay, Circle four 1/2. USE THE OBC AND FIGURE IN THE SINGER.

Singing Call: (You may need to walk thru both the Break and Figure)

OBC

ALL JOIN HANDS AND CIRCLE LEFT, MEN IN, LADIES SASHAY, MEN IN, LADIES SASHAY, CIRCLE LEFT, ALLEMANDE LEFT, WEAVE THE RING, NUMBER FIVE PULL BY, NUMBER SIX PULL BY, SWING PARTNER AND FULL PROMENADE HOME.

FIGURE

HEADS / SIDES PASS THRU, COURTESY TURN WITH A HALF SASHAY, STAR THRU, CIRCLE FOUR 1/2 WAY, ROLLAWAY, PASS THRU, TURN PARTNER RIGHT, CORNER SWING, AND PROMENADE



SSD Lesson 2 Tip 5

In this Tip we are going to look at some $3/4$ “stuff”. Three quarters is not a strange magic formula - it is simply stretching a call as the dancers will see.

LADIES CHAIN $3/4$ {10 Steps}

We are going to have the ladies Chain $3/4$. Ladies, the man who will Courtesy Turn you will be your Corner, so look at your corner to know who he is. He will probably not know who is coming to him in the Ladies Chain $3/4$ so be ready with your left hand to “invite” him to courtesy turn you.

Routine #1: Ready? All four ladies Chain Three Quarters. Men, Courtesy turn this lady and all join hands and Circle Left. Rollaway and Circle Left, Allemande Left, Right and Left Grand to Home!

Routine #2: All four ladies Chain Three Quarters, Heads to the middle Circle Four $1/2$, Drop hands and Star Thru, Pass Thru, Swing new Corner, Promenade 2 steps to man’s home. Square those sets, Eight to the middle and back. *Four Ladies: who is your new corner?* Four Ladies Chain $3/4$, All Circle Left $1/2$, Corner (*original Partner*) Swing, Promenade Home.

{CAROUSEL PROMENADE} (**Optional.** This Call is not on any list but it is fun to do, and takes 32 beats of music to complete. It helps to prompt the dancers thru the calls.)

On the command “**Carousel Promenade**” all four ladies will Chain $3/4$ as the men Promenade by themselves $1/4$ CCW round the square, meet their original partner and Courtesy Turn her and then as a couple they promenade $1/4$ to end up opposite to their starting position. This sequence is then repeated, and all will be Home.

Ready?

Carousel Promenade: Ladies Chain $3/4$, men Promenade $1/4$, Courtesy turn Partner and Promenade $1/4$. Do it all again.

PROMENADE 3/4 {12 Steps}

Dancers have promenaded 1/2 so an extra 1/4 round the square will put the designated couples standing behind the inactive couples:

Routine #1: Heads, go forward and back, Heads Promenade 3/4 round the Square, Stop when you are standing directly behind a Side couple, Sides Pass Thru, Star Thru, Two Ladies Chain, Lines go Forward and Back, All join hands, Make a big ring, Circle RIGHT, to Home.

Routine #2: Sides, go forward and back, Sides Promenade 3/4 round the Square, Stop when you are standing directly behind a Head couple, Heads Pass Thru, Star Thru, Two Ladies Chain, Lines go Forward and Back, All join hands and make a big ring, Circle RIGHT, to Home.

Routine #3: Head Ladies Chain, Sides Promenade 3/4, Stand behind the Heads, Heads Pass Thru, Allemande Left, Right and Left Grand, Swing at Home.

Routine #4: Side Ladies Chain, Heads Promenade 3/4, Stand behind the Sides, Sides Pass Thru, Allemande Left, Right and Left Grand, Swing at Home.

Singing Call

(If you taught Carousel Promenade and have a Singing Call with a Grand Square, substitute Carousel Promenade for the GS. Preface it with, "Are you ready,"

Either:

OBC Are You Ready?

CAROUSEL PROMENADE (32 BEATS)
4 LADIES CHAIN 3/4, ROLLAWAY, CIRCLE LEFT,
ALLEMANDE LEFT, WEAVE THE RING
SWING, PROMENADE

Or

OBC

CIRCLE LEFT (SING CHORUS)
MEN STAR RIGHT, ONE TIME TONIGHT
ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING (SING CHORUS)
SWING YOUR LADY, PROMENADE (SING CHORUS)

FIGURE

HEAD LADIES CHAIN ACROSS THE RING GO,
SIDES PROMENADE 3/4 ROUND, STAND BEHIND THE HEADS,
HEADS PASS THRU, CORNER DOSADO,
SLIDE THRU, PASS THRU, WHEEL AROUND,
STAR THRU, CORNER SWING, PROMENADE
SING CHORUS



SSD Lesson 2 Tip 6

Use this Tip to review calls taught in Lesson 2. You can find some good Patter choreo in the examples printed in the SSD lessons on the Callerlab website - or simply use the choreo you have already used. One thing to remember: the same calls used to different music makes them sound different so don't be afraid that your dancers will get bored with 'same-old, same-old.'

Just for fun, you might teach another call not on the SSD list of calls but fun to do.

It's called **BOOGIE**. If you decide to use this as a part of your calling repertoire, be sure to call it quite often to keep the dancer's memories fresh. Remember, only your dancers will know this call, so do not call it without a teach if you are guest calling at another club.

Routine #1: Heads Circle Four 1/2 way, Star Thru, Pass Thru and face your Corner. Take both your Corner's hands in yours and Circle exactly 1/2 way, keeping eye contact with each other. Now, maintaining hand holds, Rock apart and then Star Thru, and individually turn to face each other. That's Boogie!

Let's do it again. Ready? Boogie: (Circle 1/2, Rock back, Star Thru and Turn to Face.) Allemande Left, Two steps Home.

Routine #2: Sides Pass Thru, and Wheel Around, Slide Thru, Pass Thru, With your Corner make a Right Hand Star, Turn it and Sides to the Middle for a LH Star. Turn this Star to your Corner, and Dosado, Now Boogie! Allemande Left, Weave the Ring, Grand Right and Left, and Swing at Home.

Singing Call

OBC

ALL FOUR LADIES CHAIN STRAIGHT ACROSS THE SET,
JOIN HANDS AND CIRCLE LEFT, CIRCLE LEFT YOU BET
LADIES IN MEN SASHAY, CIRCLE LEFT AGAIN
LADIES IN, MEN SASHAY, CIRCLE LEFT MY FRIENDS
ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING, GO ROUND
IN AND OUT, MEET PARTNER, SWING AND PROMENADE THE TOWN.
SING CHORUS

FIGURE With Boogie

HEADS / SIDES PROMENADE GO HALF WAY,
DOWN THE MIDDLE, STAR THRU, PASS THRU I SAY,
MAKE A RIGHT HAND STAR, TURN YOUR STAR AND THEN,
HEADS / SIDES TO THE MIDDLE MAKE A LEFT HAND STAR,
TURN THAT STAR AGAIN,
WITH YOUR CORNER BOOGIE, THEN SWING HER HIGH AND LOW,
PROMENADE WITH YOUR MAID AROUND THE RING YOU GO
SING CHORUS

FIGURE (USE IF YOU DID NOT TEACH BOOGIE)

HEADS / SIDES PROMENADE GO HALF WAY,
DOWN THE MIDDLE, STAR THRU, PASS THRU I SAY,
MAKE A RIGHT HAND STAR, TURN YOUR STAR AND THEN,
HEADS / SIDES TO THE MIDDLE MAKE A LEFT HAND STAR,
TURN THAT STAR AND BACK TO THE CORNER GO
DOSADO YOUR CORNER THEN STEP RIGHT UP AND SWING
SWING YOUR CORNER PROMENADE THE RING SING CHORUS



SSD Lesson 2 Tip 7

For this last Tip of SSD Lesson 2, you might want to do just a couple of Singing calls or perhaps only one singer if the dancers seem tired and ready to end. However, if there has been a call or two that they had difficulties with you may want to do a Patter as Review followed by a Singer.

Some callers like to end on a high note with a rousing Singing Call. Use your judgement to decide what is best for this particular ending Tip.

Here are a couple of OBC figures to choose from. (Don't mix them in the same singer)

4 LADIES CHAIN 3/4, CIRCLE LEFT, ALLEMANDE LEFT, PASS ONE BY,
RIGHT AND LEFT GRAND, DOSADO, SWING, PROMENADE

4 LADIES CHAIN 3/4, ALL PROMENADE
HEADS WHEEL AROUND, MAKE LINES AND CIRCLE **FOUR** 1/2,
SLIDE THRU, ALLEMANDE LEFT, PARTNER DOSADO, SWING, PROMENADE

And a couple of FIGURES:

FIGURE (RIGHT-HAND LADY PROGRESSION) (See if they notice!)

HEADS PROMENADE TRAVEL HALFWAY,
HEAD LADIES CHAIN TURN HER THERE,
SIDES PROMENADE TRAVEL HALFWAY,
SIDE LADIES CHAIN ACROSS THE SQUARE,
JOIN HANDS CIRCLE LEFT, GO HALFWAY,
SWING YOUR CORNER ROUND, PROMENADE

FIGURE

HEAD LADIES CHAIN, HEADS TO THE MIDDLE CIRCLE FOUR 3/4,
HEADS PASS THRU, RIGHT HAND STAR FULL AROUND,
GIRLS TURN FACE CORNER, ALLEMANDE LEFT,
TURN PARTNER RIGHT, SWING CORNER, PROMENADE

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SSD LESSON 3

Lesson 3 Calls

California Twirl

Bend the Line

U-Turn Back (UTB)

Backtrack

Dive Thru

SSD Lesson 3 Tip 1

For this first Tip of Lesson 3, review all you have taught so far: Be prepared to reteach when necessary. The steps are:

Circle L & R, Fwd & Bk, Swing, Promenade, Star Promenade, Allemande Left, Right & Left Grand, Weave, Stars, Ladies Chain, Wheel Around, Star Thru / Slide Thru, Half Sashay / Rollaway Ladies In Men Sashay, Men in Ladies Sashay. DoSaDo

Put together some patter and call.

For your Singing Call, choose an OBC and Figure from one of the songs in lesson 2.



Lesson 3 Tip 2

CALIFORNIA TWIRL {4 Steps} DEMO NECESSARY

This Call is done by a couple standing side by side, inside hands joined. The lady should always be on the man's right side to perform this call.

From a static Square: **All raise inside hands and make an arch.**

Retaining handholds, (Man Right, Lady Left) the Lady turns left 1/2 (180 °) under the arch and faces out of the square as Man walks around and to the right, turning 1/2 (180°) to end beside his partner. Both are facing out of the square. Lower your hands.

All ready? California Twirl again. You should be at Home.

Routine #1: Heads Pass Thru, California Twirl, Sides Pass Thru, California Twirl, All go Forward and Back, Allemande Left, Grand Right and Left, Meet Partner and DoSaDo, (careful now) Star Thru Thru, California Twirl, Home

BEND THE LINE {4 Steps} Can be done from any line with an even number of dancers, dancers in each part of the line must be facing in the same direction.

We're going to learn how to BEND THE LINE:

All take Partner's hands and Promenade but don't stop, keep going. Heads Wheel Around and make nice lines. Go forward and Back, Pass Thru and stop.

Do this step by step: Centre dancers in each line drop hands with each other. With each half of the line working as a unit, the ends move forward while the centres back up until both halves of the line are facing. That's called "Bend the Line," All Pass Thru, Bend the Line, Join Hands, Circle Left, Allemande Left, Promenade Home.

Routine #1: Heads Pass Thru, Wheel Around, Star Thru and Pass Thru, Slide Thru, Make Lines, Go Forward and Back, Pass Thru, Bend the Line, All Slide Thru, Left Allemande.

Routine #2: Sides Star Thru, California Twirl, Slide Thru, make lines, Go Forward and Back, Pass Thru, Bend the Line, All Star Thru, Left Allemande.

Routine #3: Head Ladies Chain, Heads Promenade 1/2, Heads Star Thru, Pass Thru, Circle Four 3/4 make a line, Forward and Back, Pass Thru, Bend the Line, Pass Thru, Bend the Line, Go Forward and Back, Pass Thru, Bend the Line, Join Hands, Circle Left, Allemande Left, Promenade Home.

Routine #4: Side Ladies Chain, Sides Promenade 1/2, Sides Star Thru, Pass Thru, Circle Four 3/4 make a line, Forward and Back, Pass Thru, Bend the Line, Pass Thru, Bend the Line, Go Forward and Back, Pass Thru, Bend the Line, Join Hands, Circle Left, Allemande Left, Promenade Home

Routine #5: Heads Star Thru, California Twirl, Slide Thru and Pass Thru, Bend the Line, Star Thru, Slide Thru, Pass Thru, Bend the Line, Slide Thru, Left Allemande, Promenade.

Routine #6 Sides Star Thru, California Twirl, Slide Thru, and Pass Thru, Bend the Line, Star Thru, Slide Thru, Pass Thru, Bend the Line, Slide Thru, Left Allemande, Promenade.

Singing Call

OBC

4 LADIES CHAIN 3/4, 4 LADIES CHAIN,
CIRCLE LEFT, LADIES CENTRE, MEN SASHAY,
ALLEMANDE LEFT, WEAVE, SWING, PROMENADE

FIGURE

HEADS / SIDES STAR THRU, CALIFORNIA TWIRL,
STAR THRU, PASS THRU, BEND THE LINE, SLIDE THRU,
MAKE A RH STAR, HEADS / SIDES TO THE MIDDLE, LH STAR,
CORNER SWING, PROMENADE

SSD Lesson 3 Tip 3

YOU TURN BACK (UTB) {4 Steps}

Reminder: when turning, always try to turn towards partner. UTB is a 180 ° on the spot turn around. You don't have to enforce the turning towards each other - sometimes body flow will require turning away from each other.

**Routine #1: Heads Pass Thru, UTB. Sides Pass Thru, UTB.
Heads Pass Thru, UTB. Sides Pass Thru, UTB.**

**Routine #2: Heads Rollaway, Pass Thru, UTB, Star Thru, Pass Thru,
All Star Thru, Pass Thru, Bend the Line, Pass Thru, Bend the Line, Pass Thru,
All Wheel Around, Slide Thru, Allemande Left, Promenade.**

**Routine #3: Sides Rollaway, Pass Thru, UTB, Star Thru, Pass Thru,
All Star Thru, Pass Thru, Bend the Line, Pass Thru, Bend the Line, Pass Thru,
All Wheel Around, Slide Thru, Allemande Left, Promenade**

DIVE THRU {Couple Diving= 2 Steps Couple Facing Out = 6 Steps} DEMO NECESSARY

Heads Step forward, turn and face your Corner. All Pass Thru, and Wheel Around.

We are going to learn the call DIVE THRU.

Those in the centre (*Sides in this case*) make an arch by raising your joined inside hands.

Now the outside two -*Don't do it yet-* are going to go (*Dive*) under the arch as the archers walk forward arching over them and stop facing out of the set but keep the arch. The “divers” will stop facing the other “divers” in the middle.

Let's do that: DIVE THRU. (*Now the archers are facing no-one so to get back into the action they must do a California Twirl. This is always automatic with the call Dive Thru.*) So ‘archers’ California Twirl. In the middle (or centre four) Star Thru, Pass Thru, California Twirl, Home!

**Sides, your turn: Step forward, Turn and face your Corner.
All Pass Thru and Wheel Around.**

The outside two -Don't do it yet- are going to go (Dive) under the arch as the archers walk forward arching over them and stop facing out of the set but keep the arch. The “divers” will stop facing the other “divers” in the middle.

Ready? Arch in the middle, Dive Thru, Outside Couple California Twirl, Centres Pass Thru, Circle Four 1/2, Dive Thru, Centres Pass Thru, Allemande Left, Square your Sets at Home.

Routine #1: Heads Circle Four 1/2 way, Star Thru, Pass Thru, Circle Four 1/2 way with the outside two, Arch in the middle and Dive Thru, In the middle Pass Thru, Circle Four 1/2 way with the outside two, Dive Thru, In the middle Star Thru, Back away, you're Home!

Routine #2: Sides, Circle Four 1/2 way, Star Thru, Pass Thru, Circle Four 1/2 way with the outside two, Arch in the middle and Dive Thru, In the middle Pass Thru, Circle Four 1/2 way with the outside two, Dive Thru, In the middle Star Thru, Back away, you're Home!

Callers: Note 1: It is interesting to watch dancers deciding who makes the arch and when they are not sure, it is cringeworthy to see the cracked heads. I suggest you always preface the call Dive Thru with “Make an Arch in the middle” or simply “Arch in the middle”

Note 2: Often you will have short people facing tall people. No problem when the tall people are the archers, but tall people trying to dive under a short people’s arch is a recipe for all sorts of interesting results - few of them good. When this happens, tell dancers that they can let go the raised hands as they arch over - keeping them raised - and remake the arch once the tall dancers have passed between them so that they can do the California Twirl.

Singing Call

OBC

HEADS MAKE A RIGHT HAND STAR FULL TURN
GO TO THE SIDES, FOR A LEFT HAND STAR FULL TURN
HEADS GO BACK TO THE MIDDLE, RIGHT HAND STAR TO YOUR CORNER,
ALLEMANDE LEFT, WEAVE, SWING, PROMENADE

FIGURE

HEADS / SIDES PASS THRU, UTB, STAR THRU,
CIRCLE FOUR 1/2, ARCH IN THE MIDDLE, DIVE THRU
IN THE MIDDLE STAR THRU, SLIDE THRU, PASS THRU
ALL PASS THRU, UTB, SWING CORNER, PROMENADE



SSD Lesson 3 Tip 4

BACK TRACK { Steps}

Our last new call for this lesson is called **BACKTRACK** and, surprise, surprise, it means exactly what it says: turn around and go the other way. However the trick is in the turning. Dancers will turn **away** from the centre of the Square.

Everybody join hands and Circle to the RIGHT. Drop hands, Men face CCW and put the lady in the lead (*in front of you, boys*) and all Promenade single file. Stop right here for a moment - don’t turn around, don’t even blink - now ladies, you are going to take a Backtrack by stepping out of the circle and individually turning to your right to face the other way.

Now continue moving forward with two circles, men inside going counter-clockwise, ladies on the outside going clockwise. Meet your Partner and pass right on by (*keep going*) second time you meet, do a Right and Left Grand, Promenade home.

Callers, timing is critical with this call, so you need to watch your dancers - maybe focus on the Head man and his Partner. If dancers were Circling Left, the 'backtrackers' would turn out and to the Left for the Backtrack.

Okay, let's try the men: Everybody join hands and Circle to the RIGHT. Drop hands, go single file, Men step out and Backtrack (*turn to your Right*) meet her here, Pass her by and Allemande Left your Corner, Weave the Ring, Swing and Promenade home.

Callers, by watching the dancers you can time things to end at home after the Allemande Left.

Routine #1: All join hands, Circle Left, now Circle to the Right, Put the Lady in the Lead, go Single File, Ladies step out and Backtrack, Meet your Partner Pass on by, Second time you meet, Weave the Ring, Swing Promenade.

Routine #2: Eight to the middle and back, Circle RIGHT, Men, put the Lady in the lead, go Single File, Men step out and Back Track, When you meet Pass right on by, Allemande Left your Corner, Swing Partner, Promenade Home.

Routine #3: Circle Left 1/2 way, Allemande Left, Promenade, don't stop, keep going. Men, Roll the Ladies away, Ladies to the middle, Star Left
Men step out (*to the Right*) Backtrack, Meet Partner, Turn by the Right full turn to your Corner, Allemande Left, Promenade

Routine #4: Circle Left, Allemande Left, DoSaDo, Men Star Left one full turn, Pick up Partner and Star Promenade, Girls Backtrack, Turn partner by the Right, Allemande Left, Promenade.

Singing Call

OBC

FOUR LADIES PROMENADE INSIDE, PARTNER SWING
JOIN HANDS CIRCLE LEFT, ALLEMANDE LEFT, WEAVE
SWING PROMENADE

FIGURE (RH Lady progression)

HEADS / SIDES STAR THRU, CALIFORNIA TWIRL
ALL PASS THRU, ALL WHEEL AROUND, DIVE THRU
CENTRES STAR THRU, SLIDE THRU, PASS THRU
ALLEMANDE LEFT, PASS PARTNER BY,
SWING THE RIGHT HAND LADY, PROMENADE



SSD Lesson 3 Tip 5

Call some Patter:

FOUR LADIES CHAIN,
HEADS PASS THRU, U-TURN BACK,
SIDES PASS THRU, U-TURN BACK,
JOIN HANDS, CIRCLE LEFT, ROLLAWAY,
GRAND RIGHT & LEFT, PROMENADE HOME

Callers, if you plan to use Carousel Promenade as part of your repertoire, do a quick review of Carousel Promenade. (Ladies Chain 3/4, Men Promenade 1/4, Courtesy Turn Partner, Promenade 1/4 etc.) Probably the best way to review Carousel Promenade is to talk them through the call. Later, in Tip 6 or 7 you should be able to just call Carousel Promenade. (Don't forget to preface it with, "Everybody ready?")

If you are not going to use Carousel Promenade, then call some more Patter using Routines from the last two lessons

Singing Call

Either

OBC (Using Carousel Promenade)

ARE YOU READY?

CAROUSEL PROMENADE

ALL EIGHT TO THE MIDDLE AND BACK,

SWING PARTNER, PROMENADE

Or

OBC

FOUR LADIES CHAIN ACROSS, CHAIN STRAIGHT BACK,

ALLEMANDE LEFT, TURN PARTNER RIGHT,

ALLEMANDE LEFT, WEAVE THE RING,

SWING PARTNER, PROMENADE

FIGURE

HEADS / SIDES HALF SASHAY, HEADS / SIDES STAR THRU AND MAKE AN ARCH

OUTSIDES DIVE THRU, AND PASS THRU,

STAR THRU, PASS THRU, WHEEL AROUND,

PASS THRU, BEND THE LINE,

SLIDE THRU, SWING CORNER & PROMENADE



SSD Lesson 3 Tip 6

Warm the Dances up with some Patter:

ALL CIRCLE LEFT, CIRCLE RIGHT, PROMENADE SINGLE FILE,

GIRLS STEP OUT AND BACKTRACK, MEET PARTNER GRAND RIGHT & LEFT, PROMENADE

HEADS / SIDES PASS THRU, WHEEL AROUND,

HALF SASHAY, STAR THRU,

RIGHT-HAND STAR HALF,

BACK BY THE LEFT A LEFT-HAND STAR HALF, ALLEMANDE LEFT, ARE YOU HOME?

Let's play with Stars.

Routine #1: Heads Star Thru, California Twirl, Make a Right Hand Star with the outside two, turn your star. NOW LISTEN CLOSELY: Heads to the middle, make a Left hand Star, BUT TURN IT ONLY 1/2 WAY TO THE OTHER TWO. With them make a Right Hand Star and Heads come back to the centre for a Left Hand Star, turn this Star 1/2 way to your Corner, DoSaDo.

(You are facing your corner) Now, Heads, let's repeat that: All make a Right Hand Star, turn your star, Heads to the middle make a Left Hand Star, turn it HALF WAY to the other two for a Right Hand Star, now Heads Star Left just 1/2 across to your corner, DoSaDo, Allemande Left and Square your Sets.

Routine #2: Sides Star Thru, California Twirl, Make a Right Hand Star with the outside two, turn your star. NOW LISTEN CLOSELY: Sides to the middle, make a Left hand Star, BUT TURN IT ONLY 1/2 WAY TO THE OTHER TWO. With them make a Right Hand Star and Sides come back to the centre for a Left Hand Star, turn this Star 1/2 way to your Corner, DoSaDo,

(You are facing your corner) Now let's repeat that: All make a Right Hand Star, turn your star, Sides to the middle make a Left Hand Star, turn it HALF WAY to the other two for a Right Hand Star, now Sides, into the middle, Star Left just 1/2 across to your corner, DoSaDo, Allemande Left and Square your Sets.

Singing Call (Callers, the Figure in this singer is a gimmick and will probably cause chaos. Tell your dancers not to panic, their corner will be close by for the Swing and Promenade.)

OBC

CIRCLE LEFT, ALLEMANDE LEFT, PARTNER DO SA DO, MEN STAR LEFT
STAR PROMENADE PARTNER, GIRLS BACK TRACK
TURN SAME ONE BY THE RIGHT, ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS STAR THRU, PASS THRU, CIRCLE FOUR 1/2
DIVE THRU, CENTRES PASS THRU, STAR THRU
GO FORWARD UP AND BACK AND NOW
THE BOYS ROLL THE GIRLS AWAY
THE GIRLS ROLL THE BOYS AWAY
SWING THE ONE YOU ROLLED AWAY AND ALL PROMENADE



SSD Lesson 3 Tip 7

Just do one last Singing Call for this Tip. Choose a song that the dancers enjoyed from any of the Lesson Tips

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SSD LESSON 4

Lesson 4 Calls

Square Thru

Grand Square

SSD. Lesson 4 Tip 1

SQUARE THRU 4 & 2 & 3 DEMO NECESSARY

Square Thru is done by two facing couples. When a turn is required after a pull by, the Left Hand dancer (*usually the man*) will always turn 1/4 right. The Right Hand dancer (*usually the lady*) will always turn 1/4 left.

**HAND HOLDS MUST BE FIRM BUT GENTLE,
YOU MUST LET GO HANDS AS YOU TURN.**

THE LAST HAND OF ANY SQUARE THRU IS JUST A PULL STRAIGHT PAST, LET GO AND STOP (NO TURN) SO SQUARE THRU ONE HAND IS JUST A PULL BY, LET GO AND STOP

THERE ARE NO COURTESY TURNS IN SQUARE THRU.

Sides, please step one pace back and stay out of the action.

Heads, we are going to do a Square Thru Four. Think of this as a mini wrong way Right and Left Grand - 'wrong way' because men will travel clockwise and ladies CCW. 'Mini' because we do it in a small circle of four. Let's give it a try:

Routine # 1 Heads, Give a right hand to your opposite and gently pull by, dropping hands as you turn 1/4. (*Man right, Lady left.*) Give a left hand to the next. Pull by, turn 1/4. Let go those hands! Right hand pull by, turn 1/4. LEFT HAND PULL STRAIGHT PAST, LET GO AND STOP. If you started from home (*and you did*) you should be standing directly in front of your Corner. Clap your own hands once, Sides join in and Allemande Left, 2 Steps, Home.

Repeat once more for Heads.

Heads, please step one pace back and stay out of the action.

Routine #2: Sides, it's your turn to do a Square Thru Four. Think of this as a mini wrong way Right and Left Grand - 'wrong way' because men will travel clockwise and ladies CCW. 'Mini' because we do it in a small circle of four. Let's give it a try:

Sides, Give a right hand to your opposite and gently pull by, dropping hands as you turn 1/4. (*Man right, Lady left.*) Give a left hand to the next. Pull by, turn 1/4. Let go those hands! Right hand pull by, turn 1/4. LEFT HAND PULL STRAIGHT PAST, LET GO AND STOP. If you started from home (*and you did*) you should be standing directly in front of your Corner. Clap your own hands once, Heads join in and Allemande Left, 2 Steps, Home.

Routine # 3: Heads / Sides Square Thru Four, Make a Right Hand Star full turn, Girls turn face Corner. With Corner Star Thru, Make lines, Go Forward & Back. Now, with the couple you face in the opposite line, Square Thru Three Hands: (*Right hand pull by turn 1/4, Left Hand pull by turn 1/4, RIGHT HAND PULL BY AND STOP.*) Be sure to let go that Right hand. You will be facing out of the set in Lines of Four. Men, your corner is now on your Right. Ladies, your corner is on your left so things are backwards! Turn to face Corner, Allemande Left, Come home and Square your sets.

Routine #4: Heads Promenade 1/2, come down the middle and Square Thru just TWO hands: RH pull by turn 1/4. Left Hand Pull by and stop. You should be standing directly in front of your Corner. Pass Thru, UTB, Pass Thru, (*You're Facing your Partner*). Right and Left Grand.

Routine #5: Sides Promenade 1/2, come down the middle and Square Thru just TWO hands: RH pull by turn 1/4. Left Hand Pull by and stop. You should be standing directly in front of your Corner. Pass Thru, UTB, Pass Thru, (*You're Facing your Partner*) Right and Left Grand.

Callers note: Square Thru Four and Square Thru Two end with a Left Hand so you should not call an Allemande Left to follow unless you call DoSaDo or clap your hands first. You should never call Square Thru Four or Square Thru Two followed by a Star Thru. The ladies need their Left hand for a Star Thru and often a man will not let go after the last Pull By and will hang on for dear life, pulling the lady off balance. Remind the ladies to be very vocal about this: “Let go!”

Explain to the dancers that Square Thru and Square Thru Four are the same thing.

Call some Patter:

HEADS / SIDES SQUARE THRU FOUR HANDS, MAKE A RIGHT HAND STAR,
HEADS TO THE MIDDLE FOR A LEFT HAND STAR, BACK TO YOUR CORNER
DOSADO, CIRCLE FOUR 1/2 WAY, ARCH IN THE MIDDLE DIVE THRU,
IN THE MIDDLE SQUARE THRU THREE HANDS,
ALLEMANDE LEFT, WEAVE THE RING,
SWING PARTNER, PROMENADE.

HEADS / SIDES PROMENADE 1/2, COME DOWN THE MIDDLE
SQUARE THRU JUST TWO HANDS, WITH CORNER DO SA DO,
NOW SQUARE THRU FOUR HANDS YOU ARE FACING OUT OF THE SQUARE,
LINES GO FORWARD OUT AND BACK, CALIFORNIA TWIRL,
JOIN 16 HANDS AND CIRCLE LEFT, ROLLAWAY AND CIRCLE LEFT, ALLEMANDE LEFT,
WEAVE THE RING. ARE YOU HOME?

Singing Call

OBC

4 LADIES CHAIN 3/4, 4 LADIES CHAIN,
CIRCLE LEFT, LADIES CENTRE MEN SASHAY,
ALLEMANDE LEFT, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS/ SIDES SQUARE THRU FOUR,
CORNER DOSADO, CIRCLE FOUR 1/2 WAY,
ARCH IN THE MIDDLE, DIVE THRU,
CENTRES SQUARE THRU THREE,
CORNER SWING, PROMENADE



SSD Lesson 4 Tip 2

Callers, use this second Tip to practise your patter calling. Below are a couple of routines to use. You might want to try adding some Zero movements at the asterisks (*). A Zero is simply a set of calls that return you to the exact same spot from which you started. Look at the first (***) below. You could add: Forward and Back, Pass Thru, Wheel Around, Pass Thru, Wheel Around and you will be ready to carry on with the routine. Don't forget to use any of the calls/routines taught in Lessons 1, 2 and 3. Be careful of memorizing a whole Patter routine - you'll inevitably forget a call, especially in a long routine and then your floor breaks down and you will probably have to regroup.**

HEADS / SIDES SQUARE THRU 4 HANDS,
DOSADO CORNER, SLIDE THRU, (***)
SQUARE THRU, ON YOUR **FOURTH** HAND, ALLEMANDE LEFT,
GRAND RIGHT & LEFT, PROMENADE HOME

HEADS / SIDES PROMENADE HALFWAY,
WALK IN AND SQUARE THRU 4, (***)
MAKE A RIGHT-HAND STAR ONCE AROUND,
HDS STAR LEFT IN THE CENTRE **1/2 ACROSS**
TO YOUR CORNER, DOSADO, (***)
ALLEMANDE LEFT, WEAVE THE RING

Singing Call

OBC

CIRCLE LEFT, ALLEMANDE LEFT, RIGHT AND LEFT GRAND,
DOSADO, MEN STAR LEFT, PICK UP PARTNER, STAR PROMENADE HOME

FIGURE

HEADS / SIDES SQUARE THRU JUST TWO HANDS, DOSADO,
CIRCLE FOUR 1/2 WAY, DIVE THRU, CENTRES PASS THRU,
SQUARE THRU FOUR, CORNER SWING, PROMENADE



SSD LESSON 4 Tip 3

In this Tip, we are going to learn **GRAND SQUARE**.

Callers, Grand Square comes from way back in Square Dance history and was used in Quadrilles which were danced in Square formation with a strict adherence to timing. Unfortunately today, many dancers have taken the dance out of the Grand Square with Twirls and Swings, high fives and often a lot of collisions and hanging around waiting for the figure to end because they finish too early. Don't let your angels corrupt the new dancers. Remember **Thirty -Two** full beats of music are needed to dance the Grand Square properly.

The Grand Square gives you an opportunity to sing the song lyrics, so enjoy!

A DEMONSTRATION FOR THE HEADS' PART AND THEN FOR THE SIDES' PART WOULD BE USEFUL TO SHOW THE SQUARE PATTERN FOR EACH DANCER AND THE TURNS ON THE 4TH STEPS

GRAND SQUARE {32 Steps exactly}

Sides, please step back out of the Square and watch the Heads. Your turn is coming!

Heads, you are going to walk the four sides of your own individual square.

Wave to your opposite. That person and your Partner are the only two dancers you will face dancing the Grand Square.

You will take four steps for each side of your individual square but the fourth step will be a 90° turning step or a stopping step.

Heads take 3 steps forward, turning one quarter (90°) on the fourth step to face the Centre of the Square and your Partner. (That's one side of your individual square.)

Now back away 3 steps to the side of the square. Turn one quarter (90°) on the fourth step to face the original Opposites. (Two sides of your individual square.)

Back away three steps to the corners of the square (and turn one quarter (90°) on your fourth step to face original Partners (three sides)

Walk forward 4 steps stopping at home. DO NOT TURN. (Four Sides) (Total to here: 16 steps - half way.) From this point the action is reversed:

Heads back away from their partners (3 steps), turning one quarter (90°) on the fourth step.

Walk forward to the opposites (3 steps). Turn one quarter on the fourth step

Walk forward into the centre toward partners (3 steps). Turn one quarter (90°) on the fourth step to face opposites,

Take partner's hand and back up to home four steps and stop (*total: 32 steps*).

Did you notice that the only two people you face in a Grand Square are your Partner and your Opposite?

Repeat this whole routine for the Heads only (*Have them clap once on the turning step*)
Heads Ready, Grand Square: Forward, 2, 3, clap and Turn, Back, 2, 3, clap and Turn, Back, 2, 3, clap and Turn, Forward, 2, 3, Stop
Reverse: Back 2, 3, clap and Turn, Forward 2, 3, clap and Turn, Forward 2, 3, clap and Turn, Back 2, 3, Home!

Now have the Heads step back out of the Square. Sides step back into their Home position.

Sides, wave to your opposite. That person and your Partner are the only two dancers you will face dancing the Grand Square. You are going to walk the four sides of your own individual square. You will take four steps for each side of your individual square but the fourth step will be a 90° turning step or a stopping step.

Sides, because the Heads are starting the Grand Square by walking into the middle of the Square, you have to start by facing each other. So the Call will start with "Sides Face, Grand Square" (*The call may also start with the Heads, or other designated dancers, directed to face.*) Ready?

SIDES FACE, GRAND SQUARE: Turn to face your Partner, nose to nose. Back apart 3 Steps, turn on the 4th Step and face across the Square to your Opposite (One side of your individual square)

Go forward 3 Steps, turn and face the centre and your Partner your 4th Step (2 Sides)

Go forward 3 Steps, turn on your 4th Step to face your opposite (3 Sides)

Back away 3 Steps and Stop on your 4th Step (4 Sides). DO NOT TURN.

Reverse: Go Forward 3 Steps and turn on your 4th Step to face your Partner.

Back away 3 Steps and turn on your 4th Step, to face your opposite

Back away 3 steps and turn on your 4th Step,

Go forward 3 steps and as a couple, turn on your 4th Step, to face the centre of the Square at home.

This time clap once on your turns:

Sides Face, Grand Square: Back 2, 3, clap and Turn, Forward 2, 3, clap and Turn, Forward 2, 3, clap and Turn, Back 2, 3, Stop. Reverse: Forward 2, 3, clap and Turn, Back 2, 3, clap and Turn, Back 2, 3, clap and Turn, Forward 2, 3, Face Centre.

All Square your Sets. Remember, Grand Square takes 32 steps or beats of music. Make your turns crisp and precise, DON'T GET SLOPPY and remember this: THERE ARE NO SWINGS ANYWHERE IN A GRAND SQUARE!

Callers: Encourage your dancers to count the Grand Square in their heads every time.

Routine #1: (All together now and clap as you turn) Sides Face, Grand Square, (16 Steps. Reverse, 16 Steps) Allemande Left, Weave the ring, Meet Partner, Turn by the Right arm back to Corner, Allemande Left, Promenade

Caller: Have them all join hands and Circle Left 1/4 so that the Heads and now standing in the Side position and the Sides at the Head position. They won't always be a Head or a Side when they Square up for a new Tip so for practice:

Routine #2: New Sides go forward and back, New Heads go Forward and back.

New Sides Face, Grand Square, Four Ladies Promenade inside, Swing Partner, Promenade

Routine #3: Sides go forward and back, Heads go Forward and back. Careful now! HEADS Face, Grand Square, Allemande Left, Grand Right and Left, Swing Partner, Promenade home.

(Callers, you may choose to say nothing after you call Sides Face Grand Square and just let them dance to the music or you may, in the Middle Break, (Sides Face GS, Heads Face GS) call the whole song. Callers, don't forget to say Heads Face GS in the middle!) IF YOU NEED TO, COUNT THE STEPS OR BEATS (64 for a full Break, 32 for a full GS, 16 for half GS). It will help when dancers are dancing the Grand Square, if you tell them "Reverse" at the mid-point (at Count 16)

Singing Call

OBC

SIDES FACE, GRAND SQUARE
ALLEMANDE AND WEAVE
SWING, PROMENADE

FIGURE

HEADS / SIDES PROMENADE 1/2, SQUARE THRU FOUR,
DOSADO, RIGHT AND LEFT THRU
DIVE THRU, IN THE MIDDLE SQUARE THRU **FIVE HANDS**
CORNER SWING, PROMENADE

MIDDLE BREAK

SIDES FACE, GRAND SQUARE
HEADS FACE, GRAND SQUARE



SSD Lesson 4 Tip 4

Using Routines from previous lessons, call some patter material that will review calls that may have caused problems. Remember, you are using Standard Applications, so don't get tempted to get fancy - just because you can, does not mean that you should. This is a good time to get some wind in their faces - good, smooth flowing SA material that lets them dance with success.

Don't forget to mention styling - shuffling the feet, nice crisp turns on the Grand Square, letting go hands as you turn on the Square Thru.

Here is a Routine that is just a bit different:

FOUR MEN MAKE A RIGHT HAND STAR, PICK UP PARTNER STAR PROMENADE.
FOUR BOYS **KEEP YOUR STAR** GIRLS GO RIGHT AROUND PARTNER
DIVE UNDER HIS RIGHT ARM LOOK FOR CORNER, ALLEMANDE LEFT
RIGHT AND LEFT GRAND TO HOME.

And a Grand Square that only goes 1/2way:

SIDES FACE, GRAND SQUARE **HALF WAY** (16 steps)
JOIN HANDS, CIRCLE LEFT, ALLEMANDE LEFT,
WEAVE THE RING, MEET PARTNER, SWING, PROMENADE

Singing Call:

OBC

SIDES FACE GRAND SQUARE
FOUR BOYS PROMENADE INSIDE,
PARTNER SWING, PROMENADE

FIGURE

HEADS SQUARE THRU THREE HANDS, DO A UTB
SIDES SQUARE THRU THREE HANDS, DO A UTB
JOIN HANDS, CIRCLE LEFT
LADIES CENTRE MEN SASHAY, CIRCLE LEFT,
ALLEMANDE LEFT, PROMENADE



SSD Lesson 4 Tip 5

These are the calls that you have taught so far. Remember, repetition is key for new dancer learning, so when planning your Tips, be sure to use all of these calls during the Lesson.

Circle Left / Circle Right, Forward and Back Dosado, Swing
Promenade Family (Couples / Single File / Wrong Way / Star)
Allemande Left / Arm Turns Right & Left Grand Weave the Ring / Wrong Way Grand
Left-Hand Star / Right-Hand Star
Courtesy Turn, Ladies Chain, Pass Thru, Wheel Around
Star Thru / Slide Thru, Half Sashay, Rollaway / Ladies In Men Sashay
California Twirl, Bend the Line
U-Turn Back / Backtrack Dive Thru Square Thru, Grand Square

Call some Patter using some of these calls in a way that is familiar for the dancers so that they have success. Use the **Routines in the Lesson plans.**

Here is a Patter Routine you could call:

CIRCLE LEFT, REVERSE BACK GO SINGLE FILE
THE LADY IN THE LEAD, GIRLS BACKTRACK, MEET PARTNER
STEP IN BEHIND PARTNER, SINGLE FILE PROMENADE
GIRLS BACKTRACK ONCE AROUND
PASS PARTNER ALLEMANDE LEFT, PROMENADE HOME

Singing Call:

OBC

SIDES FACE, GRAND SQUARE
FOUR LADIES CHAIN ACROSS
FOUR LADIES CHAIN BACK, PROMENADE

FIGURE

HEADS / SIDES SQUARE THRU TWO HANDS,
MAKE A RIGHT HAND STAR,
HEADS/SIDES TO THE MIDDLE STAR LEFT INSIDE,
1/2 WAY ACROSS
WITH CORNER, PASS THRU, WHEEL AROUND,
DIVE THRU, SQUARE THRU THREE,
CORNER SWING PROMENADE



SSD Lesson 4 Tip 6

You are on a roll! Let's continue with Patter calling using more of the calls learned so far. Be sure to use a different Hoedown and work your Singing call Figure (below) into the Patter.

Be careful that you are not using the same way to start your Patter. For example, there are many Equivalents using the calls you have taught so far that you can use to get you where you want to go :

Heads / Sides Promenade 1/2? Try

Hds/Sds Pass Thru and Wheel Around, or
Hds/Sds Pass Thru, Courtesy Turn.
How about Hds/Sds Slide Thru, Star Thru?
One more: Hds/Sds 1/2 Sashay, Pass Thru, UTB.

You have lots of ways to make an Equivalent to **Square Thru Four**;

Hds/Sds Star Thru, California Twirl;
Hds/Sds Promenade 1/2, Star Thru, Pass Thru;
Hds/Sds Pass Thru, Wheel Around, 1/2 Sashay, Slide Thru;
Hds/Sds Ladies Chain, Hds Circle Four 3/4, Pass Thru;
Hds/Sds Star Thru, Slide Thru Twice, Pass Thru.

Singing Call:

OBC

SIDES FACE, GRAND SQUARE 1/2 WAY, JOIN YOUR HANDS CIRCLE LEFT
ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING
PARTNER SWING, PROMENADE

FIGURE

HEADS/SIDES PROMENADE 1/2, SLIDE THRU,
PASS THRU, DOSADO,
STAR THRU, GO FORWARD AND BACK
SQUARE THRU THREE HANDS , CORNER SWING, PROMENADE



SSD Lesson 4 Tip 7

Call one last Singing Call. Choose a song you have not used so far and use an OBC and Figure from one you have used. They'll never notice!

If you have not taken a look at the Music For Callers website, it is the most useful source of Square Dance music - Patter and Singers. Most of the recording labels are here and you can browse to your heart's content. <http://www.musicforcallers.com>

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SSD LESSON 5

Lesson 5 Calls

Lead Right / Lead Left

Veer Left / Veer Right

Circulate (Couples / Named Dancers)

Trade (Couples / Named Dancer)

Chain Down the Line

SSD Lesson 5 Tip 1

(Review Calls from SSD Lesson 4)

LEAD RIGHT {4 Steps}

Designated Couples, Heads or Sides, holding inside hands, move forward over to their right to stand directly in front of the couple that is on their right.

Routine #1: Heads/Sides Two Ladies Chain, Heads/Sides Go Forward and Back, Lead to the Right, Pass Thru, Wheel Around, Dive Thru, Centres Pass Thru, Allemande Left, Two Steps Home.

Routine #2: Heads/Sides Lead to the Right, Circle Four 1/2, Centres arch, Dive Thru, Centres Pass Thru, Slide Thru, Lines Forward and Back, Two Ladies Chain, Star Thru, Square Thru three hands, Allemande Left, 2 Steps Home.

LEAD LEFT {4 Steps}

Designated Couples, Heads or Sides, holding inside hands, walk forward over to their left to stand directly in front of the couple that was on their left.

Routine #1: Heads/Sides Two Ladies Chain, Heads/Sides Lead to the Left, DoSaDo, Pass Thru, UTB, Pass Thru, Right and Left Grand, Partner Swing, Promenade

Routine #2: Heads/ Sides Two Ladies Chain, Heads/ Sides Lead to the Left, Circle Four 1/2, Slide Thru, Pass Thru, Wheel Around, Two Ladies Chain, Join 16 Hands, Circle Left, Allemande Left, Promenade Home.

VEER LEFT {2 Steps} Done from Facing Couples or Back-Back Couples

Maintaining hand holds with partners, slide, (Veer) as a couple, to the LEFT and step forward to make a tidy two Faced Line with centres holding hands. **(Let the dancers see and understand this formation.)**

Routine #1: Heads Square Thru Four, Pass Thru, Wheel Around, Veer Left, Go Forward and Back, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home

Routine #2: Sides Square Thru Four, Pass Thru, Wheel Around, Veer Left, Go Forward and Back, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home

Routine #3: Heads Ladies Chain, Heads/Lead Right, Veer Left, Bend the Line, Forward and Back, Two Ladies Chain, Star Thru, Dive Thru, Centres Star Thru, Home.

Routine #4: Sides Ladies Chain, Sides Lead Right, Veer Left, Bend the Line, Forward and Back, Two Ladies Chain, Star Thru, Dive Thru, Centres Star Thru, Home.

VEER RIGHT {2 Steps}

Maintaining hand holds with partners, slide (Veer) as a couple, to the RIGHT and step forward to make a tidy two Faced Line with centres holding hands. **(Let them see and understand this formation.)**

Routine #1: Heads Star Thru, Pass Thru, Pass Thru the Outside Two, All Wheel Around, Dive Thru, In the Centre Veer Right, Veer Left (Back to Back) Allemande Left, 2 Steps Home.

Routine #2: Sides Star Thru, Pass Thru, Pass Thru the Outside Two, All Wheel Around, Dive Thru, In the Centre Veer Right, Veer Left (Back to Back), Allemande Left, 2 Steps Home

Routine #3: Four Ladies Chain 3/4, Four Ladies Chain, Heads Square Thru four, Star Thru, Pass Thru, Wheel Around, Two Ladies Chain, Pass Thru, Courtesy Turn, Star Thru, All Veer Left, All Veer Right, Centres Veer Right, All Promenade Home.

Routine #4: Four Ladies Chain 3/4, Four Ladies Chain, Sides Square Thru four, Star Thru, Pass Thru, Wheel Around, Two Ladies Chain, Pass Thru, Courtesy Turn, Star Thru, All Veer Left, All Veer Right, Centres Veer Right, All Promenade Home.

Singing Call:

OBC

CIRCLE LEFT, ALLEMANDE LEFT, PARTNER DOSADO
MEN STAR LEFT, STAR PROMENADE PARTNER
GIRLS BACK TRACK, TURN SAME ONE BY THE RIGHT
ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS / SIDES STAR THRU, CALIFORNIA TWIRL,
SLIDE THRU, LINES PASS THRU, WHEEL AROUND,
TWO LADIES CHAIN, PASS THRU, COURTESY TURN,
STAR THRU, ALL VEER LEFT, ALL VEER RIGHT,
CENTRES VEER RIGHT, ALL PROMENADE



SSD Lesson 5 Tip 2

COUPLES CIRCULATE {4 Steps}

For a Couples Circulate, we need to get the dancers into Two Faced Lines:

Heads Lead Right, Circle Four half way, Veer Left, Everybody just stay where you are in that Two Faced Line.

We are going to learn the call COUPLES CIRCULATE. Can you see the Circulate path?

Callers: remind them of Simple rule: if you see another couple's backs, walk directly forward to stand in their place. If you can't see a back, then 'turn the corner' to the next position. **DO NOT LOOK BEHIND YOU!** Stay on your own path.

Ready? All walk forward as a Couple to take the next place in the formation and be sure you are still in the Two Faced Line formation when you get there. You've done a Couples Circulate

Callers: New dancers love to see what is going on behind them. **Tell them they must keep their eyes looking forward and walk forward.** Tease them by saying that dire penalties (usually a huge fine) will be imposed if they try to look behind them.

Ready?

Couples Circulate, Good! Let's do that again, Couples Circulate. And again, Couples Circulate. One more time, Couples Circulate. Bend the Line, Forward and Back, Circle Left, Allemande Left, Promenade Home.

Routine #1: Heads Promenade 1/2, Lead Right, Veer Left, Couples Circulate TWO places, Bend the Line, Forward and Back, Circle Left, Allemande Left, Promenade Home.

Routine #2: Sides Promenade 1/2, Lead Right, Veer Left, Couples Circulate TWO places, Bend the Line, Forward and Back, Circle Left, Allemande Left, Promenade Home.

NAMED DANCER CIRCULATE {4 Steps}

The named dancer (Boy, Girl) will circulate to the next boy's or girl's place in the Square or Circulate the number of places designated (1, 2 or 3 e.g.)

Routine #1: Heads Square Thru 4, Pass Thru, Wheel Around, VeerLeft. Just the boys Circulate 1 place around the outside. Girls, stay inside, and Circulate 1 place to join the Boy. Couples Circulate 1 place. Bend the Line, Go Forward and Back, 2 Ladies Chain, Slide Thru, Allemande Left, Promenade.

Routine #2: Sides Square Thru 4, Pass Thru, Wheel Around, VeerLeft. Just the boys Circulate 1 place around the outside. Girls, stay inside, and Circulate 1 place to join the Boy. Couples Circulate 1 place. Bend the Line, Go Forward and Back, 2 Ladies Chain, Slide Thru, Allemande Left, Promenade.

Singing Call

OBC

SIDES FACE GRAND SQUARE,
CIRCLE LEFT, ALLEMANDE LEFT, WEAVE THE RING,
PARTNER SWING, PROMENADE.

FIGURE

HEAD/SIDE LADIES CHAIN
HEADS/SIDES LEAD RIGHT, CIRCLE FOUR 1/2
VEER LEFT, COUPLES CIRCULATE, BEND THE LINE,
PASS THRU, WHEEL AROUND, SLIDE THRU, CORNER SWING, PROMENADE



SSD Lesson 5 Tip 3

Start your Tip with some review patten for Veers, Lead Left and Right and Couples Circulate.

TRADE {4 Steps}

The call we are going to learn is called TRADE. Any time we do a Trade, we will take the footsteps of the one we trade with and also we will turn 180°

For this first look at Trade, we are standing side by side at Home. Now we will do a “Partner Trade.” Everybody face your partner, let go hands. Pass by right shoulders and turn 1/4 (*men right, ladies left in this case*) You are all facing out of the set. Let’s do it again, All Partner Trade. You should be Home.

Routine #1: Heads Pass Thru, Partner Trade, Sides Pass Thru, Partner Trade, Circle Left to Home.

Callers, most often when we trade we are standing next to someone who is facing the opposite way and holding hands with us (e.g. in a wave) For this Trade, we keep the hand hold between us (drop hand with anyone else) and by walking forward and around each other, change places and turning 180° Let’s try this:

Routine #2: Heads Lead Right, Veer Left, Girls holding Right hands Trade with each other. All with their new partner, side by side, Trade. Boys are in the middle holding Left Hands, Boys Trade. Couples Circulate, Bend the Line, Circle Left 1/4, Home!

Routine #3: Sides Lead Right, Veer Left, Girls holding Right hands Trade with each other. All with their new partner, Partner Trade. Boys are in the middle holding Left Hands, Boys Trade. Couples Circulate, Bend the Line, Circle Left 1/4, Home!

Now repeat routine #2 as a Patter but leave out the directional calls: Remember to use both Heads and Sides to start.

HEADS / SIDES LEAD RIGHT, VEER LEFT, GIRLS TRADE.
WITH A NEW PARTNER TRADE, BOYS TRADE, COUPLES CIRCULATE,
BEND THE LINE, CIRCLE LEFT, HOME!

Singing Call:

OBC

CIRCLE LEFT 1/2 WAY, ALLEMANDE LEFT, PROMENADE,
ALL FOUR COUPLES WHEEL AROUND, PROMENADE WRONG WAY
ROLLAWAY 1/2 SASHAY, GIRLS UTB, ALLEMANDE LEFT,
RIGHT AND LEFT GRAND, SWING, PROMENADE

FIGURE

HEADS/SIDES PASS THRU, PARTNER TRADE,
1/2 SASHAY, STAR THRU, CORNER DOS DO
MAKE A RIGHT HAND STAR, TURN IT ROUND
HEADS/SIDES TO THE MIDDLE STAR LEFT
CORNER SWING, PROMENADE



SSD Lesson 5 Tip 4

Sometimes when we call (Named dancer - boy/ girl, ends/centres) Trade, these dancers will not be standing next to each other:

Routine #1: Heads Lead to the Left, All Veer to the Right and stop.

The girls are all on the ends of their individual lines. Dancers, don't do this yet. When I call "Girls in your own Line, Trade," the girls will walk forward and around to the other end of their line and take hands with a boy.

Now, listen carefully: Girls, in the same line, Trade, Boys in the middle, Trade, Couples Circulate, Bend the Line, Circle Left, Stop at Home (short trip)

Routine # 2: Sides Lead to the Left, All Veer to the Right, Girls in the same line, Trade, Boys in the middle Trade, Couples Circulate, Bend the Line, Circle Left, Stop at Home (short trip)

Routine #3: Heads Lead Right, All Veer Left, Girls Trade, Couples Circulate, Boys Circulate, Girls Circulate, Boys same line Trade, Couples Circulate but keep going and Wrong Way Promenade Home.

Routine #4: Sides Lead Right, All Veer Left, Girls Trade, Couples Circulate, Boys Circulate, Girls Circulate, Boys same line Trade, Couples Circulate but keep going and Wrong Way Promenade Home.

COUPLES TRADE 6 {Steps}

Continuing with the idea of TRADE, let's look at **Couples Trade**.

Routine #1: Heads Lead Right, Veer Left. (We have a two Faced Line. When we call, Couples Trade, each couple in the Two Faced Line, moving as a unit, wheels across to the other end of the same Two Faced Line. The couples have simply swapped ends (and of course facing direction) in the same 2-Faced line.) Ready? Couples Trade, Couples Circulate, Couples Trade, Bend the Line, Pass Thru, Wheel Around, Join Hands and Circle Left, Allemande Left, Promenade Home.

Routine #2: Sides Lead Right, Veer Left, Couples Trade, Couples Circulate, Couples Trade, Bend the Line, Pass Thru, Wheel Around, Join Hands and Circle Left, Allemande Left, Promenade Home.

Routine # 3: Heads Pass Thru, Wheel Around, Lead Left, Veer Right, Couples Circulate, Couples Trade, Bend the Line, Pass Thru and Promenade Home.

Routine # 4: Sides Pass Thru, Wheel Around, Lead Left, Veer Right, Couples Circulate, Couples Trade, Bend the Line, Pass Thru and Promenade Home.

Singing Call,

OBC

SIDES FACE, GRAND SQUARE

SING CHORUS

FOUR BOYS PROMENADE INSIDE

PARTNER SWING, PROMENADE

SING CHORUS

FIGURE

HEADS LEAD RIGHT, VEER LEFT

COUPLES CIRCULATE, COUPLES TRADE,

BEND THE LINE, GO FORWARD AND BACK,

STAR THRU, SQUARE THRU THREE,

CORNER SWING, PROMENADE

SING CHORUS



SSD Lesson 5 Tip 5

CHAIN DOWN THE LINE {8 Steps}

We are going to do the Call “CHAIN DOWN THE LINE”. Men, remember the word ‘Chain’ always means you have a job to do: Courtesy Turn a lady. Ladies, whenever you chain, you always trade places.

Heads Pass Thru, Partner Trade, Star Thru, Pass Thru, Veer Left,

(Don’t do it yet) To start the CHAIN DOWN THE LINE, the ladies holding Right hands, will Trade with each other by turning 1/2 by the Right in the middle of the line.) Let’s do that now Ladies: Ladies Trade

(Don’t do it yet) The men, as the ladies are trading, will turn 1/4 to face down the line ready to take the lady’s Left Hand in your Left Hand and courtesy turn her.

Let’s do that now, Men, - Courtesy Turn the lady that just chained towards you. The call chain Down the Line will end up with couples facing.

Routine #1: Heads Pass Thru, Partner Trade, Star Thru, Pass Thru, Veer Left, Chain Down the Line, (*Girls Trade, Boys Courtesy Turn a girl*) Facing Couples Square Thru Three, Left Allemande, Two Steps, Home.

Routine #2: Sides Pass Thru, Partner Trade, Star Thru, Pass Thru, Veer Left, Chain Down the Line, (*Girls Trade, Boys Courtesy Turn a girl*) Square Thru Three, Left Allemande, Two Steps, Home.

Routine #3: Heads Promenade 1/2, Star Thru, Pass Thru, All Veer Left, Couples Trade, Chain Down the Line, Slide Thru, Allemande Left, Grand Right and Left, Promenade.

Routine #4: Sides Promenade 1/2, Star Thru, Pass Thru, All Veer Left, Couples Trade, Chain Down the Line, Slide Thru, Allemande Left, Grand Right and Left, Promenade.

Routine #5: Heads Lead Right, Veer Left, Chain Down the Line, (*Girls Trade, Boys Courtesy Turn a girl*) Star Thru, Pass Thru, Wheel Around, Veer Left, Chain Down the Line, Pass Thru, Wheel Around, Two Ladies Chain, All Join Hands, Eight to the middle & back, Circle Left a little bitty bit, Home!

Routine #6: Sides Lead Right, Veer Left, Chain Down the Line, Star Thru, Pass Thru, Wheel Around, Veer Left, Chain Down the Line, Pass Thru, Wheel Around, Two Ladies Chain, All Join Hands, Eight to the middle & back, Circle Left a little bitty bit, Home!

Singing Call

OPENER / CLOSER

HEAD LADIES CHAIN, SIDES PROMENADE 3/4

STAND BEHIND THE HEADS

HEADS PASS THRU, ALLEMANDE LEFT, PROMENADE HOME

SIDES FACE GRAND SQUARE, SQUARE YOUR SETS

FIGURE

HEADS PASS THRU, PARTNER TRADE, STAR THRU,

PASS THRU, VEER LEFT, CHAIN DOWN THE LINE,

GO FORWARD AND BACK

SQUARE THRU THREE, CORNER SWING PROMENADE

BREAK

SIDE LADIES CHAIN, HEADS PROMENADE 3/4
STAND BEHIND THE SIDES,
SIDES PASS THRU, ALLEMANDE LEFT, PROMENADE HOME
HEADS FACE GRAND SQUARE, SQUARE YOUR SETS



SSD Lesson 5 Tip 6

For this Tip, use **Routines** from Lessons 4 and 5 and review the calls taught in these lessons (as well as any other lesson) You may choose to write your own Patter to call. Just remember the KISS principle (Keep It Sensibly Simple) and make sure the dancers succeed.

Here is a a routine with a surprise ending your dancers will enjoy

HEADS/SIDES LEAD LEFT, VEER RIGHT, COUPLES CIRCULATE,
BOYS CIRCULATE, GIRLS CIRCULATE,
COUPLES TRADE, GIRLS CIRCULATE, BOYS CIRCULATE,
COUPLES CIRCULATE ONCE AND A HALF,
ALL BEND THE LINE, YOU'RE HOME!

Singing Call:

OBC

FOUR LADIES CHAIN 3/4, CIRCLE LEFT, ALLEMANDE LEFT,
PASS ONE BY, RIGHT AND LEFT GRAND, SWING, PROMENADE

FIGURE

HEADS / SIDES PROMENADE 1/2,
LEAD RIGHT, VEER LEFT, COUPLES CIRCULATE TWO PLACES,
BEND THE LINE, FORWARD AND BACK,
SLIDE THRU, SQUARE THRU THREE,
SWING, PROMENADE



SSD. Lesson 5 Tip 7 - For this Tip, Two Singing Calls.

#1

OBC

ALL GO FORWARD AND BACK,
FOUR LADIES CHAIN, CIRCLE LEFT, ROLLAWAY,
CIRCLE LEFT,
ALLEMANDE LEFT, PASS ONE BY, SWING NEXT, PROMENADE

FIGURE

HEADS / SIDES LEAD RIGHT, VEER LEFT, GIRLS TRADE,
COUPLES CIRCULATE, CHAIN DOWN THE LINE,
FORWARD & BACK, STAR THRU, DIVE THRU,
CENTRES PASS THRU, ALL PASS THRU,
SWING CORNER, PROMENADE HOME

#2

OBC

CIRCLE LEFT, ALLEMANDE LEFT, RIGHT AND LEFT GRAND
DOSADO, MEN STAR LEFT
PICK UP PARTNER, ARM AROUND STAR PROMENADE TO HOME

FIGURE

HEADS LEAD RIGHT, VEER LEFT,
GIRLS CIRCULATE, CHAIN DOWN THE LINE,
PASS THRU, WHEEL AROUND,
TWO LADIES CHAIN, STAR THRU,
DIVE THRU, CENTRES SQUARE THRU 3,
SWING CORNER, PROMENADE HOME

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SSD LESSON 6. Review Calls from SSD Lesson 5

Lesson 6 Calls

Right and Left Thru,

Flutterwheel / Reverse Flutterwheel.

Sweep 1/4

SSD Lesson 6 Tip 1

RIGHT AND LEFT THRU {Static Square 8 Steps, Box 6 Steps}

We've danced a little routine: PASS THRU AND COURTESY TURN. Now instead of Passing Thru and Courtesy Turning, we are going to start with a Pull By and give this little routine a name.

It's called RIGHT AND LEFT THRU. Notice, especially Ladies, it's called Right and LEFT Thru so you will use your Right hand and then your Left hand.

Callers, it is very important when doing a Right and Left Thru, that the dancers let go the right hand as soon as they have pulled past each other. If they hang on too long the boys will pull the ladies to their right so that they cannot give their left hands for the Courtesy Turn and their tendency will be to turn to the Right, away from the man who is waiting to Courtesy Turn them. The men should put their left hands out and forward and slightly to the right to encourage the ladies to take it with their left hand.

What a Right and Left Thru will do is exchange the facing couples.

Let's have the Heads Step forward and face your Corner. Star Thru (and we have lines facing.) Everybody Pass Thru. and Courtesy Turn the one beside you.

Ready for the new move? Give a RIGHT hand to the one you face and gently pull straight past letting go hands and now give a LEFT hand to the one beside you and boys, Courtesy Turn this girl. That's a RIGHT AND LEFT THRU. Allemande Left and Square your Sets

Routine #1: Heads go forward and back, Heads go Right and Left Thru. (Pull By Right, Left to this Partner and Courtesy Turn) Sides go forward and back, Sides go Right and Left Thru. (Pull By Right, Left to this Partner and Courtesy Turn) All Circle Left 1/2 Way Home.

Routine #2: Heads Promenade 1/2, Come down the middle, Right and Left Thru. Sides Promenade 1/2, Come down the middle, Right and Left Thru. All are Home.

Routine #3: Heads Right and Left Thru, Star Thru, Pass Thru, Right and Left Thru, All Veer Left and Bend the Line, Two Ladies Chain, Slide Thru, Allemande Left, Two Steps Home.

Routine #4: Sides Right and Left Thru, Star Thru, Pass Thru, Right and Left Thru, All Veer Left and Bend the Line, Two Ladies Chain, Slide Thru, Allemande Left, Two Steps Home.

Callers: You will notice that dancers will hesitate before doing a Right and Left Thru following a Square Thru Four. This is because they are standing closer to the opposite couple with whom they are to do the RLT, than they were when doing a RLT from Home position.

Singing Call

OBC (See 2nd OBC if you do not call Carousel Promenade)

CAROUSEL PROMENADE (Ladies Chain 3/4, Men Promenade 1/4, Courtesy Turn Ptnr, Prom 1/4. Repeat)
CIRCLE LEFT, ALLEMANDE LEFT,
WEAVE THE RING, SWING , PROMENADE

OBC 2

CIRCLE LEFT
SING CHORUS
MEN STAR RIGHT TO YOUR CORNER
ALLEMANDE LEFT AND WEAWE, (CHORUS)
SWING PARTNER, PROMENADE
CHORUS

FIGURE

HEADS/SIDES RIGHT AND LEFT THRU, ROLLAWAY, SLIDE THRU,
RIGHT AND LEFT THRU, DIVE THRU, CENTRES PASS THRU, RIGHT AND LEFT THRU,
DIVE THRU, PASS THRU CORNER SWING, PROMENADE



SSD Lesson 6 Tip 2

FLUTTERWHEEL {8 Steps} DEMO ADVISED

This call will have the men change places.

Ladies (Right Hand dancers) lead the call by going into the centre and turning by the right forearm as if starting an Allemande Right. As they move adjacent to the opposite man (who starts to walk straight forward), they take his right hand in their left. They continue turning on around to the lady's starting position, releasing arms in the centre and turning as a couple to face the centre.

NOTE to Callers FYI: it is always the RH dancer who starts a Flutterwheel.

Routine #1: Head Ladies lead, Flutterwheel, (*Take right forearm hold, wheel across, get that man and bring him home.*)

Side Ladies lead Flutterwheel, (*Take right forearm hold, wheel across, get him and bring him home*) All four Ladies Chain, Men Courtesy Turn original partner, Promenade home.

Routine #2: Heads Square Thru Four, Right and Left Thru, Flutterwheel, Star Thru, Flutterwheel, Slide Thru, Allemande Left, 2 Steps Home

Routine #3: Sides Square Thru Four, Right and Left Thru, Flutterwheel, Star Thru, Flutterwheel, Slide Thru, Allemande Left, 2 Steps Home

ALL FOUR LADIES FLUTTERWHEEL {12 Steps}

Just as in 4 Ladies Chain, all four Ladies will make a RH Star in the centre (don't do it yet!) turn the Star and pick up the opposite man with your Left hand and bring him back to your home position.

Routine #1 Head Ladies Flutterwheel, Side Ladies Flutterwheel, All Four Ladies Flutterwheel (You're Home) All four Ladies Flutterwheel, Side Ladies Flutterwheel, Head Ladies Flutterwheel. Home

Singing Call:

OBC

ALL FOUR LADIES FLUTTERWHEEL, CIRCLE LEFT,
LADIES CENTRE, MEN SASHAY, CIRCLE LEFT
LADIES CENTRE, MEN SASHAY, CIRCLE LEFT,
ALLEMANDE LEFT, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS / SIDES SQUARE THRU FOUR, DOSADO
STAR THRU, LADIES FLUTTERWHEEL,
LADIES CHAIN ACROSS, SLIDE THRU
CORNER SWING, PROMENADE



SSD Lesson 6 Tip 3

REVERSE FLUTTERWHEEL

Men, here's how you do a Flutterwheel, but it is called:

REVERSE FLUTTERWHEEL {8 Steps}

Head Men (LH dancer) take a LEFT forearm hold with the opposite man and turn across the square and pick up opposite lady with your Right hand as she walks forward, and bring her home. You've done a Reverse Flutterwheel.

Side Men (LH dancer) take a LEFT forearm hold with the opposite man and turn across the square and pick up opposite lady with your Right hand as she walks forward, and bring her home. You've done a Reverse Flutterwheel. (Keep those same Partners now for Routine #1)

Note for Callers: Reverse Flutterwheel is an Equivalent for Ladies Chain.

Flutterwheel + Reverse Flutterwheel (or Reverse Flutterwheel + Flutterwheel) is an Equivalent for Right and Left Thru.

**Routine #1 Head Men (LEFT Hand) Reverse Flutterwheel,
Side Men (LEFT hand) Reverse Flutterwheel, All are Home**

**Routine #2: Heads Right and Left Thru, Head Ladies lead, Flutterwheel,
Head men Reverse Flutterwheel, Home.
Sides Right and Left Thru, Side Ladies lead, Flutterwheel,
Side men Reverse Flutterwheel, Home**

ALL FOUR MEN REVERSE FLUTTERWHEEL {12 Steps}

Men, when all four of you Reverse Flutterwheel, you must first make a LEFT HAND STAR in the middle of the square and turn that Star across the set to the opposite lady whom you pick up with your Right Hand as she walks forward and you continue turning the Star as you take her to your Home position.

Routine #1: All four Men Reverse Flutterwheel, All four Ladies Chain. Home

Now call some Patter to review calls from previous lessons. It is important that the dancers get to dance what they have learned so far and not get stuck in the learning mode. Get the wind in their faces!

Singing Call

OBC

ALL FOUR LADIES CHAIN 3/4, ALL PROMENADE
HEAD COUPLES WHEEL AROUND, RIGHT AND LEFT THRU
SLIDE THRU, ALLEMANDE LEFT,
PARTNER SWING, SWING PARTNER PROMENADE

FIGURE

HEAD/SIDE LADIES FLUTTERWHEEL,
HEAD /SIDE MEN REVERSE FLUTTERWHEEL
HEADS / SIDES SQUARE THRU TWO HANDS
CORNER DO SA DO, RIGHT AND LEFT THRU,
DIVE THRU, SQUARE THRU THREE
SWING CORNER, PROMENADE



SSD Lesson 6 Tip 4

FLUTTERWHEEL + SWEEP 1/4 {8 Steps + 4 Steps}

We are going to add to the Flutterwheel calls with **Sweep a Quarter** (Sweep 1/4)

The Sweep 1/4 continues the turning motion of the Flutterwheel as the ladies lead the men 1/4 further around to face the other couple between the non-active couples. If they look past the other “flutterwheeler” they can see their Corner when this routine starts with a Squared Set.

Walk the dancers through this: Head Ladies lead, Flutterwheel, (*Go across, get that man, bring him back but don't stop at home.*) SWEEP ¼, (*Keep circling with him 1/4 more, until you are standing between the two inactive couples.*) Can they see their Corner? Pass Thru, Allemande Left, Home.

Side Ladies lead, Flutterwheel, (*Go across, get that man, bring him back but don't stop at home.*) SWEEP ¼, (*Keep circling with him 1/4 more, until you are standing between the two inactive couples.*) Can they see their Corner? Pass Thru, Allemande Left, Home.

Callers, Flutterwheel (or Reverse Flutterwheel) + Sweep 1/4 + Pass Thru is an equivalent to Square Thru Four)

Routine #1: Head Ladies lead, Flutterwheel, Sweep 1/4, and Pass Thru, Make a Right Hand Star, Turn star full around, Girls turn and face your corner, Allemande Left, (Home)

Routine #2: Side Ladies lead, Flutterwheel, Sweep 1/4, and Pass Thru, Make a Right Hand Star, Turn star full around, Girls turn and face your corner, Allemande Left, (Home)

Routine #3: Head /Men Reverse Flutterwheel, Sweep 1/4, and Pass Thru, Make a RH Star, Turn it full turn, Face Corner, Men Reverse Flutterwheel, Ladies Flutterwheel, Circle Four 1/2 way, Allemande Left, (Home)

Routine #4: Side Men Reverse Flutterwheel, Sweep 1/4, and Pass Thru, Make a RH Star, Turn it full turn, Face Corner, Men Reverse Flutterwheel, Ladies Flutterwheel, Circle Four 1/2 way, Allemande Left, (Home)

Call some Patter to practise the Figure in the Singing Call below:

Singing Call

OBC

SIDES FACE, GRAND SQUARE

ALLEMANDE LEFT, WEAVE THE RING, SWING, PROMENADE

FIGURE (Might need a further walk Thru)

HEAD / SIDE LADIES FLUTTERWHEEL, SWEEP 1/4, PASS THRU
RIGHT AND LEFT THRU, VEER LEFT, COUPLES CIRCULATE,
CHAIN DOWN THE LINE, STAR THRU, DIVE THRU, PASS THRU,
CORNER SWING, PROMENADE



SSD Lesson 6 Tip 5

We are half way through the 12 lessons of SSD. Your dancers need to just dance using the calls they have learned so far.

Here is the list:

Lesson 1

Circle Left / Circle Right

Forward and Back

DoSaDo

Swing

Promenade (Couples / Single File / Wrong Way / Star)

Allemande Left / Arm Turns

Right & Left Grand

Weave the Ring / Wrong Way Grand

Left-Hand Star / Right-Hand Star

Courtesy Turn

Ladies Chain

Pass Thru

Wheel Around / Reverse Wheel Around

Lesson 2

Star Thru

Slide Thru

Half Sashay / Rollaway / Ladies In Men Sashay

Lesson 3

California Twirl

Bend the Line

U-Turn Back / Backtrack

Dive Thru

Lesson 4

Square Thru

Grand Square

Lesson 5

Lead Right / Lead Left

Veer Left / Veer Right

Circulate (Couples / Named Dancers)

Trade (Couples / Named Dancer)

Chain Down the Line

Lesson 6

Right & Left Thru

Flutterwheel / Reverse Flutterwheel

Sweep a Quarter



Lesson 6 Tip 6

Go back thru the Routines in the previous lessons and put together some Patter you can use for your class to dance.

Here are some extra Patter Routines you could use for Tip 6. You put in the timing steps.

HEADS/ SIDES SQUARE THRU FOUR, RIGHT & LEFT THRU,
DIVE THRU, CENTRES PASS THRU, SLIDE THRU, RIGHT & LEFT THRU,
FLUTTERWHEEL, SWEEP 1/4, DIVE THRU,
CENTRES STAR THRU, BACK AWAY, HOME

HEADS /SIDES LEAD RIGHT, VEER TO THE LEFT,
CHAIN DOWN THE LINE, FLUTTERWHEEL, SWEEP A QUARTER,
REVERSE FLUTTERWHEEL, HALF SASHAY, GRAND RIGHT & LEFT, PROMENADE.

HEADS FLUTTERWHEEL, SWEEP A QUARTER, PASS THRU,
RIGHT & LEFT THRU, FLUTTERWHEEL, SWEEP A QUARTER MORE,
STAR THRU, DIVE THRU, CENTRES SQUARE THRU 3,
SWING THE CORNER, PROMENADE

Singing Call

OBC

FOUR LADIES CHAIN 3/4, TURN WITH THAT GIRL
JOIN HANDS CIRCLE LEFT GO ROUND THAT OLD WORLD
FOUR LADIES ROLLAWAY, CIRCLE LEFT GO ROUND THAT WAY
ALLEMANDE LEFT, TURN PARTNER RIGHT
ALLEMANDE LEFT, WEAVE THE RING
SWING PARTNER, PROMENADE
CHORUS

FIGURE

HEADS PROMENADE HALF AROUND THE RING
WALK IN AND SQUARE THRU FOUR HANDS YOU GO
FOUR HANDS AND THEN, DO A DOSADO GO BACK TO BACK
MAKE A RIGHT HAND STAR TURN IT YOU KNOW
HEADS STAR LEFT IN THE MIDDLE **GO HALF ACROSS**
FIND THAT CORNER THERE SWING THAT LADY ROUND AND ROUND
PROMENADE THE SQUARE
CHORUS



Lesson 6 Tip 7

Call a couple of singing calls from any of the lessons

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SSD LESSON 7

SSD Lesson 7 Calls

Circle to a Line

Separate (Around 1 / Around 2) to a Line / Come into the Middle)

Split 2

Wheel and Deal

Double Pass Thru, 1st Couple go Left/Right, Next Couple go Right/Left

SSD Lesson 7 Tip 1

Callers, make sure you are starting each Tip with some easy Patter to review the calls from the first six Tips.

CIRCLE TO A LINE {8 Steps} DEMO DESIRABLE

Callers, the Lines formed by this action are variously known as 1P2P or PL as all dancers have their original Partner in the lines formed and the dancers are in sequence.

Callers please note: Over the years the action of this call has changed in some Regions to save the ladies from having to duck under a man's arm. You will encounter the traditional way of doing this call if you dance with other clubs or chat with experienced callers. If you want to do this call in the traditional way then follow the definition given in the CALLERLAB Mainstream Definitions.

Don't do this yet. The caller will say, "Heads Lead Right, Circle to a Line."

So let's do just the first part now - Heads Lead Right and Stop. ***

To do the CIRCLE TO A LINE , I want the inside couple, (*Heads in this case*) to Veer Left. Now, Head Man, leading your partner by the hand, walk forward and around behind the couple you were facing. (*You are now looking at the back of that same couple.*) Now, maintaining handhold, you will slide to your LEFT to become the Left end of a line.

Meanwhile the outside couple, maintaining hand hold with your partner, slide to your LEFT to allow the other couple to circle behind you (Square breathing) and then slide to your Right, adjusting to make a straight line facing across.

Square your set now and walk through this sequence again as many times as you need to and with the sides taking a turn.

*****A simpler explanation might be (after Heads/Sides Lead Right) : All Veer Left and couple facing out, as a couple, run around the couple facing in and hook onto them to make a line” Square breathing necessary.**

Note that it is the inside couples who lead to their Right who will do most of the action.

Routine #1: Squared Set Ready? Heads Lead to the Right, Circle to a Line, Lines go Forward and Back, Right and Left Thru, All Pass Thru, Partner Trade. (Dancers should always keep the lines facing until the next call. There is a tendency for the line ends to reach across and try to make a circle. DON'T!) Slide Thru and Square Thru Three, Allemande Left, Promenade Home.

Routine #2: Sides Lead to the Right, Circle to a Line, Go Forward and Back, Right and Left Thru, All Pass Thru, Partner Trade, Slide Thru, Square Thru Three, Allemande Left, Promenade Home.

Routine #3: Heads Lead Right, Circle to a Line, Go Forward and Back, Square Thru Four, All UTB, Right and Left Grand, Promenade Home.

Routine #4: Sides Lead Right, Circle to a Line of Four, Go Forward and Back, Square Thru Four, All UTB, Right and Left Grand, Promenade Home.

FYI - There are other ways of making a Partner Line with the calls you have:

HEADS (SIDES) LEAD RIGHT, STAR THRU, FLUTTERWHEEL

HEADS (SIDES) PROMENADE 1/2, LEAD RIGHT, STAR THRU, REVERSE FLUTTERWHEEL

HEADS (SIDES) LEAD RIGHT, CIRCLE FOUR $\frac{3}{4}$

Routine #1: Heads Lead Right, make a Circle of Four and Circle $\frac{3}{4}$ to a line of four, (Men, Keep RH hold with Partner's Left Hand. Ladies release RH hold with the other man in your circle of four as you step into a facing line) Ladies Flutterwheel, Sweep 1/4, Pass Thru, Allemande Left, Right and Left Grand, Promenade Home.

Routine #2: Sides Lead Right, Make a Circle of Four and Circle $\frac{3}{4}$ to a line of four, (Men, Keep RH hold with Partner's Left Hand. Ladies release RH hold with the other man in your circle of four as you step into a facing line) Flutterwheel, Sweep 1/4, Pass Thru, Allemande Left, Right and Left Grand, Promenade Home.

Singing Call

OBC

ALL FOUR LADIES CHAIN 3/4,
ALL FOUR LADIES FLUTTERWHEEL,
CIRCLE LEFT, ROLLAWAY, CIRCLE LEFT, ROLLAWAY,
ALLEMANDE LEFT, SWING PARTNER, PROMENADE

FIGURE

HEADS /SIDES LEAD RIGHT, CIRCLE TO A LINE,
RIGHT AND LEFT THRU, ALL PASS THRU, PARTNER TRADE,
SLIDE THRU, SQUARE THRU THREE,
SWING CORNER, PROMENADE



SSD Lesson 7 Tip 2

SEPARATE {2} {Timing depends on the follow up directions}

The call **Separate** means you will turn back-to-back with your Partner and walk away from each other as directed.

Routine #1: Heads Pass Thru, Separate (*turn back to back*) and go around TWO dancers (*walk forward and around behind the two side dancers*), Meet Partner at Home.
Sides Pass Thru, Separate (*turn back to back*) and go around TWO dancers (*walk forward and around behind the two Head dancers*), Meet Partner at Home.

Routine #2: Heads Pass Thru, Separate and go around TWO dancers,
Hook onto the end and make a line of Four. Go Fwd & Back,
All join hands and Circle Left, Allemande Left, Promenade Home.

Routine #3: Sides Pass Thru, Separate and go around TWO dancers, Hook onto the end and make a line of Four. Go Fwd & Back, All join hands and Circle Left, Allemande Left, Promenade Home.

Routine #4: Heads Pass Thru, Separate, Go around ONE,
Squeeze in make a line of four. *Sides, as you hear this, you have to “breathe apart” to let the Heads in to make the line with them.* All go Forward and Back, All Star Thru, Centres Pass Thru, Right and Left Thru, Allemande Left, Square your Sets.

Routine #5: Sides Pass Thru, Separate, go around ONE,
Squeeze in make a line of four. *Heads as you hear this, you have to “breathe apart” to let the Sides in to make the line with them.* All go Forward and Back, All Star Thru, Centres Pass Thru, Right and Left Thru, Allemande Left, Square your Sets.

Routine #6: Heads Square Thru Three, (you are facing OUT) Separate, go around one, *Sides breathe apart, Heads come into the middle, Sides breathe back together,* Centres Pass Thru, Allemande Left, Square your Sets at Home.

Routine #7: Sides Square Thru Three, (you are facing OUT)
Separate, go around one, *Heads breathe apart,*
Sides come into the middle, Heads breathe back together,
Centres Pass Thru, Allemande Left, Square your Sets at Home.

Singing Call.

OBC

HEADS LEAD RIGHT, CIRCLE TO A LINE,
FORWARD AND BACK, FLUTTERWHEEL, SWEEP 1/4,
PASS THRU, ALLEMANDE LEFT, WEAVE THE RING,
SWING PARTNER, PROMENADE

FIGURE

SIDES ROLLAWAY, HEADS PASS THRU,
SEPARATE AROUND ONE TO A LINE,
PASS THRU, U-TURN BACK,
PASS THRU, BEND THE LINE,
RIGHT AND LEFT THRU, FLUTTERWHEEL,
SWEEP 1/4, SWING CORNER, PROMENADE HOME



SPLIT 2 {From Home 6 Steps, from a Box, 4 steps}

Those who start a Routine are the **Active Couples, or Actives**: Heads Square Thru Four - Heads are the **Actives** and the Sides are the **Inactives**.

Sides Square Thru 4, Sides are the **Actives** and the Heads are the **Inactives**.

When doing the call **SPLIT TWO** or **SPLIT BETWEEN TWO**, it is exactly what it says. When the Inactives hear “Split” they will have to “breathe apart” and let the Active couple go between (split) them and step beyond them and then, Inactives, close back together. Actives will walk straight forward to pass between the Inactives and wait for the next call.

Routine #1: Heads Square Thru 4, Split 2, Go Round one, Come into the middle Make a Right Hand Star to your Corner, Allemande Left, 2 steps home

Routine #2: Sides Square Thru 4, Split 2, Go Round one, Come into the middle Make a Right Hand Star to your Corner, Allemande Left, 2 steps home

Routine #3: Heads Pass Thru, Separate, Go around one, Just the Heads come into the middle and Pass Thru, Split between two, (*Breathe Sides!*) Separate, Go around one, Come into the middle, Pass Thru, and Separate, Go around one, Come into the middle and Pass Thru, Split between two, Separate, Go around one to home

Routine #4: Sides Pass Thru, Separate, Go around one, Just the Sides come into the middle and Pass Thru, Split between two, (*Breathe Heads!*) Separate, Go around one, Come into the middle, Pass Thru, and Separate, Go around one, Come into the middle and Pass Thru, Split between two, Separate, Go around one to home.

Routine #5 Heads Right and Left Thru, Rollaway, Star Thru (*Face your Corner*) Ready? Split 2, Go around one, Make a line of four, Lines Forward and Back. (*Make sure the lines are nice and straight.*) Now, Ladies Centre, Men Sashay, (*The Ladies step forward, Men Slide to their left behind the lady, Ladies step back into the line.*) (Note, there is often a tendency for the ends of a line to reach across to the other side and make a circle. **DON'T DO THAT UNTIL YOU ARE TOLD TO All Star Thru, Right and Left Thru, Allemande Left, Home!**

**Routine #6: Sides Right and Left Thru, Rollaway, Star Thru (*Face your Corner*)
Ready? Split 2, Go around one, Make a line of four. Lines Forward and Back. (*Make sure the lines are nice and straight.*) Now, Ladies Centre, Men Sashay. (*Ladies step forward, Men Slide to their left behind the lady, Ladies step back into the line.*) All Star Thru, Right and Left Thru, Allemande Left, Home!**

Routine #7: Heads Pass Thru, UTB, Sides Square Thru Four, Split 2, Around One, Make a Line of Four, Forward and Back, Star Thru, All California Twirl, CENTRES DO IT TWICE, Allemande Left, Promenade Home.

Routine #8: Sides Pass Thru, UTB, Heads Square Thru Four, Split 2 Around One, Make a Line of Four, Forward and Back, Star Thru, All California Twirl, CENTRES DO IT TWICE, Allemande Left, Promenade Home.

Singing Call

OBC

HEADS/SDS RIGHT AND LEFT THRU, HEADS ROLLAWAY, STAR THRU,
CORNER DOSADO, SQUARE THRU FOUR,
CORNER ALLEMANDE LEFT, PROMENADE PARTNER

FIGURE

HEADS SQUARE THRU FOUR, SPLIT 2, AROUND ONE,
MAKE A LINE OF FOUR, PASS THRU, UTB,
RIGHT AND LEFT THRU, FLUTTER WHEEL, SWEEP 1/4,
PASS THRU, ALLEMANDE LEFT, SWING, PROMENADE



WHEEL AND DEAL - from lines facing out. {4 Steps} DEMO NECESSARY

We are going to learn the call Wheel and Deal from lines facing out.

Routine #1: Side Ladies Chain, Heads Lead Right, Circle to a Line, Lines Pass Thru and Stop.

(Note that in each line, we have a right hand couple and a left hand couple. Dancers, always check which you are.) Right Hand couple Ready: Wheel Around to the Left, towards the centre of the Line, the man is pivot. (You will end facing another couple in the Centre.) Left Hand couple takes a step forward and then Wheels Around to the Right towards the centre of the Line to end behind the Right Hand couple. (You have now done a Wheel and Deal from Lines of Four.) Centres Square Thru 3/4, Allemande Left, Promenade Home.

Let's do that Routine #1 again: Side Ladies Chain, Heads Lead Right, Circle to a Line, Lines Pass Thru (Check R or L hand Couple), Wheel and Deal, Centres Square Thru 3/4, Allemande Left, Promenade Home.

Routine #2: Head Ladies Chain, Sides Lead Right, Circle out to a Line of Four, Pass Thru, (Check if you are RH or LH Couple. RH Couple willl Wheel Around to the Left, LH Couple will step Forward and Reverse Wheel Around to the Right to end behind the RH couple) Ready? Wheel and Deal, Centres Square Thru 3/4, Allemande Left, Promenade Home.

Let's do that Routine #2 again: Head Ladies Chain, Sides Lead Right, Circle out to a Line of Four, Pass Thru, Wheel and Deal, Centres Square Thru 3/4, Allemande Left, Promenade Home.

Routine #3: Four Ladies Chain, Heads Promenade 1/2, Star Thru, Pass Thru, Circle to a Line of Four, Pass Thru, Wheel and Deal, Centres Pass Thru, Allemande Left, Promenade Home.

Routine #4: Four Ladies Chain, Sides Promenade 1/2, Star Thru, Pass Thru, Circle to a Line of Four, Pass Thru, Wheel and Deal, Centres Pass Thru, Allemande Left, Promenade Home.

SINGING CALL

OBC

FOUR LADIES PROMENADE INSIDE, PASS PARTNER, SWING CORNER
ALL CIRCLE LEFT, ROLLAWAY, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS/SIDES REVERSE FLUTTERWHEEL,
SIDES/HEADS LEAD RIGHT, CIRCLE TO A LINE
FORWARD AND BACK, PASS THRU, WHEEL AND DEAL,
CENTRES SQUARE THRU 3/4
CORNER SWING, PROMENADE

WHEEL AND DEAL FROM TWO-FACED LINES {4 Steps}

Although the definition for **WHEEL AND DEAL** holds for both the line of four and the two-faced Line, the two calls feel different. From a Two-Faced Line: Each couple will step forward and then wheel 180 degrees toward the center of the line, with the original center dancers acting as the pivots about which the couples turn. Couples end facing each other.

Routine #1: Heads Star Thru, California Twirl, Right and Left Thru, Veer Left.

(We have Two-Faced Lines. Each couple will take a step forward and Wheel 180° towards the centre of the line,) Wheel and Deal, Allemande Left, Square your sets.

**Routine #2: Sides Square Thru Four, Right and Left Thru, Veer Left,
Wheel and Deal, Allemande Left, Right and Left Grand, Promenade.**

**Routine #3: Heads Promenade 1/2, Star Thru, Pass Thru, Veer RIGHT, (now you are both RH couples so to do the next move you will wheel to face) Wheel and Deal,
Pass Thru, Partner Trade, Allemande Left, Promenade Home.**

**Routine #4: Sides Promenade 1/2, Star Thru, Pass Thru, Veer RIGHT,
Wheel and Deal, Pass Thru, Partner Trade, Allemande Left, Promenade Home.**

**Routine #5 Heads Lead Right, Veer Left, Couples Circulate, Chain Down the Line,
Pass Thru, (Careful now, we are in Lines, think RH Couple, LH Couple)
Wheel and Deal, Centres Pass Thru, Right and Left Thru, Square Thru 3/4
Allemande Left, Promenade Home**

Routine #6: Sides Lead Right, Veer Left, Couples Circulate, Chain Down the Line, Pass Thru, (Careful now) Wheel and Deal, Centres Pass Thru, Right and Left Thru, Square Thru 3/4, Allemande Left, Promenade Home.

Singing Call

OBC

HEAD LADIES CHAIN, HEADS LEAD TO THE LEFT,
PASS THRU, WHEEL AROUND, VEER TO THE LEFT,
WHEEL AND DEAL, RIGHT AND LEFT THRU, PASS THRU,
GRAND RIGHT AND LEFT, SWING, PROMENADE

FIGURE

HEADS / SIDES LEAD RIGHT, VEER LEFT,
COUPLES CIRCULATE, CHAIN DOWN LINE,
PASS THRU, WHEEL & DEAL,
CENTRES PASS THRU, RIGHT AND LEFT THRU,
SQUARE THRU 3/4, CORNER SWING, PROMENADE



Lesson 7 Tip 5

Our next call is DOUBLE PASS THRU {4 Steps}

We've done Pass Thru, so DOUBLE PASS THRU is just that: you will walk forward passing by (Right Shoulders) TWO people instead of one.

Callers: Note new terminology: LEADERS

Heads Star Thru. This puts a Side Couple behind you, so the Heads are in the lead - they are the "Leaders." All walk forward passing right shoulders with the oncoming traffic until you have passed two dancers. That's a DOUBLE PASS THRU.

Leaders (Heads) Partner Trade, Arch in the middle, Dive Thru, Centres Star Thru, Back away, You're Home!

Routine #1: Heads Star Thru, Double Pass Thru, Leaders Partner Trade, Dive Thru, Star Thru, Home! Sides Star Thru, Double Pass Thru, Leaders Partner Trade, Dive Thru, Star Thru, Home!

Routine #2: Heads Right and Left Thru, Star Thru, Double Pass Thru, Leaders California Twirl, Dive Thru, Pass Thru, Allemande Left, Promenade Home.

Routine #3. Sides Right and Left Thru, Star Thru, Double Pass Thru, Leaders California Twirl, Dive Thru, Pass Thru, Allemande Left, Promenade Home.

Callers: New directions: FIRST COUPLE GO LEFT (OR RIGHT) SECOND COUPLE GO RIGHT (OR LEFT) {4 Steps}

Routine #1: Side Ladies Chain, Sides Star Thru, Double Pass Thru, Callers: New directions: Identify First and Second Couples - the leaders in each group of four are the First Couple, the followers the Second Couple)

First Couple go Left, (*take a step forward and Wheel to your Left*) Second Couple go Right (*take a step forward Wheel to your Right*) Make a line of Four, Go Forward and Back, Join Hands, Circle Left, stop at Home.

Routine #2 Head Ladies Chain, Heads Star Thru, Double Pass Thru, 1st Couple go Left, Next Couple go Right, Go Forward and Back, Star Thru, Square Thru Three, Allemande Left, Grand Right and Left, Swing at Home.

Routine #3: Head Ladies Chain, Heads Lead Right, Circle to a Line of Four, Pass Thru, Wheel and Deal, Double Pass Thru, First Couple go Left, Next Couple go Right, Lines go Forward and Back, (Careful! Where's your Corner?) Allemande Left, Promenade Home.

Routine #4: Side Ladies Chain, Sides Lead Right, Circle to a Line of Four, Pass Thru, Wheel and Deal, Double Pass Thru, First Couple go Left, Next Couple go Right, Lines go Forward and Back, (Careful! Where's your Corner?) Allemande Left, Promenade

Singing Call

OBC

HEADS PROMENADE 1/2 LEAD RIGHT, CIRCLE TO A LINE OF 4,
PASS THRU, PARTNER TRADE
TURN TO FACE PARTNER, RIGHT AND LEFT GRAND,
SWING, PROMENADE

FIGURE

HEADS (SIDES) LEAD RIGHT, STAR THRU,
FLUTTERWHEEL, PASS THRU
WHEEL AND DEAL, DOUBLE PASS THRU,
FIRST COUPLE GO LEFT, SECOND COUPLE GO RIGHT
FLUTTERWHEEL, SWEEP 1/4, PASS THRU,
CORNER SWING, PROMENADE



SSD Lesson 7 Tip 6

I cannot stress how important it is for new dancers to review what they have learned. Use this Tip to go back to Lesson 5, and using some of the **Routines in that lesson, review the calls that perhaps you have not called in the past two or three lessons. Practise using Equivalentents to Square Thru Four**

Singing Call

OBC

SIDES FACE GRAND SQUARE,
FOUR BOYS PROMENADE INSIDE
SWING YOUR GIRL AND PROMENADE
CHORUS

FIGURE

FOUR LADIES CHAIN, HEADS PROMENADE 1/2,
STAR THRU, PASS THRU, CIRCLE TO A LINE OF FOUR,
PASS THRU, WHEEL AND DEAL,
CENTRES PASS THRU, SWING, PROMENADE HOME.



SSD Lesson 7 Tip 7

Let the dancers relax with a couple of Singing Calls, (or use ones from previous lessons you enjoy singing)

#1

OBC

ALLEMANDE LEFT, BOW TO PARTNER, FOUR LADIES CHAIN,
CIRCLE LEFT, ROLLAWAY, CIRCLE LEFT
ALLEMANDE LEFT, PASS ONE BY,
SWING NEXT, PROMENADE

FIGURE

ALLEMANDE LEFT, TURN PARTNER RIGHT, CORNER SWING,
PROMENADE, HEADS WHEEL AROUND,
DOSADO, RIGHT AND LEFT THRU, 1/2 SASHAY
SQUARE THRU TWO, UTB ,
SWING CORNER PROMENADE

#2

OBC

HEAD LADIES CHAIN, HEADS LEAD RIGHT
CIRCLE FOUR 1/2 WAY
DIVE THRU, PASS THRU , SPLIT 2 AROUND ONE,
COME INTO MIDDLE, HEADS STAR RIGHT,
ALLEMANDE LEFT, RIGHT AND LEFT GRAND, PROMENADE

FIGURE

HEADS SQUARE THRU FOUR, SPLIT 2 AROUND 1, MAKE LINE OF 4,
PASS THRU, UTB, RIGHT AND LEFT THRU,
FLUTTER WHEEL, SWEEP 1/4 , PASS THRU
ALLEMANDE LEFT, SWING, PROMENADE

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SSD. LESSON 8

Lesson 8 Calls:

Alamo Style

Balance

Alamo Swing Thru

Ocean Waves Step to a Wave, DoSaDo to a Wave,

Swing Thru in an Ocean Wave

Run

Trade (in a Wave)

Cross Run

SSD Lesson 8 Tip 1

ALAMO STYLE { 4 Steps}

We're going to learn the formation called an Alamo Ring.

(Demonstrate, using just three dancers - 1 man 2 girls - the Allemande Left, Right to Partner, showing how to keep the left hands joined while you join right hands with your partner.)

Now have the same three demonstrate the Balance {4 Steps} - Step Forward and Touch, Step Back and Touch.

The Call to get into this formation is: "Allemande left in the Alamo Style, Right to your Partner and BALANCE awhile.

Square your sets.

Everyone listen carefully and let's do this: Do an Allemande Left, but don't let go your left forearm grip. Instead as you start to turn, let your hands slip down to join and keep that handhold as you turn to take your Partner's Right hand in yours - all hands palm to palm about shoulder height. Grip is a gentle one, with the thumbs only. Men facing the centre, ladies facing out. You now have an Alamo Ring - one dancer facing in, the other facing out.

Balance, (*Step Touch, Step Touch*). Don't do it yet, but we're going to SWING THRU, (*Turning 1/2 Right then 1/2 Left*.)

Ready? Let go Left Hands, Swing Thru, turn 1/2 by the Right, Let go Right hands, Turn 1/2 by the Left, re-establish connection with next dancer with your Right hand to reform the Alamo Ring. The two 1/2 turns of the Swing Thru are continuous, Palm to Palm connection throughout.

Now, Swing Thru again, 1/2 Right, 1/2 Left. (Note, dancers are not facing their partner but are adjacent after the second Swing Thru and so need to be reminded: You're holding Right Hands, don't let go. Face your partner and do a Right and Left Grand.

Routine #1: Allemande Left in the Alamo Style, Balance, Swing Thru, Swing Thru, Right and Left Grand - you should be Home, Square your sets.

Routine #2: Allemande Left in the Alamo Style, Balance, Swing Thru, Swing Thru, Turn BY THE RIGHT, to your Corner, Allemande Left and Weave the Ring, Swing Partner and Promenade.

Routine #3: Allemande Left in the Alamo Style, Balance, Swing Thru, Swing Thru, Now listen closely: Squeeze your LEFT hand and LEFT Swing Thru, (1/2 Left, 1/2 Right) LEFT Swing Thru again, Allemande Left, 2 Steps Home

Singing Call

OBC

ALLEMANDE LEFT ALAMO STYLE, BALANCE,
SWING THRU, BALANCE, SWING THRU, TURN PARTNER RIGHT,
ALLEMANDE LEFT, WEAVE THE RING, SWING, PROMENADE

FIGURE

ALLEMANDE LEFT ALAMO STYLE, BALANCE
TURN 1/2 BY THE RIGHT, BALANCE,
TURN BY THE LEFT A FULL TURN,
With right hand, PULL CORNER BY, ALLEMANDE LEFT NEW CORNER,
GRAND RIGHT AND LEFT, SWING, PROMENADE



SSD Lesson 8 Tip 2

SWING THRU (in a wave) {6 Steps} DEMO NECESSARY:

Show the dancers how to step to an Ocean Wave from facing couples. Hands should be palm to palm about shoulder height and any grip is gentle and by the thumb only! Dancers will step forward and individually Veer slightly to their left to make the wave. Let them see the formation.

Heads (Sides) Square Thru Four, (*Right Hands Up*) Step to an Ocean Wave. (*Men are on the ends, Ladies in the middle with Left Hands Joined*)

Remind them that they have previously done Swing Thru in an Alamo Style wave. Swing Thru is: Turn half by the Right and if you can, 1/2 by the left.

So, let's Swing Thru: (*Turn 1/2 by the Right (everyone can), now those who can - Centres - turn 1/2 by the Left. Remember, Swing Thru is always a two part movement - 1/2 Right, 1/2 Left*) done without stopping.

Do it again: Swing Thru (*1/2 Right, 1/2 by the Left*) and again Swing Thru, and one more time Swing Thru, All step back and stand in front of your corner, Allemande Left, Two steps Home.

Routine #1: Heads Right and Left Thru, Star Thru, Pass Thru, Step to a Wave, Swing Thru, Swing Thru, Swing Thru, Swing Thru, Step back and Allemande Left, Home.

Routine #2: Sides Square Thru Four, Right and Left Thru, DoSaDo to an Ocean Wave, (*Do a DoSaDo and then step to an Ocean Wave*) Swing Thru, Swing Thru, Swing Thru, Swing Thru, Step back and Right and Left Thru, Allemande Left, Home.

RUN {4 Steps} (Dancers do not actually *run*!)

MEN RUN: {4 Steps}

Heads Flutterwheel, Sweep 1/4, Pass Thru, Step to an Ocean Wave, Swing Thru.

Now men, walking forward in a semi circle to your Right, go around the girl next to you to end by her side facing the same way she is. Girls, as the man does this, you have to slide together towards the centre of the wave to keep the Wave from spreading. Men, you have just done “Men Run,” (*You didn’t really run did you?*) At this point you have a Two-Faced Line. Bend the Line, Go Forward and Back. Two Ladies Chain across, and then with the one across from you Slide Thru and you are facing your corner, so step to an Ocean Wave and in the next routine we’ll try that again:

Routine #1: Swing Thru, Boys Run, Bend the Line, Now straight across Men Reverse Flutterwheel, and with the one you face across from you Slide Thru, Left Allemande, Two steps to home.

Routine #2: Heads Square Thru Four, DoSaDo to an Ocean Wave, (*Do a DoSaDo and then step to an Ocean Wave as before*) Swing Thru, Boys Run, Couples Circulate, Chain Down the Line, Star Thru, Dive Thru, Centres Slide Thru, Back away, Home.

Routine #3: Sides Square Thru Four, DoSaDo to an Ocean Wave, (*DoSaDo and then step to an Ocean Wave as before*) Swing Thru, Boys Run, Couples Circulate, Chain Down the Line, Star Thru, Dive Thru, Centres Slide Thru, back away, Home.

Singing Call

OBC

SIDES FACE, GRAND SQUARE
FOUR BOYS MAKE A RIGHT HAND STAR,
TURN THE STAR TO YOUR CORNER, ALLEMANDE LEFT,
WEAVE THE RING, SWING PARTNER, PROMENADE

FIGURE

HEADS / SIDES STAR THRU, PASS THRU, STEP TO A WAVE,
SWING THRU, BOYS RUN, COUPLES CIRCULATE,
CHAIN DOWN THE LINE, SQUARE THRU THREE,
CORNER SWING, PROMENADE.



SSD Lesson 8 Tip 3

MEN TRADE (in a wave)

Callers: “Swing Thru, Boys Run” is so commonly called that the Boys very quickly start to anticipate and start to Run before it is called. To stop the anticipation, call this:

Heads / Sides Promenade 1/2, down the middle Star Thru, Pass Thru, Step to a Wave. Swing Thru and STOP! The two men are in the middle of the wave holding Left hands.

We are going to do a TRADE. For the men to trade, you will have to turn 1/2 by the left hand (*the hand by which you are holding each other*) so that you have traded places on the floor and each has also turned 180° from his starting position.

Ready? Men Trade, Men Run around the girl, Bend the Line, Square Thru 3/4, Look for the Corner Allemande Left, 2 Steps Home.

Remind them not to anticipate that a Swing Thru is automatically followed by a Boys Run.

Routine #1: Heads Flutterwheel, Sweep 1/4, Pass Thru, Step to a Wave, Swing Thru, BOYS WITH LEFT HAND, TRADE, Boys Run around a girl, Bend the Line, Go Forward and Back, Square Thru 3/4, Left Allemande, Come home, Square your Sets.

Routine #2: Sides Reverse Flutterwheel, Sweep 1/4, Pass Thru, DoSa Do to a Wave, Swing Thru, BOYS TRADE, Boys Run, Bend the Line, Right and Left Thru, Slide Thru, Left Allemande, 2 Steps Home.

Callers: You don't have to say, “Step to a Wave.” or “DoSaDo to a Wave.” every time you want the dancers to be in an Ocean Wave. Once they are familiar with a wave followed by Swing Thru, you may omit the helping words:

Routine #3: Heads Square Thru Four, Swing Thru, Boys Run, Bend the Line, Right and Left Thru, Flutterwheel, Slide Thru, Allemande Left, Square your Sets.

Routine #4: Sides Flutterwheel, Sweep 1/4, Pass Thru, Swing Thru, BOYS TRADE, Boys Run, Bend the line, Star Thru, Dive Thru, Square Thru Three, Allemande Left, 2 Steps Home.

LADIES RUN: {4 Steps}

Heads Right and Left Thru, Rollaway, Star Thru, Step to a Wave, Swing Thru, Swing Thru again.

Now Ladies, it's your turn to run around a boy, so moving to your Right, go forward in a semi circle behind him to his other side, and take his hand (*feels odd but don't panic.*) Boys slide together as the Girl runs around you. With boy stepping back and girls stepping forward, Bend the Line, All Pass Thru and UTB, Star Thru, Flutterwheel, Reverse Flutterwheel, Left Allemande, 2 steps Home.

Routine #1: Heads Star Thru, California Twirl, Swing Thru Double do it twice, Ladies Run around a Boy, Bend the Line, Pass Thru, UTB, Slide Thru, Right and Left Thru, Left Allemande, Two steps Home.

Routine #2: Sides Star Thru, California Twirl, Swing Thru Double do it twice, Ladies Run around a Boy, Bend the Line, Pass Thru, UTB, Slide Thru, Right and Left Thru, Left Allemande, Two steps Home.

LADIES TRADE (in a Wave)

Routine #1: Heads Star Thru, California Twirl, Step to an Ocean Wave and Stop!

The two Ladies are in the middle of the wave holding Left hands. We are going to do a Trade. For the ladies to trade, you will have to turn 1/2 by the left hand (*the hand by which you are holding each other*) so that you have traded places on the floor and each has also turned 180° from her starting position.

**Ready? Ladies Trade, Swing Thru, Boys Run,
Bend the Line, Slide Thru, Allemande Left, 2 Steps Home**

Routine #2: Sides Square Thru Four, Step to a Wave, Ladies Trade, Swing Thru, Boys Run, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home

Singing Call

OBC

ALLEMANDE LEFT IN THE ALAMO STYLE , BALANCE UP AND BACK,
SWING THRU GO FORWARD TWO, BALANCE ONCE AGAIN,
SWING THRU, TURN PARTNER RIGHT
LEFT ALLEMANDE, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS SQUARE THRU FOUR, SWING THRU,
BOYS TRADE, BOYS RUN, BEND THE LINE,
RIGHT AND LEFT THRU, SLIDE THRU,
SWING CORNER, PROMENADE



Lesson 8 Tip 4

CROSS RUN DEMO NECESSARY

Callers: Cross Run is a very underused call in many areas. It will need careful teaching and for dancers to understand their individual roles as a Centre or an End.

Cross Run can be called as ENDS Cross Run or CENTRES Cross Run or BOYS Cross Run or GIRLS Cross run. To complicate things further, Cross Run can be called from Waves, from Two-Faced Lines or from Partner Lines. It will also change a RH wave into a LH wave, a normal Two-Faced Line into a 1/2 Sashayed 2-F Line and a normal Line of Four into a Line where the ends are facing one way and the centre the opposite way.

To better visualize the action of Cross Run, follow it on TAMINATIONS

<https://www.tamtwirlers.org/taminations/#?main=LEVELS>

or use your dolls to better understand what happens when you call Cross Run from the various starting formations.

Say to your dancers, We are going to learn the call CROSS RUN.

When dancing Cross Run, instead of running around the person next to you, as you do in the call “Run”, you have to cross beyond that person. Ends will cross Run into the furthest Centre, while the Centres slide apart.

So, let’s do this.....Heads Star Thru, California Twirl and Step to an Ocean Wave. We have Ends and Centres. Ends, Hold up your left hand, (good job!) Centres raise your joined hands, (Excellent!)

Don't do it yet. The rule for (Ends) Cross Run: Those in the centre will step sideways apart into the nearest end's spot without changing your facing direction, while the ends will run into the spot vacated by the furthest Centre - (*You walk forward in a semi-circle and stop when you get there*). Ends, look down your Wave to see where the furthest Centre is, Centres, you will slide or step apart to become an End.

Ready" ENDS Cross Run. Note, you now have a Left Hand Wave.

Don't do it yet but now we are going to do a Centres Cross Run. The rule for (Centres) Cross Run: Those on the ends will step sideways to meet in the Centre, while the centres will run forward in a semi-circle to the farther end spot. Centres, look down your wave to see where you will be going.

Ready? Centres Cross Run to the furthest end. Step back and Allemande Left, Square your Sets at Home.

Callers: It is helpful to give directional words: Centres Cross Run to the **farthest end**, or Ends Cross run into the **farthest Centre**.

Routine #1: Heads Right and Left Thru, Star Thru, Pass Thru, Step to a Wave, Ends (boys) Cross Run, (*makes LH wave, boys in centre*), Ends (Girls) Cross Run, (*back to RH Waves girls in centre. Square is Out of Sequence*) Girls (Centres) Cross Run, Boys (Centres) Cross Run, (*back to original Wave*) Step Back, Allemande Left, 2 Steps Home

Routine #2: Sides Right and Left Thru, Star Thru, Pass Thru, Step to a Wave, Ends (boys) Cross Run, (*makes LH wave, boys in centre*), Ends (Girls) Cross Run, (*back to RH Waves girls in centre. Square is Out of Sequence*) Girls (Centres) Cross Run, Boys (Centres) Cross Run, (*back to original Wave*) Step Back, Allemande Left, 2 Steps Home

Singing Call

OBC

CIRCLE LEFT, LEFT ALLEMANDE, DOSADO,
MEN STAR LEFT, STAR PROMENADE PARTNER,
GIRLS BACK TRACK, TURN SAME ONE BY THE RIGHT,
ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS / SIDES PROMENADE 1/2, STAR THRU, PASS THRU
STEP TO A WAVE, ENDS CROSS RUN, CENTRES CROSS RUN
SWING THRU, BOYS RUN, BEND THE LINE,
BOYS WALK ACROSS, SWING CORNER, PROMENADE



SSD Lesson 8 Tip 5

Let's take a look at more Cross Runs:

CROSS RUN FROM TWO-FACED LINES. {6 Steps}

Each of the two directed (Active) dancers, who must both be either Centres or Ends run into the spot vacated by farthest inactive dancer.

If the Inactive dancers are Centres, they side step to become Ends; if they are Ends, they side step to become Centres.

When the active dancers are both facing the same way, they first cross with each other (per crossing rule) then run into the vacated spot on the far side.

Routine #1: Heads Square Thru 2, Step to a Wave, Swing Thru, Boys Run, Couples Circulate, Girls, you are Centres, so Girls Cross Run to the farthest end, Boys Slide Together (now Centres), and Cross Run to the furthest end, Chain Down the Line, Slide Thru, Allemande Left, Home

Routine #2: Sides Square Thru 2, Step to a Wave, Swing Thru, Boys Run, Couples Circulate, Girls, you are Centres, so Girls Cross Run to the farthest end, Boys Slide Together (now Centres) and Cross Run to the furthest end. Chain Down the Line, Slide Thru, Allemande Left, Home

Routine #3: Heads Right and Left Thru, Star Thru, Pass Thru, Swing Thru, Boys Run, Girls Cross Run, Boys Cross Run, Bend the Line, Right and Left Thru, Two Ladies Chain, Star Thru, Allemande Left, Weave the Ring, Promenade

Routine #4: Sides Right and Left Thru, Star Thru, Pass Thru, Swing Thru, Boys Run, Girls Cross Run, Boys Cross Run, Bend the Line, Right and Left Thru, Two Ladies Chain, Star Thru, Allemande Left, Weave the Ring, Promenade

CROSS RUN FROM LINES OF FOUR {6 Steps}

From Lines of Four

Heads / Sides Lead Right, Circle To A Line Of Four

(Remind the dancers of the rule for Cross Run: Those in the centre will step apart to the nearest end while the ends will run into the spot vacated by the furthest inactive dancer.)

This time, those crossing will pass by LEFT shoulders.

Ends Cross Run, *(ends now in the Centre facing out, centres now on the ends are facing in)*

Centres Cross Run to the end *(Ends move together) (now in facing lines)*

Centres Cross Run, *(now centres are facing in and ends are facing out - odd ball formation)*

Ends Cross Run *(now back in Partner Lines.)*

Routine #1: Heads Lead Right, Circle to a Line. *(Remember the rule for Cross Run: Those in the centre will step apart to the nearest end while the ends will run into the spot vacated by the furthest inactive dancer). This time, those crossing will pass by LEFT shoulders.*

Ends Cross Run, *(Ends now in the Centre facing in, centres now on the ends are facing out - odd ball formation)*

Centres Cross Run to the end, *(Ends move together (now in facing lines)*

New Centres Cross Run to the farthest end, *(Ends slide together)*

Ends Cross Run *(Centres slide out, ends cross to the centre. Now back in lines of four facing in, all with Partners).* **Star Thru, Square Thru 3/4, Allemande Left, Promenade Home**

Routine #2: Sides Lead Right, Circle to a Line, Ends Cross Run, Centres Cross Run, New Centres Cross Run, Ends Cross Run, All Star Thru, Square Thru 3/4, Allemande Left, Promenade Home

Singing Call

OBC

CIRCLE LEFT, ALLEMANDE LEFT, TURN PARTNER RIGHT, ALLEMANDE LEFT, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS / SIDES FLUTTERWHEEL, SWEEP 1/4, PASS THRU ALL VEER LEFT, LADIES CROSS RUN, COUPLES CIRCULATE, MEN CROSS RUN, WHEEL & DEAL, CORNER SWING, PROMENADE



SSD Lesson 8 Tip 6

Let's review the calls taught in Tips 1 - 5

Alamo Style Swing Thru, Balance, Ocean Waves, Trade in a Wave, Swing Thru, Run, Cross Run.

Routine #1: Allemande Left Alamo Style, Balance, Swing Thru, Balance, Swing Thru, Turn Partner Right, Allemande Left, Right and Left Grand, Swing at Home.

Routine #2: (Tell the dancers that no matter what, Heads will stay Heads and Sides will stay Sides throughout this Routine)

Sides Right and Left Thru, Four Ladies Chain, Join Hands Circle Left 1/4, Allemande Left Alamo Style, Balance, Heads Trade, Boys Trade, Girls Trade, Sides Trade, Girls UTB, All Circle Left 1/2, You're Home!

Routine #3: Heads Right and Left Thru, Four Ladies Chain, Join Hands, Circle Left 1/4, Allemande Left Alamo Style, Balance, Sides Trade, Boys Trade, Girls Trade, Heads Trade, Girls UTB, You're Home!

Routine #4: Sides Right and Left Thru, Four Ladies Chain, Join Hands Circle Left 1/4, Allemande Left Alamo Style, Balance, Heads Trade, Boys Trade, Girls Trade, Sides Trade, Girls UTB, You're Home!

Routine #5: Heads Pass Thru, Separate round one, Make a Line, Pass Thru, Ends Cross Run, New Ends Run, Star Thru, Dive Thru, Centres Square Thru Three Allemande Left, Promenade Home.

Singing Call

OBC

FOUR LADIES PROMENADE INSIDE, PASS BY PARTNER,
SWING CORNER, CIRCLE LEFT, ROLLAWAY,
WEAVE THE RING, SWING PARTNER, PROMENADE

FIGURE

HEADS / SIDES LEAD RIGHT, VEER LEFT, LADIES CROSS RUN,
MEN TRADE, COUPLES CIRCULATE, MEN CROSS RUN,
LADIES TRADE, BEND THE LINE, RIGHT AND LEFT THRU,
SLIDE THRU, SQUARE THRU THREE, CORNER SWING, PROMENADE



SSD Lesson 8 Tip 7

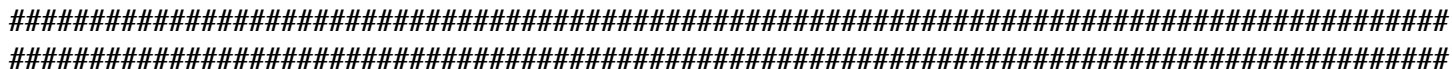
Lesson 8 has been pretty intense so just do a singing call to finish:

OBC

4 LADIES CHAIN, HEADS / SIDES PROMENADE 1/2,
STAR THRU, PASS THRU, ALLEMANDE LEFT ALAMO STYLE,
BALANCE , SWING THRU, RIGHT AND LEFT GRAND,
MEET PARTNER, SWING, PROMENADE

FIGURE

HEADS (SIDES) SQUARE THRU
YOU MAKE A RIGHT HAND STAR. TURN IT ROUND NOW
HEADS (SIDES) STAR LEFT FULL TURN AROUND TO YOUR CORNER,
RIGHT AND LEFT THRU, SWING THRU AND THEN...SWING THRU AGAIN
BOY RUN RIGHT...PROMENADE HOME



SSD. LESSON 9

SSD. Lesson 9 Calls:

Pass the Ocean
Extend,
Zoom

SSD Lesson 9 Tip 1

PASS THE OCEAN {4 Steps}

Pass the Ocean is another way to get into an Ocean Wave. The definition is: Facing Couples Pass Thru, turn to face the one you passed thru with, and step to a Right Hand Ocean Wave.

So let's try the Heads: **Heads Pass The Ocean** (*Pass Thru, turn to face the one you Passed Thru with, and step to an Ocean Wave.*) Good! Heads just go back home and we'll let Sides do it:

Sides: Pass The Ocean (*Pass Thru, turn to face the one you Passed Thru with, and step to an Ocean Wave.*) Good job! Sides, just go back home.

Callers: Now to make this call smooth, there is a little trick the dancers often do. As the two couples Pass Thru, the Right Hand person in the Couple, (usually the ladies) will touch left hands with the other RH person as they turn to face their partner keeping those hands joined as you would in a wave. The men will walk boldly forward and turn to their right and step to the end of the wave.

Let's smooth it out:

Routine #1: Heads Pass the Ocean, You four Swing Thru, Boys Run, Bend the Line, Two Ladies Chain (Home)

Routine #2: Sides Pass the Ocean, You four Swing Thru, Boys Run, Bend the Line, Two Ladies Chain (Home)

Routine #3: Head Ladies Chain, Heads Slide Thru, Pass Thru, Star Thru, Go Forward and Back, Pass the Ocean, Ladies Trade in the middle, Boys Run, Couples Circulate, Couples Circulate again, Bend the Line, Right and Left Thru, Pass the Ocean, Boys Run, Promenade Home.

Routine #4: Side Ladies Chain, Sides Slide Thru, Pass Thru, Star Thru, Go Forward and Back, Pass the Ocean, Ladies Trade in the middle, Boys Run, Couples Circulate, Couples Circulate again, Bend the Line, Right and Left Thru, Pass the Ocean, Boys Run, Promenade Home.

Singing Call

OBC

HEAD LADIES CHAIN, HEADS LEAD RIGHT, CIRCLE FOUR 1/2 WAY,
DIVE THRU, PASS THRU, SPLIT 2, AROUND 1 INTO MIDDLE,
HEADS STAR RIGHT, ALLEMANDE LEFT,
RIGHT AND LEFT GRAND, PROMENADE

FIGURE

HEADS / SIDES PASS THRU, UTB, STAR THRU, STEP TO A WAVE,
SWING THRU, BOYS RUN, BEND THE LINE, GO FORWARD AND BACK,
PASS THE OCEAN, BOYS RUN, PROMENADE



SSD Lesson 9 Tip 2

EXTEND {2 Steps}

A call that often goes with Pass The Ocean is **EXTEND**. It simply means to step forward and wait for the next call. **BUT** if you are facing another couple you automatically step to a Right Hand Ocean Wave with them.

Routine #1: Heads Promenade 1/2, Down the middle Pass The Ocean, Heads in the Wave Extend, Girls Trade, Swing Thru, Boys Run, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home.

Routine #2: Sides Promenade 1/2, Down the middle Pass The Ocean, Sides in the Wave Extend, Girls Trade, Swing Thru, Boys Run, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home.

Routine #3: Heads Pass the Ocean, Extend, Swing Thru, Boys Run, Couples Circulate, Chain Down the Line, Square Thru Three, Allemande Left, Weave the Ring, Swing, Promenade Home.

Routine #4: Sides Pass the Ocean, Extend, Swing Thru, Boys Run, Couples Circulate, Chain Down the Line, Square Thru Three, Allemande Left, Weave the Ring, Swing, Promenade Home.

Singing Call

OBC

ALLEMANDE LEFT ALAMO STYLE, BALANCE,
SWING THRU, SWING THRU, TURN PARTNER RIGHT,
ALLEMANDE LEFT, WEAWE THE RING, SWING, PROMENADE

FIGURE

ALL FORWARD AND BACK, HEAD LADIES CHAIN,
HEADS / SIDES PASS THE OCEAN, EXTEND
SWING THRU, MEN RUN, COUPLES CIRCULATE,
WHEEL AROUND, LADIES CIRCULATE, ALL PROMENADE



SSD Lesson 9 Tip 3

ZOOM {4 Steps} DEMO ADVISED

Our next call is **ZOOM**. The starting position will be one couple following (behind) another or one dancer following behind another so that in effect we have **Leaders** (in front) and **Trailers** (following the Leaders). What Zoom does is to swap the Leaders with the Trailers keeping the same facing direction from which you started.

Callers, do NOT call “Centres Zoom” The Trailers have to be involved and Zoom includes both Leaders and Trailers.

Heads / Sides Star Thru. (The Heads are now the Leaders and the Sides are the Trailers.)

When you hear the call, Zoom, the Leaders (*those in the Centre*) will Separate, (*turn their backs on the one beside them*) and walk 4 steps around in a full circle. They will end in the footsteps of the dancers who were behind them. Go. Take hands with the other “Zoomer” when finished. The Trailers meanwhile step forward into the footsteps of the dancers who were in front of them. Go.

We have new Leaders and Trailers, so let’s do it again: Zoom, Centres Slide Thru, Pass Thru, Partner Trade, Home

Routine #1: Heads Slide Thru, Zoom, Zoom again, Centres Square Thru 3/4, Allemande Left, 2 steps Home.

Routine #2: Sides Slide Thru, Zoom, Zoom again, Centres Square Thru 3/4, Allemande Left, 2 steps Home.

Routine #3: Heads Rollaway, Star Thru, Same two California Twirl, Zoom, Zoom again, Centres Pass Thru, Allemande Left, Square your Sets at Home.

Routine #4: Sides Rollaway, Star Thru, Same two California Twirl, Zoom, Zoom again, Centres Pass Thru, Allemande Left, Square your Sets at Home.

Routine #5: Heads Star Thru, Double Pass Thru, Zoom, 1st Couple go Left, Next Couple go Right, Pass Thru, Wheel and Deal, Zoom, Star Thru, Pass Thru, Partner Trade, Allemande Left, Promenade.

Routine #6: Sides Star Thru, Double Pass Thru, Zoom, 1st Couple go Left, Next go Right, Pass Thru, Wheel and Deal, Zoom, Star Thru, Pass Thru, Partner Trade, Allemande Left, Promenade.

Routine #7: Heads Star Thru, Just the Boys Zoom, Double Pass Thru, 1st Couple go Left, Next go Right, Pass Thru, Wheel and Deal, Just the Girls Zoom, Square Thru 3/4, Right and Left Thru, Allemande Left, 2 Steps Home

Routine #8: Sides Star Thru, Just the Boys Zoom, Double Pass Thru, 1st Couple go Left, Next Right, Pass Thru, Wheel and Deal, Just the Girls Zoom, Square Thru 3/4, Right and Left Thru, Allemande Left, 2 Steps Home

Singing Call

OBC

HEADS / SIDES SQUARE THRU THREE,
SEPARATE, ROUND ONE TO A LINE
FORWARD AND BACK, STAR THRU,
ZOOM, CENTRES SQUARE THRU THREE,
ALLEMANDE LEFT, PROMENADE

FIGURE

HEAD LADIES CHAIN, SIDES LEAD RIGHT, CIRCLE TO A LINE,
PASS THRU, WHEEL AND DEAL,
ZOOM, DOUBLE PASS THRU,
LEADERS TRADE, SWING CORNER, PROMENADE



SSD Lesson 9 Tip 4

For this Tip, let's Review Pass the Ocean: and Zoom

**Heads Reverse Flutterwheel, Heads Slide Thru, Pass Thru, Star Thru,
Go Forward and Back, Pass the Ocean, Ladies Trade in the middle, Boys Run,
Couples Circulate, Couples Circulate again, Bend the Line, Right and Left Thru,
Pass the Ocean, Boys Run, Promenade Home.**

**Sides Reverse Flutterwheel, Slide Thru, Pass Thru, Star Thru,
Go Forward and Back, Pass the Ocean, Ladies Trade in the middle, Boys Run,
Couples Circulate, Couples Circulate again, Bend the Line, Pass the Ocean,
Boys UTB, Promenade Home.**

**Sides Promenade 1/2, Down the middle Pass The Ocean, Extend, Girls Trade,
Swing Thru, Boys Run, Bend the Line, Slide Thru, Allemande Left, 2 Steps Home.**

**Heads Pass the Ocean, Extend, Swing Thru, Boys Run, Couples Circulate,
Chain Down the Line, Square Thru Three, Allemande Left, Weave the Ring,
Swing, Promenade Home.**

ZOOMS

Heads Star Thru, Double Pass Thru, Zoom, 1st Couple go Left, Next Right, Pass Thru, Wheel and Deal, Zoom, Star Thru, Pass Thru, Partner Trade, Allemande Left, Promenade.

Sides Star Thru, Double Pass Thru, Zoom, 1st Couple go Left, Next Right, Pass Thru, Wheel and Deal, Zoom, Star Thru, Pass Thru, Partner Trade, Allemande Left, Promenade.

Heads Star Thru, Just the BOYS Zoom, Double Pass Thru, 1st Couple go Left, Next Couple go Right, Pass Thru, Wheel and Deal, Just the GIRLS Zoom, Centres Square Thru Three, Pass Thru, Partner Trade, Allemande Left, 2 Steps, Home

Sides Star Thru, Just the BOYS Zoom, Double Pass Thru, 1st Couple go Left, Next Couple go Right, Pass Thru, Wheel and Deal, Just the GIRLS Zoom, Centres Square Thru Three, Pass Thru, Partner Trade, Allemande Left, 2 Steps, Home

Singing Call

OBC

HEADS SLIDE THRU, DOUBLE PASS THRU, ZOOM,
1ST COUPLE GO LEFT, NEXT COUPLE RIGHT,
PASS THRU, WHEEL AND DEAL, ZOOM,
STAR THRU, PASS THRU, ALLEMANDE LEFT,
SWING, PROMENADE

FIGURE

HEADS PROMENADE GO 1/2 WAY,
DOWN THE MIDDLE, PASS THE OCEAN THERE
EXTEND, SWING THRU, BOYS RUN RIGHT
WHEEL AND DEAL TO FACE, PASS THRU, UTB AND SWING, PROMENADE



SSD Lesson 9 Tip 5

Let's dance! The choreography is from the Callerlab SSD site - Lesson 9

**Heads Pass the Ocean, Extend, Swing Thru, Boys Run,
Couples Circulate, Chain Down the Line, Square Thru but on the 4th hand,
Allemande Left, Grand Right and Left, Promenade**

**Sides Square Thru Four, Swing Thru, Boys Run, Bend the Line,
Pass the Ocean, Swing Thru, Boys Run,
Bend the Line, Slide Thru, Allemande Left, Home**

**Heads Slide Thru, Right and Left Thru, Zoom, Double Pass Thru,
First Couple go Right, Next go Left, Forward and Back,
Pass Thru, Wheel and Deal, Zoom, Centres Right and Left Thru,
Zoom, Centres Square Thru Three, Allemande Left, Grand Right and Left, Home!**

**Sides Slide Thru, Right and Left Thru, Zoom, Double Pass Thru,
First Couple go RIGHT, Next go LEFT, Forward and Back,
Pass Thru, Wheel and Deal, Zoom, Centres Right and Left Thru,
Zoom, Centres Square Thru Three, Allemande Left, Grand Right and Left,
Square Sets at Home**

**Heads Pass the Ocean, Extend, Boys Run, Boys Trade,
Couples Circulate, Bend the Line, Flutterwheel, Pass the Ocean,
Right Hand Trade, Extend, Right and Left Grand, Meet at Home**

Singing Call

OBC (Sing the whole 64 beat song)

**SIDES FACE GRAND SQUARE,
HEADS FACE, GRAND SQUARE**

FIGURE

**HEADS / SIDES PASS THE OCEAN, EXTEND,
SWING THRU, SWING THRU AGAIN,
GIRLS TRADE, GIRLS RUN, COUPLES CIRCULATE,
BEND THE LINE, GIRLS WALK STRAIGHT ACROSS, SWING, PROMENADE**



SSD Lesson 9 Tip 6

Here is another call no longer on an official list of calls but nevertheless interesting to do:

IT IS ENTIRELY OPTIONAL. IF YOU CHOOSE NOT TO CALL THIS FIGURE AS IT IS NOT ON THE OFFICIAL LIST OF SSD CALLS, SCROLL DOWN TO LESSON 9 TIP 6A, BELOW.

Note: Some dancers really enjoy these calls from times past, others dislike them. Use your judgement about their use. In future lessons, you will have to reteach them as the dancers are not expected to remember them

THE CALL IS GRAND SEPARATE

To set it up, have your dancers do this:

HEADS SEPARATE, MEET BEHIND THE SIDES AND STAR THRU,
ZOOM, CENTRES SQUARE THRU 3, ALLEMANDE LEFT

SIDES SEPARATE, MEET BEHIND THE HEADS AND STAR THRU,
ZOOM, CENTRES SQUARE THRU 3, ALLEMANDE LEFT

GRAND SEPARATE ({32 Steps}

HEADS SEPARATE, MEET BEHIND THE SIDES AND STAR THRU, {8 STEPS}

SIMULTANEOUSLY, THE OTHERS (SIDES) STAR THRU, AND BACK OUT TO THE HEADS POSITION

WHERE YOU (SIDES) WILL SEPARATE, AND STAR THRU, {8 STEPS}

SIMULTANEOUSLY, THE OTHERS AT THE SIDE POSITION, STAR THRU,
AND BACK OUT TO THE HEADS POSITION

WHERE YOU WILL SEPARATE, AND STAR THRU, {8 STEPS}

THE OTHERS(HEADS) STAR THRU, AND BACK OUT TO THE HEADS POSITION, {8 STEPS}

WHERE YOU WILL SEPARATE, AND STAR THRU, {8 STEPS}

THE OTHERS (HEADS) STAR THRU, AND BACK OUT TO THE HEADS POSITION {8 STEPS}



SSD Lesson 9 Tip 6A

Make sure you are reviewing calls from earlier Lessons.

Patter:

CIRCLE LEFT, ALLEMANDE LEFT, RIGHT AND LEFT GRAND,
DOSADO, MEN STAR LEFT, PICK UP PARTNER, STAR PROMENADE, HOME

HEADS / SIDES SQUARE THRU JUST TWO HANDS, DOSADO,
CIRCLE FOUR 1/2 WAY, DIVE THRU, CENTRES PASS THRU,
SQUARE THRU FOUR, ALLEMANDE LEFT, PROMENADE.

Here is an exercise in dancing 3/4

**Routine #1: Four Ladies Chain 3/4, Heads Promenade 3/4, Centres Square Thru 3/4,
With the Outside Two, Circle Four 3/4, Square Thru 3/4, Allemande Left,
Promenade.**

**Routine #2: Four Ladies Chain 3/4, Sides Promenade 3/4, Centres Square Thru 3/4,
With the Outside Two, Circle Left 3/4, Square Thru 3/4, Allemande Left,
Promenade.**

Routine #3: SILLY CIRCLE

**Sides Promenade 1/2, Heads Right and Left Thru WITH A FULL TURN TO FACE OUT,
Heads 1/2 sashay, All join hands and hang on tight, Sides Circle LEFT,
Heads Circle RIGHT, Those who can, Allemande LEFT,
The others Allemande RIGHT, Swing Partner, Promenade**

Singing Call

OBC

HEADS RIGHT AND LEFT THRU, SIDES SQUARE THRU 3/4,
HEADS PASS THRU ALL FACING OUT,
MEN RUN, ALLEMANDE LEFT,
WEAVE THE RING, SWING, PROMENADE

FIGURE

SIDES SQUARE THRU FOUR,
DO SA DO TO A WAVE , AND SWING THRU,
BOYS RUN, BEND THE LINE,
PASS THE OCEAN, SWING THRU, BOYS TRADE,
CORNER SWING, PROMENADE



SSD Lesson 9 Tip 7

Do a Singing Call, using one from a previous lesson. You might want to use a different song - a tune they have not heard before - but using the same choreography. This will give you practice in changing Figures in a Singing Call.

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LESSON 10

Calls in SSD Lesson 10

Centres In

Cast Off 3/4

Ferris Wheel

Trade By

SSD Lesson 10 Tip 1

CENTRES IN {2 Steps}

To be able to do a Centres In, you must have either a Couple standing behind a Couple, (i.e. after a Double Pass Thru) or facing Couples, i.e. after a Square Thru Four. It is the job of the outside dancers on hearing the Call, to slide apart to make room for the Centres who will step between them.

Callers note: It is rare that Centres In is ever followed by anything but Cast Off 3/4, especially after a Double Pass Thru.

Routine #1: Heads Square Thru Four, Put Centres In, Centres UTB,
Lines go Forward and Back, Bend the Line, Right and Left Thru, Slide Thru,
Left Allemande, Square your Sets

Routine #2: Sides Square Thru Four, Put Centres In, Centres UTB,
Lines go Forward and Back, Bend the Line, Right and Left Thru, Slide Thru,
Left Allemande, Square your Sets

CAST OFF 3/4 {6 STEPS}

Each half of the line or wave works as a unit and moves forward three quarters around a pivot. If the adjoining dancers are facing in the same direction, the end dancer becomes the pivot while the other dancer moves around the pivot while maintaining a handhold. If the two dancers are facing in opposite directions, the handhold between them becomes the pivot point and they move equally around that pivot point.

Routine #1 Heads Lead Right, Circle out to a Line of Four, Pass Thru and Stop!

(End dancer is the pivot, the other dancer moves around him/her while maintaining a handhold. To count 3/4 of a turn, count three walls as you turn - you will be facing a wall when you start the Cast Off)

Ready? Cast Off 3/4, Make a line of four facing a line of four, Right and Left Thru, Pass Thru, Cast Off 3/4, Lines Forward and Back, Boys Roll the Girls Away, Slide Thru, Left Allemande, Promenade.

Routine #2: Sides Lead Right, Circle out to a Line of Four, Pass Thru and Stop!

(End dancer is the pivot, the other dancer moves around him/her while maintaining a handhold. To count 3/4 of a turn, count three walls as you turn - you will be facing a wall when you start the Cast Off)

Ready? Cast Off 3/4, Make a line of four facing a line of four, Right and Left Thru, Pass Thru, Cast Off 3/4, Lines Forward and Back, Boys Roll the Girls Away, Slide Thru, Left Allemande, Promenade.

Routine #3 Heads Square Thru Four, Put Centres In *(Heads step between the side dancers who move apart then the two adjacent dancers join hands about shoulder height - these joined hands become the pivot point,)* **Cast Off 3/4, ENDS Run,**

Right and Left Thru, Pass Thru, Face your Corner, Left Allemande, 2 steps Home.

Routine #4 Sides Square Thru Four, Put Centres In, *(Heads step between the side dancers who move apart then the two dancers join hands about shoulder height - these joined hands become the pivot point)* **Cast Off 3/4, ENDS Run, Right and Left Thru,**

Pass Thru, Left Allemande, 2 steps Home.

Callers: This next Routine will test the dancers ability to do Wheel and Deal with a different combination of partners and boy/girl positions. So that you can see what is going on, follow the entire Routine as you work your dolls or checkers through it. It might then be best to walk it thru slowly with your dancers - remember to repeat the Routine starting with the Sides. When dancers successfully complete this Routine, they feel a great sense of accomplishment.

Routine #5 Heads Lead Right, Circle out to a Line of Four, Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, (*Centres are the Trailers, they step in between the two dancers in front of them , who step apart making a momentary line of four facing out, ends are the pivots*) Cast Off 3/4, New Lines Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, Cast Off 3/4, New Lines Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, Cast Off 3/4, Lines go Forward and Back, Star Thru, Square Thru 3/4, Allemande Left, Promenade home.

Routine #6: Sides Lead Right, Circle out to a Line of Four, Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, Cast Off 3/4, New Lines Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, Cast Off 3/4, New Lines Pass Thru, Wheel and Deal, Double Pass Thru, PUT CENTRES IN, Cast Off 3/4, Lines go Forward and Back, Star Thru, Square Thru 3/4, Allemande Left, Promenade home.

Singing Call

OBC

HEADS / SIDES GO FORWARD AND BACK,
HEADS /SIDES PASS THRU, PARTNER TRADE, SQUARE THRU 3/4,
SEPARATE AROUND ONE, MAKE LINES,
STAR THRU, ZOOM,
CENTRES PASS THRU, ALLEMANDE LEFT,
SWING, PROMENADE

FIGURE

HEADS / SIDES PASS THRU, SEPARATE AROUND 1 TO A LINE,
STAR THRU, DOUBLE PASS THRU,
PUT CENTRES IN, CAST OFF 3/4,
FORWARD AND BACK, STAR THRU,
CENTRES PASS THRU, CORNER SWING, PROMENADE



SSD Lesson 10 Tip 2

Let's do some more Cast Off 3/4 dancing.

Routine #1: Heads Square Thru, Swing Thru, Boys Run Right, Couples Circulate, Girls Trade, Cast Off 3/4, Star Thru, Arch in the Middle, Dive Thru, Centres Pass Thru, Allemande Left, Two Steps Home

Routine #2: Sides Square Thru, Swing Thru, Boys Run Right, Couples Circulate, Girls Trade, Cast Off 3/4, Star Thru, Arch in the Middle, Dive Thru, Centres Pass Thru, Allemande Left, Two Steps Home

Routine #3: Heads Star Thru, Pass Thru, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Double Pass Thru, Put Centres In, Cast Off 3/4, Star Thru, Centres Pass Thru, Allemande Left, 2 Steps Home

Give them a break here and call, "Sides Face Grand Square, Men Star Right, Allemande Left, Promenade

Routine #4: Sides Star Thru, Pass Thru, Circle to a Line, Forward and Back, Pass Thru, Wheel and Deal, Double Pass Thru, Put Centres In, Cast Off 3/4, Star Thru, Centres Pass Thru, Allemande Left, 2 Steps Home

Routine #5: Heads Right and Left Thru, Rollaway, Star Thru, Step to a Wave and Balance, Cast Off 3/4, Make new Waves and Balance, Boys Run Right, Make Lines, Forward & Back, Pass Thru and Wheel Around, Star Thru, Allemande Left, 2 Steps Home

Give them another break here and Call, "Allemande Left Alamo Style, Balance, Swing Thru, Balance, Swing Thru, Right and Left Grand, Swing at Home

Routine #6: Sides Right and Left Thru, Rollaway, Star Thru, Step to a Wave and Balance, Cast Off 3/4, Make new Waves and Balance, Boys Run Right, Make Lines, Forward & Back, Pass Thru and Wheel Around, Star Thru, Allemande Left, 2 Steps Home

Singing Call

OBC

ALLEMANDE LEFT ALAMO STYLE, BALANCE,
SWING THRU, BALANCE, SWING THRU,
TURN PARTNER RIGHT, ALLEMANDE LEFT,
WEAVE THE RING, SWING, PROMENADE

FIGURE

HEADS / SIDES LEAD RIGHT, CIRCLE TO A LINE
GO FORWARD AND BACK, PASS THRU,
CAST OFF 3/4, RIGHT AND LEFT THRU,
PASS THRU, CAST OFF 3/4,
STAR THRU, ALL PASS THRU, CORNER SWING, PROMENADE



Lesson 10 Tip 3

FERRIS WHEEL {6 Steps} DEMO NECESSARY

Heads step ahead and face corner and step to an Ocean Wave, Swing Thru, Boys Run. We have two couples facing into the centre and two couples facing out of the Square.

Our next call is FERRIS WHEEL.

The two couples facing in, take two steps forward to make a momentary Two Faced Line in the Centre with the other in-facing couple.

Without stopping, maintain handhold with your partner and Wheel and Deal.

(Each lady (centre of the 2F Line) acts as the pivot and stepping almost on the spot as the men walk forward and around 180° as she also turns 180° to face the other in-facing couple in the centre of the square.)

MAN ALERT! Men do not start to wheel across right away as they will end up dragging their partners backwards. They must step straight forward first into that momentary two-faced line before starting their turn. LADIES, Resist with all your might being dragged backwards!

At the same time, the outfacing couples start like a Couples Circulate but only go two steps forward and then, with the lady (right hand dancer) acting as a pivot, wheel to stand behind the near end centre couple. You've done a Ferris Wheel.

Now Centres Pass Thru to face your corner, Step to a Wave, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Two Steps Home.

This time, Sides step ahead and face corner and step to an Ocean Wave. Swing Thru, Boys Run, and now, two different couples are facing into the centre and two different couples are facing out of the Square. Ferris Wheel. *(Each lady (centre of the 2F Line) acts as the pivot and stepping almost on the spot as the men walk forward and around 180° as she also turns 180° to face the other in-facing couple in the centre of the square.)*

Now Centres Pass Thru to face your corner, Step to a Wave, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Two Steps Home.

Routine #1: Heads Pass Thru, UTB, Star Thru,

Callers Note: The Caller does not have to say, “Step to a Wave” or “DoSaDo to an Ocean Wave.” If he or she just says, “Swing Thru,” dancers must automatically step to a Wave.

Explain this to your dancers and call: Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Square your Sets at Home

Routine #2: Sides Pass Thru, UTB, Star Thru, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Square your Sets at Home

Routine #3: Heads Promenade 1/2, Square Thru Four, Right and Left Thru, All Veer Left, Ferris Wheel, Centres Square Thru Three, Allemande Left, Square your sets

Routine #4: Sides Promenade 1/2, Square Thru Four, Right and Left Thru, All Veer Left, Ferris Wheel, Centres Square Thru Three, Allemande Left, Square your sets

Singing Call

OBC

CIRCLE LEFT (SING CHORUS).
LEFT ALLEMANDE THE CORNER, PARTNER DOSADO
THE MEN STAR LEFT, ONCE AROUND,
TURN THE PARTNER BY THE RIGHT, LEFT ALLEMANDE,
SWING PARTNER , PROMENADE, (SING CHORUS)

FIGURE

HEADS / SIDES PASS THRU, PARTNER TRADE,
SQUARE THR. U FOUR, RIGHT AND LEFT THRU,
VEER LEFT, FERRIS WHEEL,
CENTRES SQUARE THRU THREE,
CORNER SWING, PROMENADE



SSD Lesson 10 Tip 4

TRADE BY

Callers: do a quick reminder of Partner Trade (Lesson 5) Have the **Heads Pass Thru and Partner Trade, Sides Pass Thru, Partner Trade**, and repeat this: **Heads Pass Thru and Partner Trade, Sides Pass Thru, Partner Trade**. Make sure the dancers are doing this correctly.

Our next call to learn is **TRADE BY** which is a two part call. When the call starts, two couples will be facing out of the set, backs to the centre, and two couples will be facing in the middle of the set. **Trade By** is often preceded by the call Pass Thru so don't confuse this Pass Thru with the Pass Thru that is part of the call.

Heads step forward and face your corner. All Pass Thru and STOP.

This is the Trade By formation. Two Couples are facing out of the Set and two Couples are facing in the middle of the Set.

To do the call Trade By, (Don't do it till I say) those facing OUT will do a Partner Trade while those facing in the middle will Pass Thru. Ready? Everybody Trade By. Now all Pass Thru. Can you see the Trade By formation again? Good, Trade By, Allemande Left, Right and Left Grand and you should be home.

Routine #1: Heads Flutterwheel, Sweep 1/4, Pass Thru, Right and Left Thru, Pass Thru. *See the Trade By set up?* Trade By, Right and Left Thru, Pass Thru. *See it again?* Trade By, Allemande Left,

Routine #2: Sides Flutterwheel, Sweep 1/4, Pass Thru, Right and Left Thru, Pass Thru. *Look for that Trade By Formation.* Trade By, Right and Left Thru, Pass Thru, Trade By, Allemande Left,

Routine #3: Heads Square Thru Four, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Lines Forward and Back, Star Thru , Pass Thru, *There it is again!* Trade By, Allemande Left, Square Sets.

Routine #4: Sides Square Thru Four, Right and Left Thru, Veer Left, Couples Circulate, Chain Down the Line, Lines Fwd and Back, Star Thru , Pass Thru, *There it is again!* Trade By, Allemande Left, Square Sets.

Routine #5: Heads Star Thru, Pass Thru, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Square Thru Three, Trade By, Allemande Left, Right and Left Grand, Promenade.

Routine #6: Sides Star Thru, Pass Thru, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Square Thru Three, Trade By, Allemande Left, Weave the Ring, Swing, Promenade.

Singing Call

OBC

HEADS / SIDES SLIDE THRU, PASS THRU,
RIGHT AND LEFT THRU, PASS THRU, TRADE BY,
ALLEMANDE LEFT, WEAWE THE RING,
SWING PARTNER, PROMENADE

FIGURE

HEADS / SIDES FLUTTERWHEEL, SWEEP 1/4, PASS THRU,
RIGHT AND LEFT THRU, SWING THRU,
BOYS RUN, FERRIS WHEEL,
ZOOM , CENTRES PASS THRU, CORNER SWING, PROMENADE



SSD Lesson 10 Tip 5

Call some patter to review the Lesson 9 and 10 Calls: Pass the Ocean, Extend and Zoom, Cast Off 3/4, Ferris Wheel, Trade By.

Routine #1: Heads Square Thru, Swing Thru, Boys Run, Ferris Wheel, Centres Right and Left Thru WITH A FULL TURN, Corner Do Sa Do, Allemande Left, Weave the Ring, Partner Swing, Promenade

Routine #2: Sides Square Thru Four, Swing Thru, Boys Run, Couples Circulate, Ferris Wheel, Double Pass Thru, Leaders Partner Trade, Pass Thru, UTB, Pass Thru, Right and Left Grand, Promenade

Routine #3: Heads Pass The Ocean, Extend, Swing Thru, Boys Run, Wheel and Deal, Pass Thru, Trade By, Slide Thru TWICE, Allemande Left, Weave the Ring, Swing at Home

Routine #4: Sides Pass The Ocean, Extend, Swing Thru, Boys Run, Wheel and Deal, Pass Thru, Trade By, Slide Thru TWICE, Allemande Left, Weave the Ring, Swing at Home

Routine #5: Heads Star Thru, Double Pass Thru, Centres In, Cast Off 3/4, Star Thru, Double Pass Thru, Centres In, Cast Off 3/4, Star Thru, Centres Slide Thru, Pass Thru, Partner Trade, Are You Home?

Singing Call

OBC

ALLEMANDE LEFT TO ALAMO STYLE, BALANCE,
LADIES RUN RIGHT, ALL CIRCLE LEFT,
LADIES IN, MEN SASHAY,
ALLEMANDE LEFT, PARTNER SWING, PROMENADE

FIGURE

HEADS / SIDES LEAD RIGHT, VEER LEFT, GIRLS CIRCULATE, FERRIS WHEEL,
DOUBLE PASS THRU, LEADERS PARTNER TRADE,
SLIDE THRU, PASS THE OCEAN, SWING THRU,
SWING CORNER, PROMENADE



SSD Lesson 10 Tip 6

Some more Patter Routines:

**Routine #1: Heads SquareThru Four, Split between Two,
Around One to a Line of Four, Star Thru, Trade By, Right and Left Thru,
Veer Left, Ferris Wheel, Square Thru 3/4, Allemande Left, Swing at Home**

**Routine #2: Sides SquareThru Four, Split between Two,
Around One to a Line of Four, Star Thru, Trade By, Right and Left Thru,
Veer Left, Ferris Wheel, Square Thru 3/4, Allemande Left, Swing at Home**

**Routine #3: Four Ladies Chain 3/4, Heads Lead Right and Step to a Wave,
Swing Thru, Boys Run, Couples Circulate TWICE, Ferris Wheel,
Double Pass Thru, First Couple go Left, Next Couple go LEFT,
Promenade all the way Home.**

Routine #4: Four Ladies Chain 3/4, Sides Lead Right, Step to a Wave, Swing Thru, Boys Run, Couples Circulate TWICE, Ferris Wheel, Double Pass Thru, First Couple go Left, Next Couple go LEFT, Promenade all the way Home.

Routine #5: Heads Star Thru, JUST THE BOYS Zoom, Double Pass Thru, JUST THE GIRLS Zoom, Leaders Trade, Allemande Left, Promenade Home

Routine #6: Sides Star Thru, JUST THE BOYS Zoom, Double Pass Thru, JUST THE GIRLS Zoom, Leaders Trade, Allemande Left, Promenade Home

Singing Call

OBC

ALLEMANDE LEFT, LADIES STAR RIGHT, MEN PROMENADE OUTSIDE,
ALLEMANDE LEFT, MEN STAR RIGHT, LADIES PROMENADE OUTSIDE
ALLEMANDE LEFT, RIGHT AND LEFT GRAND,
SWING, PROMENADE

FIGURE

HDS PASS THRU, SEPARATE AROUND 1 TO LINE,
FORWARD AND BACK, SLIDE THRU,
CENTRES RIGHT & LEFT THRU, ZOOM
NEW CENTRES SQUARE THRU 3,
SWING THE CORNER & PROMENADE



Lesson 10 Tip 7

**Finish off with a Singing Call - two if you have the time and they have the energy.
Pick your singer from lessons 6 - 9**

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SSD LESSON 11

SSD Lesson 11 Calls

Box the Gnat,
Hinge Single / Couples
Touch 1/4
Wave Circulates
Single File Circulate
Tag the Line / 1/2 Tag

SSD Lesson 11 Tip 1

BOX THE GNAT {4 Steps} DEMONSTRATION NECESSARY

Explanation: Two facing dancers, man and lady, step forward then join and raise their RIGHT hands in a loosely held handshake but use fingers only. The man's fingers must be able to turn easily over the lady's fingers as he provides some degree of stability. The lady will do a LEFT-FACE UTB under the raised hands allowing her hands to turn in the man's as the man walks forward and around the lady and does a RIGHT-FACE UTB. Handholds are lowered and the dancers end up **facing directly at each other** with hands still held together at which point they adjust to a normal hand-hold position.

Routine #1: All face your Partner, Box the Gnat, Box the Gnat again, Square your Sets

Routine #2: Allemande Left Corner, With Partner Box the Gnat, (hold on) Pull By to Corner, Allemande Left, Square Your Sets

Routine #3: Heads Lead Right, Circle to a Line, Forward and Back, Rollaway, Box the Gnat across from you, Right and Left Thru, Join Hands, Circle Left, Allemande Left, Promenade home.

Routine #4: Sides Lead Right, Circle to a Line, Forward and Back, Rollaway, Box the Gnat across from you, Right and Left Thru, Join Hands, Circle Left, Allemande Left, Promenade home.

Routine #5: Four Ladies Promenade inside, At home Box the Gnat, Right and Left Grand, Meet your Partner and Box the Gnat, Wrong way Grand the other way back, Meet again and Box the Gnat, Square your sets.

SINGLE HINGE {two Dancers 2 Steps.} DEMO ADVISED

[A Hinge is half of a Trade] The word “Single” is often dropped from Single Hinge.

Heads step forward and face your Corner, Step to an Ocean Wave, Swing Thru and stop right there.

We are going to learn a simple move called SINGLE HINGE. You are holding a right hand with someone so keep the right handhold and walk forward turning right exactly 1/4. That’s a Single Hinge - you simply, as a couple, turn as a unit, one quarter. Now, Boys Run. (Dancers have ended up in the same spot as if the caller had said, “Swing Thru Boys Run, Bend the Line.”)

Routine # 1: Heads Right and Left Thru, Star Thru, Pass Thru, (Ocean Wave) Swing Thru, Single Hinge, Boys Run, Lines Forward & Back, Reverse Flutterwheel, Star Thru, Step to a Wave, Swing Thru, Boys Trade, Single Hinge, Boys Run, Square Thru 3/4, Allemande Left, 2 Steps Home.

Routine #2: Sides Right and Left Thru, Star Thru, Pass Thru, (Ocean Wave) Swing Thru, Single Hinge, Boys Run, Lines Forward & Back, Reverse Flutterwheel, Star Thru, Step to a Wave, Swing Thru, Boys Trade, Single Hinge, Boys Run, Square Thru 3/4, Allemande Left, 2 Steps Home.

Routine #3: Heads Square Thru, DoSaDo to a Wave, Girls Trade, Swing Thru, Single Hinge, Boys Run, Slide Thru, Allemande Left, Home.

Routine #4: Sides Square Thru, DoSaDo to a Wave, Girls Trade, Swing Thru, Single Hinge, Boys Run, Slide Thru, Allemande Left, Home.

Routine #5: Sides Square Thru Four, Swing Thru, Men Trade, Single Hinge, Men Run, Square Thru 3/4, Allemande Left, Weave the Ring, Promenade.

Routine #6: Heads Square Thru Four, Swing Thru, Men Trade, Single Hinge, Men Run, Square Thru 3/4, Allemande Left, Weave the Ring, Promenade.

Singing Call

OBC

HEADS STAR THRU, CALIFORNIA TWIRL,
DOSADO TO A WAVE, GIRLS TRADE, SWING THRU,
SINGLE HINGE, BOYS RUN, SLIDE THRU,
ALLEMANDE LEFT, WEAVE, SWING, PROMENADE

FIGURE

HEADS PROMENADE 1/2, COME DOWN THE MIDDLE AND SQUARE THRU FOUR,
RIGHT & LEFT THRU, ROLLAWAY, BOX THE GNAT, SQUARE THRU THREE,
TRADE BY, SWING CORNER & PROMENADE



SSD Lesson 11 Tip 2

TOUCH 1/4 {2 Steps}

This call is always done Right Hand to Right Hand unless specified LEFT Touch 1/4.

It is done by two facing dancers. You move forward slightly to the Left, touching right palm to right palm about shoulder height, and turning 1/4 to make a mini wave.

Routine #1: Heads Touch 1/4, Boys Run (*Girls move to the right out of the way*), You are now facing your Corner, Allemande Left, Square your sets at Home, Sides Touch 1/4, Boys Run, Allemande Left, Square your sets.

Routine #2: Sides Touch 1/4, Boys Run (*Girls move to the right out of the way*), You are now facing your Corner, Allemande Left, Square your sets at Home, Heads Touch 1/4, Boys Run, Allemande Left, Square your sets.

Routine #3: Heads Square Thru 4, Touch 1/4, Girls Run, Fwd & Bk, Touch 1/4, Boys Run, Allemande Left, Promenade Home, Sides Square Thru 4, Touch 1/4, Girls Run, Fwd & Bk, Touch 1/4, Boys Run, Allemande Left, Promenade

Routine #4: Heads LEFT Touch 1/4, Girls Run Left (*Men step sideways to left*), Allemande Left, 2 Steps Home, Sides LEFT Touch 1/4, Girls Run Left, (*Men step sideways to left*), Allemande Left, 2 Steps Home

Routine #5: Heads Promenade 1/2, Into the Middle and Touch 1/4, Boys Run, Right and Left Thru, Dive Thru, In the middle Star Thru and Back Away, Home!

Routine #6: Sides Promenade 1/2, Into the Middle and Touch 1/4, Boys Run, Right and Left Thru, Dive Thru, In the middle Star Thru and Back Away, Home!

SINGLE FILE (OR COLUMN) CIRCULATE {2 STEPS}

Routine #1: Heads Lead Right, Circle to a Line, Go Forward and Back, With the one you face across the Square, Touch 1/4. The dancers are in a Column formation - one line of 4 dancers facing one way, the other line facing the opposite way. From here they can Circulate. Don't do it yet but we're going to follow the Circulate rule: If you can see someone's back, you will step forward into that person's spot. The two ends facing out in each line, have no back to see, so they will turn the corner into the other line.

Ready? Single File Circulate. Do it again Single File Circulate, Boys Run around a girl, Find your Corner, Allemande Left, Promenade Home.

Routine #2: Sides lead Right, Circle to a Line, Touch 1/4, Column Circulate, Boys Run, Allemande Left, Weave the Ring, Meet Partner, Box the Gnat, Box it back, Swing and Promenade Home.

Routine #3: All Promenade, don't stop, Heads Wheel Around, Make Lines, Right and Left Thru, Touch 1/4, Single File Circulate, Boys Run, Allemande Left, All Promenade, Don't stop, Sides Wheel Around, Make Lines, Right and Left Thru, Touch 1/4, Single File Circulate, Boys Run, Allemande Left, Promenade Home.

Singing Call

OBC

CIRCLE LEFT, ALLEMANDE LEFT, DOSADO
GENTS STAR LEFT 1/2 ACROSS, TURN OPPOSITE LADY RIGHT,
GENTS STAR LEFT TO PARTNER,
TURN PARTNER RIGHT, ALLEMANDE LEFT, PROMENADE

FIGURE

HEAD LADIES CHAIN, ROLLAWAY, STAR THRU,
SWING THRU, HINGE, BOYS RUN,
TOUCH 1/4, COLUMN CIRCULATE TWICE,
BOYS RUN, CORNER SWING, PROMENADE



WAVE CIRCULATES {4 Steps}

Routine #1: Heads Pass the Ocean, Extend. We now have two parallel RH Ocean Waves with the Boys on the ends and the girls in the middle. Boys you are in the outside “circle” so just as you do with Couples Circulate, if you can see someone’s back, (don’t do it yet) you will walk straight forward and stand in that person’s exact footsteps. If you cannot see a back, you will ‘turn the corner’ and walk around to take the place of the next boy in your ‘circle’ at the other end of the wave.

Ready? Boys Circulate, Boys Circulate again.

Now Girls, you are in an inside ‘circle’ and so have to take a tighter path but the rules are the same: if you can see someone’s back, (don’t do it yet) you will walk straight forward and stand in that person’s exact footsteps. If you cannot see a back, you will ‘turn the corner’ sharply to the Left in this case, to take the place of the next girl in your ‘circle.’ The Centres in a Wave Circulate must stay Centres. (Ends of course stay Ends)

Ready? Girls Circulate, Girls Circulate again, All Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Promenade Home.

Routine #2: Sides Pass the Ocean, Extend, Boys Circulate, Boys Circulate again, Girls Circulate, Girls Circulate again, All Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Promenade Home.

Routine #3: Heads LEFT Touch 1/4, Girls Run, (all facing Corner) Step to a Wave, Let’s all do it together: ALL EIGHT CIRCULATE (Boys (Ends) stay on the outside track, Girls (Centres) stay inside) ALL EIGHT CIRCULATE, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Promenade Home.

Routine #4: Sides LEFT Touch 1/4, Girls Run, (all facing Corner) Step to a Wave, Let’s all do it together: ALL EIGHT CIRCULATE (Boys (Ends) stay on the outside track, Girls (Centres) stay inside) ALL EIGHT CIRCULATE, Swing Thru, Boys Run, Ferris Wheel, Centres Pass Thru, Allemande Left, Promenade Home.

Things will change if we first Swing Thru before the Circulate:

**Routine #5: Heads Right and Left Thru, Rollaway, Slide Thru, (face your Corner)
Step to an Ocean Wave, Swing Thru and Stop.**

Callers - Point out that the Girls are now the Ends and the boys are Centres. So if we Circulate from here, the Girls go around the outside and the Boys will stay in the middle and turning to their Left if they cannot see someone's back.

Ready: Girls Circulate, Boys (IN THE MIDDLE) Circulate, All Eight Circulate, Hinge, Boys Run, Reverse Flutterwheel, Slide Thru, Allemande Left, Promenade Home

**Routine #6: Sides Right and Left Thru, Rollaway, Slide Thru, (face your Corner)
Step to an Ocean Wave, Swing Thru and Stop. Ready: Girls Circulate,
Boys (IN THE MIDDLE) Circulate, All Eight Circulate, Hinge, Boys Run,
Reverse Flutterwheel, Slide Thru, Allemande Left, Promenade Home**

**Routine #7: Heads Touch 1/4, Boys Run, Swing Thru, Ends Circulate,
Centres Circulate, Ends Circulate, Centres Circulate, Boys Run, Ferris Wheel,
Centres Pass Thru, Allemande Left, Promenade Home**

**Routine #8: SidesTouch 1/4, Boys Run, Swing Thru, Ends Circulate,
Centres Circulate, Ends Circulate, Centres Circulate, Boys Run, Ferris Wheel,
Centres Pass Thru, Allemande Left, Promenade Home**

Singing Call

OBC

ALLEMANDE LEFT YOUR CORNER, WEAVE THE RING,
DOSADO, MEN STAR LEFT,
MEET PARTNER, BOX GNAT, GIRLS PROMENADE (Usual way) INSIDE
PARTNER SWING, PROMENADE HOME

FIGURE

HEADS PROMENADE 1/2, SQUARE THRU 4 ,
SWING THRU DOUBLE, DO IT TWICE,
BALANCE , ALL EIGHT CIRCULATE,
CORNER SWING, PROMENADE



COUPLES HINGE {3 STEPS}

We've learned COUPLES TRADE (Lesson 5) where couples in a Two-Faced Line, with centres acting as the Pivot, moved forward and around to trade places. Since a Hinge is half a Trade, instead of turning 180°, to Hinge, you only turn 90° and you will end up at right angles to your starting formation.

Routine #1: Heads Touch 1/4, Boys Run, Swing Thru, Boys Run, Couples Hinge, Centre Couples Trade, Couples Hinge, Wheel and Deal, Pass Thru, Trade By, Allemande Left, Promenade Home

Routine #2: Sides Touch 1/4, Boys Run, Swing Thru, Boys Run, Couples Hinge, Centre Couples Trade, Couples Hinge, Wheel and Deal, Pass Thru, Trade By, Allemande Left, Promenade Home

Routine #3: Head Ladies Chain, Heads Square Thru Four, Swing Thru, Boys Run, Couples Hinge, In the long Line Centre Couple Hinge, Sides California Twirl, All Promenade Home

Routine #4: Side Ladies Chain, Sides Square Thru Four, Swing Thru, Boys Run, Couples Hinge, In the long Line Centre Couple Hinge, Heads California Twirl, All Promenade Home

TAG THE LINE {6 Steps}

Our next call is **TAG THE LINE**. All forms of Tag the Line start the same way. On hearing the command, each dancer in a Line or Two-Faced Line will turn 1/4 to face the Centre of his / her own Line and then take a short side step to the Left to be able to Double Pass Thru with oncoming dancers and await the next call.

The commands following Tag the Line might be Left (or Face Left), Right, (or Face Right), In (Face In), Out (Face Out) and dancers will turn 90 degrees (1/4) in the direction indicated.

Routine #1: Heads Lead to the Right, Circle to a Line of Four, All Pass Thru, Tag the Line, (*Face to the centre of the line and Double Pass Thru*) All Face IN, All Pass Thru, Tag the Line, IN, All Join Hands Circle Left 1/4 to Home.

Routine #2: Sides Lead to the Right, Circle to a Line of Four, All Pass Thru, Tag the Line, (*Face to the centre of your line and Double Pass Thru*) All Face IN, All Pass Thru, Tag the Line, IN, All Join Hands Circle Left 1/4 to Home.

Routine #3: Four Ladies Chain 3/4, Heads Promenade 1/2, Lead Right, Swing Thru, Boys Run, Tag the Line, Girls UTB, Allemande Left, 2 Steps Home.

Routine #4: Four Ladies Chain 3/4, Sides Promenade 1/2, Lead Right, Swing Thru, Boys Run, Tag the Line, Girls UTB, Allemande Left, 2 Steps Home.

Routine #5: Heads Star Thru, Pass Thru, Step to a Wave, Girls Trade, Girls Run, Tag the Line, Face Right, Ferris Wheel, Square Thru 3/4, Allemande Left 2 Steps Home.

Routine #6: Sides Star Thru, Pass Thru, Step to a Wave, Girls Trade, Girls Run, Tag the Line, Face Right, Ferris Wheel, Square Thru 3/4, Allemande Left 2 Steps Home.

Routine #7: Heads SquareThru Four, Step to an Ocean Wave, Swing Thru, Boys Run, Tag the Line, Face Left. (*Careful now we're going in the back door, so we'll be turning Left*) Ferris Wheel, Centres Veer Right, Veer Left, Allemande Left, 2 Steps Home.

Routine #8: Side SquareThru Four, Step to an Ocean Wave, Swing Thru, Boys Run, Tag the Line, Face Left. (*Careful now we're going in the back door, so we'll be turning Left*) Ferris Wheel, Centres Veer Left, Veer Right, Allemande Left, 2 Steps Home.

Singing Call

OBC

HEADS GO FORWARD AND BACK, SQUARE THRU 3/4,
SEPARATE, AROUND ONE, INTO MIDDLE
RIGHT AND LEFT THRU, SQUARE THRU 3/4, ALLEMANDE LEFT,
GRAND RIGHT AND LEFT, PROMENADE

FIGURE

HEADS FLUTTERWHEEL, SWEEP 1/4, PASS THRU,
DOSADO, SWING THRU, BOYS RUN RIGHT, TAG THE LINE, FACE LEFT,
FERRIS WHEEL, CENTRES VEER LEFT, VEER RIGHT,
SWING CORNER & PROMENADE



1/2 TAG {4 Steps}

**Heads Star Thru, Pass Thru, Swing Thru, Boys Run, Couples Circulate, Stop.
Our next call is HALF TAG**

All Turn to face the centre of your line and step a bit to the Left. Walk forward 2 STEPS until you are next to the oncoming dancer. That is 1/2 Tag. Turn to face the one beside you, and all Pass Thru, Square your Sets at Home.

Now Sides Star Thru, Pass Thru, Swing Thru, Boys Run, Couples Circulate, 1/2 Tag, Turn and face the one beside you and Pass Thru, Square your Sets at Home

Routine #1: Heads Square Thru Four, Swing Thru, Boys Run, 1/2 Tag, Face Right, Box the Gnat, Right and Left Thru, Allemande Left, Promenade

Routine #2: Sides Square Thru Four, Swing Thru, Boys Run, 1/2 Tag, Face Right, Box the Gnat, Right and Left Thru, Allemande Left, Promenade

Routine #3: Four Ladies Chain, Heads Promenade 1/2, Square Thru Four, Swing Thru, Boys Run, 1/2 Tag, Face Right, Pass Thru, UTB, Allemande Left, Promenade

Routine #4: Four Ladies Chain, Sides Promenade 1/2, Square Thru Four, Swing Thru, Boys Run, 1/2 Tag, Face Right, Pass Thru, UTB, Allemande Left, Promenade

Singing Call

OBC

ALLEMANDE LEFT, LADIES STAR RIGHT, MEN PROMENADE,
SAME CORNER, ALLEMANDE LEFT, MEN STAR RIGHT, LADIES PROMENADE
SAME CORNER ALLEMANDE LEFT, ALAMO STYLE BALANCE,
BOYS RUN, CALIFORNIA TWIRL, ALLEMANDE LEFT, WEAVE THE RING, PROMENADE

FIGURE

HEADS / SIDES SQUARE THRU FOUR, SWING THRU,
SWING THRU AGAIN, GIRLS TRADE, GIRLS RUN,
1/2 TAG, FACE RIGHT, CORNER SWING, PROMENADE



SSS Lesson 11 Tip 6

Use this Tip to again call Patter so that the dances can enjoy stress free dancing. Remember the “KISS” principal and remember too, that with SSD we are dancing Standard Position choreo. Don’t be tempted to stretch the Patter into a five minute marathon or dazzle them with clever, choreo.

Here is a Singing Call to use after the Patter.

Singing Call

OBC

CIRCLE LEFT, ALLEMANDE LEFT, DOSADO,
MEN STAR LEFT, STAR PROMENADE PARTNER,
GIRLS BACK TRACK, TURN SAME ONE BY THE RIGHT ,
ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS / SIDES PROMENADE 1/2, LEAD RIGHT,
CIRCLE TO A LINE, FORWARD AND BACK,
PASS THE OCEAN, BOYS CIRCULATE,
GIRLS TRADE, SWING THRU, BOYS RUN,
TAG THE LINE, FACE LEFT, PROMENADE



Lesson 11 Tip 7

Two Singing Calls

Make sure you choose calls with a different musical theme. If one is really upbeat then you might want the second one to be more laid back. If one is Country and Western, then the second one could be Dixieland.

At this point in the SSD teach, you will find that many of the Singing Calls in your collection will have a Figure with Calls that fit the SSD list and the appropriate Lesson Use them!

Here are a couple you might like:

SINGING CALL #1

OBC

ALLEMANDE LEFT ALAMO STYLE, BALANCE, SWING THRU,
BALANCE, SWING THRU, TURN PARTNER RIGHT, ALLEMANDE LEFT,
WEAVE THE RING, SWING, PROMENADE

FIGURE

HDS SQUARE THRU 4, STEP TO A WAVE, GIRLS TRADE,
SWING THRU, BOYS RUN, TAG THE LINE, FACE RIGHT,
BOYS CROSS RUN, FERRIS WHEEL, CENTRES PASS THRU,
CORNER SWING, PROMENADE

SINGING CALL #2

OBC

FOUR LADIES PROMENADE INSIDE, PASS YOUR PARTNER,
SWING YOUR CORNER, CIRCLE LEFT,
ROLLAWAY, WEAVE THE RING, SWING, PROMENADE

FIGURE

HEAD LADIES CHAIN, HEADS STAR THRU, PASS THRU,
SWING THRU, HINGE, BOYS RUN, FORWARD AND BACK,
TOUCH 1/4, SINGLE FILE CIRCULATE,
BOYS RUN, CORNER SWING, PROMENADE

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LESSON 12

Lesson 12 Calls

Split Circulate
Box Circulate
Fold
Crossfold
Scoot Back,
Recycle

Lesson 12 Tip 1

SPLIT CIRCULATE {4 Steps}

Our next move is part of the Circulate family and is called **SPLIT CIRCULATE**. The “Split” means that the Square has been split into two halves.

Routine #1: Heads Promenade 1/2, Star Thru, Pass Thru, Touch 1/4.

Now let go hand holds in the wave centre and stay on your own side of the Square. Can you see how the Square has been Split? Now we are able to circulate in our own set of four.

Ready? Split Circulate, Boys Run, Reverse Flutterwheel, Slide Thru, Allemande Left, 2 Steps, Home.

Routine #2: Sides Pass Thru, UTB, Slide Thru, Touch 1/4, Split Circulate, Boys Run, Reverse Flutterwheel, Slide Thru, Allemande Left, 2 Steps Home

Routine # 3: Head Ladies Chain, Heads Pass The Ocean, Extend, Swing Thru, Split Circulate, Centres Trade, Swing Thru, Split Circulate, Right and Left Grand, Promenade

Routine #4: Side Ladies Chain, Sides Pass The Ocean, Extend, Swing Thru, Split Circulate, Centres Trade, Swing Thru, Split Circulate, Right and Left Grand, Promenade

Routine #5: Heads Touch 1/4, Boys Run, Swing Thru Double, Split Circulate, Centres Trade, Split Circulate Double, Centres Trade, Swing Thru, Split Circulate 3 Times, Face Right, Pass Thru, Right and Left Grand, Promenade

Singing Call

OBC

SIDES FACE, GRAND SQUARE,
ALLEMANDE LEFT, WEAVE THE RING
SWING, PROMENADE

FIGURE

HEADS PROMENADE 1/2, PASS THE OCEAN,
EXTEND, SWING THRU, BOYS TRADE,
HINGE, SPLIT CIRCULATE TWICE,
HINGE, GIRLS TRADE, SWING THRU, SWING CORNER, PROMENADE.



SSD Lesson 12 Tip 2

BOX CIRCULATE

Box Circulate is the same Circulate path as used in Split Circulate. The difference is that Box Circulate is directed to only four dancers.

Routine #1: Heads Star Thru, Pass Thru, Swing Thru, Boys Run, Couples Circulate, Wheel and Deal, Arch in the middle, Dive Thru, Centres Touch 1/4, You four Box Circulate two places, Face Left, Allemande Left, 2 Steps Home

Routine #2: Sides Star Thru, Pass Thru, Swing Thru, Boys Run, Couples Circulate, Wheel and Deal, Arch in the middle, Dive Thru, Centres Touch 1/4, You four Box Circulate two places, Face Left, Allemande Left, 2 Steps Home

Routine #3: Head Ladies Chain, Heads Touch 1/4, Heads Box Circulate, Those boys Run, Pass Thru, Allemande Left, 2 Steps Home

Routine #4: Side Ladies Chain, Sides Touch 1/4, Sides Box Circulate, Those boys Run, Pass Thru, Allemande Left, 2 Steps Home

FOLD {2 Steps}

In this call, directed dancers (Boys, Girls, Ends, Centres) will take a step forward and move in a small semi-circle to end facing the adjacent dancer, **who may be facing in any direction and does not move.**

From a Squared Set: **Girls Fold** (in front of your partner), **Star Thru**, **Boys Fold** (in front of your partner), **Star Thru**, **Home**

Routine #1 All Promenade, Don't stop, Heads Wheel Around (make Lines) , Pass Thru, Boys Fold, Star Thru, Girls Fold, Star Thru, Balance, Bend the Line, Rollaway, Star Thru, Left Allemande, Promenade.

Routine #2: Heads LEFT Touch 1/4, Those Girls Run, Star Thru, Pass Thru, Tag the Line, Face OUT, Ends Fold, Pass Thru, Grand Right and Left, Promenade

Routine #3: Sides LEFT Touch 1/4, Those Girls Run, Star Thru, Pass Thru, Tag the Line, Face OUT, Ends Fold, Pass Thru, Grand Right and Left, Promenade

Routine #4: Heads Lead Right, Circle to a Line, Pass Thru, Tag the Line, Face OUT, Ends Fold, Right and Left Grand.

Routine #5: Sides Lead Right, Circle to a Line, Pass Thru, Tag the Line, Face OUT, Ends Fold, Right and Left Grand.

Routine #6: Heads Slide Thru, Star Thru, Pass The Ocean, Extend, Swing Thru, Boys Trade, Hinge, Split Circulate Twice, Boys Fold (behind the girl), Double Pass Thru, Girls U-Turn Back, Allemande Left, Swing at Home.

Singing Call

OBC

HEADS RIGHT AND LEFT THRU, TOUCH 1/4, BOYS RUN,
SWING THRU, BOYS RUN, FERRIS WHEEL,
CENTRES TOUCH 1/4, BOX CIRCULATE TWICE,
ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS (SIDES) PASS THE OCEAN, SWING THRU, BOYS RUN,
VEER RIGHT, STEP TO A WAVE, LADIES TRADE,
SWING THRU, HINGE, BOYS FOLD,
DOUBLE PASS THRU, GIRLS UTB, SWING, PROMENADE



Lesson 12 Tip 3

CROSS FOLD (From Waves) {4 Steps}

The designated (active) dancers, who must both be either centres or both be ends, Fold towards the furthest inactive dancer by walking in a semicircle and end facing that same dancer.

Routine #1: Heads Touch 1/4, Boys Run, Step to an Ocean Wave, Boys Cross Fold, Slide Thru, Pass the Ocean, Girls Cross Fold, Slide Thru, Square Thru 3/4, Allemande Left, Promenade 2 Steps, Home.

Routine #2: Sides Touch 1/4, Boys Run, Step to an Ocean Wave, Boys Cross Fold, Slide Thru, Pass the Ocean, Girls Cross Fold, Slide Thru, Square Thru 3/4, Allemande Left, Promenade 2 Steps, Home.

Routine #3: Heads Pass Thru, Wheel Around, Square Thru Three, Face out and Separate Around 1, Make a Line of Four, Forward and Back, Pass Thru, Ends Crossfold, Allemande Left, Weave the Ring, Swing, Promenade Home

Routine #4: Sides Pass Thru, Wheel Around, Square Thru Three, Face out and Separate Around 1, Make a Line of Four, Forward and Back, Pass Thru, Ends Crossfold, Allemande Left, Weave the Ring, Swing, Promenade Home

Singing Call

OBC

CIRCLE LEFT, LADIES IN MEN SASHAY, CIRCLE LEFT,
LADIES IN, MEN SASHAY, CIRCLE LEFT,
ALLEMANDE LEFT, WEAVE BY TWO,
RIGHT AND LEFT GRAND, SWING PARTNER, PROMENADE

FIGURE

HEADS PROMENADE 1/2, SQUARE THRU FOUR,
SWING THRU, BOYS TRADE, BOYS RUN,
CROSS FOLD, PASS THRU, TRADE BY,
SWING CORNER, PROMENADE



SSD Lesson 12 Tip 4

SCOOT BACK {6 Steps} DEMONSTRATION NECESSARY

We're going to learn the Call SCOOT BACK

Scoot Back is a complicated way to do a Partner Trade (Remember that your "Partner" is always the one you are standing next to.)

Heads Touch 1/4, Boys Run, With your Corner Touch 1/4. Notice that you are holding a "Partner" with your right hand. All Partner Trade. Notice that the two of you have changed places and this is what a Scoot Back will do. All Partner Trade again.

So when doing a SCOOT BACK, first see whose eyes you can see on a slight right diagonal across in the other wave. Right now, two men are able to do this - Right, Men?

Now, DON'T DO IT YET, but remember, when you Scoot Back, you are going to trade places with the one currently next to you. So on the call, SCOOT BACK, the men in this instance will step in and do a right arm turn (Allemande Right), letting go as they step forward returning to the line (wave) they came from. They will be standing in that Partner's footsteps. DON'T DO IT YET but as the men do this, the ladies who are facing out, will walk forward one step and turn (Wheel) 180° to step into the man's spot. The two adjacent dancers will have traded places.

Ready now? Scoot Back

Callers: There is always a tendency for those who are arm turning to be reluctant to step back into the wave they just left. Emphasize the letting go of the arm turn and stepping forward into the wave they just left. Those doing the wheeling into their partner's place are also often hesitant about whether they have to do anything and where to go, so helping words will emphasize the jobs they each have to do.

Another way to describe Scoot Back is: those looking in EXTEND to a mini wave, Trade, Extend , while those facing out Run into the spot vacated by those extending.

Now the girls are facing in and can see another girl's eyes on the right diagonal, so the girls will have to do the right arm turn and step forward to your line as the men 'flip' 180° into their spot.

Ready? Scoot Back, (Girls Right arm turn, boys "flip" around.) Again, all Scoot Back, and Scoot Back again. Now Girls UTB, All Square Thru 3/4, Allemande Left, 2 steps Home.

Routine #1: Heads Square Thru Four, Touch 1/4, Scoot Back, Boys Run, Forward and Back, Square Thru 3/4, Allemande Left, You're Home

Routine #2: Sides Square Thru Four, Touch 1/4, Scoot Back, Boys Run, Forward and Back, Square Thru 3/4, Allemande Left, You're Home

Routine #3: Heads Right and Left Thru, Rollaway, Slide Thru, Touch 1/4, Scoot Back, Boys Fold (*behind the Girls*), Ladies Chain, Flutterwheel, Slide Thru, Allemande Left, 2 Steps Home

Routine #4: Sides Right and Left Thru, Rollaway, Slide Thru, Touch 1/4, Scoot Back, Boys Fold (*behind the Girls*), Ladies Chain, Flutterwheel, Slide Thru, Allemande Left, 2 Steps Home

Routine #5: Heads Star Thru, Pass Thru, Touch 1/4, Scoot Back, Boys Run, Square Thru Two, Trade By, Allemande Left, 2 Steps Home.

Routine #6: Sides Star Thru, Pass Thru, Touch 1/4, Scoot Back, Boys Run, Square Thru Two, Trade By, Allemande Left, 2 Steps Home.

Routine #3: Heads Star Thru, Pass Thru, Right and Left Thru, Pass Thru, Trade By, Swing Thru, Drop hands and Recycle (*Girls are Ends, so Girls Cross Fold as men Fold and follow*), All Pass Thru, UTB, Right and Left Thru, Allemande Left, 2 Steps Home

Routine #4: Sides Star Thru, Pass Thru, Right and Left Thru, Pass Thru, Trade By, Swing Thru, (*Girls are Ends*) Recycle, All Pass Thru, UTB, Right and Left Thru, Allemande Left, 2 Steps Home

Routine #5: Allemande Left, Promenade, Heads Wheel Around, Slide Thru, Swing Thru, (*Girls are Ends*) Recycle, Right and Left Grand, Promenade Home

Routine #6: Allemande Left, Promenade, Sides Wheel Around, Slide Thru, Swing Thru, Recycle, Right and Left Grand, Promenade Home

Singing Call

OBC

HEADS / SIDES SQUARE THRU, SWING THRU,
RECYCLE, BOX THE GNAT, RIGHT AND LEFT THRU,
DIVE THRU, ZOOM, SQUARE THRU 3/4,
ALLEMANDE LEFT, PROMENADE

FIGURE

HEADS / SIDES SQUARE THRU FOUR, TOUCH 1/4,
SPLIT CIRCULATE, HINGE, RECYCLE,
SWING THRU, GIRLS CIRCULATE, BOYS TRADE
GIRLS UTB, PROMENADE



SSD Lesson 12, Tip 6

Below are some random Patter routines you might want to use to test your dancers a little bit. Those with * would benefit from a walk thru!**

Routine #1: Heads 1/2 Sashay, All Circle Left, Four Boys go Forward and Back, Four Boys Square Thru Four, Step to a Right Hand Wave, Swing Thru, Centres Trade, Right and Left Grand, Partner Swing, Promenade Home.

Routine #2: Sides 1/2 Sashay, All Circle Left, Four Boys go Forward and Back, Four Boys Square Thru Four, Step to a Right Hand Wave, Swing Thru, Centres Trade, Right and Left Grand, Partner Swing, Promenade Home.

Routine #3: Sides 1/2 Sashay, Circle Left, Four Girls go Forward and Back, Four Girls Square Thru Four, Partner Swing, Promenade Home.

Routine #4: Heads 1/2 Sashay, Circle Left, Four Girls go Forward and Back, Four Girls Square Thru Four, Partner Swing, Promenade Home.

Routine #5: Heads Lead Right, Circle Four 3/4 to a Line, Right and Left Thru, Pass Thru, Wheel and Deal, Centres Pass Thru, Swing Thru, Boys Run, Tag the Line, Girls go Left, Men go Right, Allemande Left, Promenade.

Routine #6: Sides Lead Right, Circle Four 3/4 to a Line, Right and Left Thru, Pass Thru, Wheel and Deal, Centres Pass Thru, Swing Thru, Boys Run, Tag the Line, Girls go Left, Men go Right, Allemande Left, Promenade.

Routine #7: Four Ladies Chain 3/4, Four Ladies Chain Across, Heads Flutterwheel, Heads Square Thru Four, Right and Left Thru, Swing Thru, Swing Thru, Boys Run, Tag the Line, Girls go Left, Men go Right, Swing at Home.

Routine # 8: All Promenade,
Heads put your Lady in the lead and keep going Single File no matter what,
Sides Wheel into the middle, DoSaDo, (Keep going Heads)
Sides Slide Thru, Sides Square Thru 3/4, Look for your Corner,
Allemande Left, Promenade

Routine # 9: All Promenade,
Sides put your Lady in the lead and keep going Single File no matter what,
Heads Wheel into the middle, DoSaDo, (Keep going Sides)
Heads Slide Thru, Heads Square Thru 3/4,
Look for your Corner, Allemande Left, Promenade

Routine #10 : (ALAMO TRADES) (Give them time to process!)

Heads and Sides identify yourselves: (Say, "I'm a Head, I'm a Side.")

Stay Heads or Sides no matter what, Allemande Left, Alamo Style, Balance, Heads Trade, Boys Trade, Girls Trade, Sides Trade, Heads Trade, Boys Trade, Girls Trade, Sides Trade, Allemande Left, Promenade

Routine #11.

***** A must Walk Thru. Dancers must be aware of other dancers who might be temporarily in the way, and pause to let them continue.**

Heads Square Thru Four, Callers, Wait 2 beats and then say,

Sides Face, Full Grand Square, Keep going no matter what,

Heads pull by strongly on the 4th hand of your Square Thru and face out of the Square,

Heads Separate and go round to come down the Centre and Pass all the way Thru (Keep going Sides), Heads Separate, Go round to come into the middle,

Heads Square Thru Three, Allemande Left, Promenade Home.

Now let the Sides have a turn: Sides Square Thru Four, Callers, Wait 2 beats and then say, Heads Face, Full Grand Square, Keep going no matter what.

Sides pull by strongly on the 4th hand and face out of the Square,

Sides Separate and go round to come down the Middle and Pass all the way Thru (Keep going Heads), Sides Separate, Go round to come into the middle,

Heads Square Thru Three, Allemande Left, Promenade Home.

Callers This above Figure will be offered as a singer in Tip 7 if you wish to use it.

Singing Call

OBC

FOUR LADIES CHAIN 3/4, JUST HEADS ROLLAWAY,

FOUR MEN GO FORWARD AND BACK,

FOUR MEN SQUARE THRU FOUR, STEP TO AN OCEAN WAVE,

SWING THRU, CENTRES TRADE, RIGHT AND LEFT GRAND, PROMENADE

FIGURE

HEADS (SIDES) SQUARE THRU FOUR, RIGHT AND LEFT THRU,

DIVE THRU, DOUBLE PASS THRU, CENTRES IN, CAST OFF 3/4,

STAR THRU, DOUBLE PASS THRU, LEADERS TRADE, SWING, PROMENADE



Singing Call

OBC

FOUR LADIES CHAIN, ROLLAWAY, CIRCLE LEFT,
FOUR LADIES ROLL AWAY, CIRCLE LEFT AND THEN
ALLEMANDE LEFT, WEAVE THE RING
SWING AND PROMENADE

FIGURES 1 & 2

HEADS SQUARE THRU FOUR HANDS,
SIDES FACE GRAND SQUARE, (Keep going, no matter what)
HEADS SEPARATE AND GO ROUND INTO THE MIDDLE,
DOWN THE MIDDLE PASS THRU, SEPARATE,
GO ROUND INTO THE MIDDLE,
HEADS SQUARE THRU 3 HANDS,
SWING THE CORNER, PROMENADE

FIGURE 3 & 4

SIDES SQUARE THRU FOUR HANDS,
HEADS FACE GRAND SQUARE, (Keep going, no matter what)
SIDES SEPARATE AND GO ROUND INTO THE MIDDLE,
DOWN THE MIDDLE PASS THRU, SEPARATE,
GO ROUND INTO THE MIDDLE,
SIDES SQUARE THRU 3 HANDS,
SWING THE CORNER, PROMENADE

A FINAL NOTE:

Now that you have finished teaching the Calls of SSD, remember that your dancers now need Floor Time - lots and lots of it with familiar figures and patterns. Please do not be tempted to start introducing them to the Extended Applications of the Calls, nor be tempted to start teaching them the rest of the Mainstream calls. They've been learning SSD for the past 3 months, they are SSD dancers - let them dance SSD!



HOW TO TEACH SOCIAL SQUARE DANCING
12 Week Course

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