

**Region 5 Caller, Cuer, and Dancer Association (R5CCDA)**

In April the BCS&RD Federation Board of Directors will hold their AGM. We have 4 members on this Board - our Region 5 Delegates.

**Helen and Henry Hall**  
(helen3855@gmail.com)

**Bill and Marilyn Rose**  
(bilmar2@hotmail.com)

If you read the Federation President's newsletter on page 11, you will see a number of items up for discussion. If you have thoughts or ideas on these topics, contact a Delegate to get your concerns to the Board.

There is a suggestion afoot that the Federation Fees may be increased from \$5.00. You might have questions about this. You might want to know what Federation projects are ongoing and how these will help Square and Round Dancing in our Region. You can read the minutes and reports of Federation meetings on the website [www.squaredance.bc.ca](http://www.squaredance.bc.ca)

Note the recent motions for projects to enable ideas, access money, form action teams. Find out how the Federation spends your money.

Note that some Executive Officers' positions are coming vacant at the August AGM. Why not get involved - find out how you could serve and ask your Delegates how the Federation operates. (Don't forget the Handbook. There are hard copies in our Region and it can also be read online on the Federation website). Go browse this website (and our Region website) - there's a ton of interesting information about Square and Round Dancing in the province and our Region.

[www.r5ccda.squaredance.bc.ca](http://www.r5ccda.squaredance.bc.ca)

Nick Turner - R5CCDA Secretary

**Hmm - Square Dancing and Trash Cans ? Sounds Interesting !**

American square dance caller, **Allan Hurst** reports that he occasionally runs into a situation where there are only 6 people available to make a square. On one such night, the dancers noticed two garbage cans (with lids) on wheels at the back of the hall. After some discussion, it was decided to try and use these trash cans as "dancers" to fill empty spots in the square. After a bit of adjusting and a lot of laughter the dancers were successful. Over time the "Garbage Can Tip" became quite popular and was often requested, even when there was no shortage of dancers.



Such an event sounds like it could be fun and would certainly liven up an evening. Photos of such an activity could make for an interesting press release. If you would like to try the "Garbage Can Tip" below are some of the guidelines that Allan Hurst has developed.

**DANCERS**

- The dancer who starts interacting with a garbage can at the beginning of a call, is responsible for moving the garbage can into place for the next call.
- If the dancer moving the garbage can has to step out of place to do so, wait an extra beat to let them move back into place before saying the next call.
- If the garbage can hasn't needed to move for one or more calls, the dancer nearest to it is responsible for getting it moving when appropriate.
- More than 2 garbage cans in a square is too confusing for all parties concerned.

**PERFORMANCE & TIMING**

- Call a bit more slowly than usual.
- Expect to cue more frequently than usual. "Don, you need to finish turning thru with your garbage can partner." "Someone needs to help that garbage can boy do his u-turn back..."
- Resist the urge to stack calls without warning. If you stack calls "in real time," your 2nd or 3rd call is likely to not be heard by the dancers, who will probably be laughing and shouting as they try to get the garbage cans moving.

**CHOREO TIPS**

- Keep choreo simple, and stick to standard applications as often as possible. Everybody has to move.
- At any level, "8-person" calls work the best with two garbage can dancers.
- Singing calls are a lot easier if the garbage cans are girls. Dancers will quickly figure out they can just "roll the girls" to the next boy in sequence.

**PRACTICAL MATTERS**

- Only use garbage cans with snug lids and empty the can before dancing with it.

So the next time you only have six or seven people squared up ... search for a garbage can....or even a chair with wheels. (*Let the Cariboo Connection know how you make out.*)



# REGION REFLECTIONS

## Williams Lake Stampede Whirlaways by Gil Mc Call

Here we are in a brand new year and 2014 will be a busy one for the Whirlaways. Our annual Christmas Dinner and Dance was again a big success. The new dancers joined with the Mainstream gang to enjoy a scrumptious festive dinner. Then we all danced to the seasonal ditties as performed by our caller, **Nick Turner**. Instead of exchanging gifts, we contributed non-perishable food items for the less fortunate. However, **Ellen Wiege, Kae Stafford, Marie Gibbons and Mary Anne Turner** were all presented with small gifts of appreciation for service above and beyond the call of duty... a most worthy foursome.

March Merriment Night will be held on Saturday, March 1<sup>st</sup>, with Pre-rounds at seven o'clock and Mainstream dancing at 7:30. After the dance, we'll all enjoy pie and ice cream. Club members, kindly bring a couple of pies. Those not consumed at refreshment time are then auctioned, with the proceeds going to the Child Development Center. The CDC plays an important role in our community. I can just taste those pies as I type this report. Out-of-towners will be made most welcome. See you there!

People keep asking... "What is the theme for this year's Williams Lake Jamboree?" Well, I can tell you the theme is NAUTICAL...and look through this edition for the ad with many of the details. Captain **Dustin McGifford** will be here again as our guest caller... and all of us will be 'cruising, man'! As usual, there will be some great intermission entertainment. Please note: the Jamboree will be at a new location this year. All the action takes place at the Mountview School on the Dog Creek Road on May 23, 24 and 25. There'll be lots of dryland parking. If you require more info, call President **Marie Gibbons** at 250-392-5360 or **Nick and Mary Anne Turner** at 250-392-2432. Ship Ahoy!

BUENOS DIAS AMIGO - **Madge** and I have just arrived home from Mexico, where we attended the wedding of her grandson Kyle Allan and Tara Mason. The event was held at an all-inclusive resort in Puerto Vallarta. About fifty friends and relatives traveled from B.C. and Alberta to take in the happy event... all you could eat and drink... and lots of fun !

Other than the wedding itself, we took in several 'excursions'. The very best of these was called Rhythms of the Night—a celebration of life. We started with an hour-long boat ride to Las Caletas, where we disembarked and were fed a marvelous dinner. Then it was on to the outstanding amphitheatre, built into the side of a huge and colorful hill. There was no electricity at the site and it was lit by thousands of candles and torches... absolutely beautiful. The show itself is a celebration of life...a mystical journey through the heart of man. We watched as the highly talented cast took us through the ancient rituals that honor life and love transcending the past, present and future. Everything from the boat ride, the setting, the dinner, the show...all was brilliant. The dancers especially were awesome. If you're ever in that area, this extravaganza is a must. We also visited a tequila center at San Sebastian. The owner delivered an interesting talk about making this product AND he gave us several samples. Of course I bought a bottle to enjoy in our cold weather. Boy, it really warms you up!

Ahoy There!  
**Let's Get Nautical**



**Williams Lake Mainstream Jamboree**  
May 23-25, 2014

Set sail on the SS Whirlaway for a Weekend of High Seas Hi-jinx.  
Weekend Package \$35.00 each

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Note our NEW LOCATION

Mountview School  
1222 Dog Creek Rd  
Williams Lake, BC

**Friday - Anchors Away - \$6.00 each**

**Embarkation Information**

7:30 PM Pre-Rounds  
8:00 PM Mainstream Dancing

Caller: Nick Turner  
Cuer: Mary Anne Turner

(No Panel of Callers/Cuers until Sunday.)



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	<p><b>Saturday Morning</b> 10:00 - 11:30 AM</p> <p>Enjoy a Round Dance Social with Mary Anne and Nick Turner Phase II+</p> <p>\$6.00 each</p>	<p><b>Saturday Afternoon</b> 1:30 PM</p> <p>Let's Rock the Boat at <b>Dustin's Deck Party</b></p> <p>\$6.00 each</p> <p>Nautical Treats Included</p> 	<p><b>Saturday Evening</b> 6:00 PM</p> <p>Supper Buffet on the SS Whirlaway Lido Deck</p> <p>\$12.00 each</p>
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Free dry camping but as the school is operating, please do not arrive until after 4:00 PM

No smoking is allowed anywhere on School District property

Clean, soft-soled indoor shoes requested for all events.

For Info Marie 250-392-5360

Nick 250-392-2432

**Saturday Night - The Captain's Ball**

7:30 PM Pre-rounds with **Mary Anne Turner**

8:00 PM Mainstream Dancing with Our Featured Captain: **Dustin McGifford**

\$6.00 each



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**Sunday**

Guest Callers and Cuers welcome

- Enjoy a Continental breakfast and casual dancing before disembarking - \$6.00 each

8:30 AM - 10:00 AM - Breakfast is Served  
9:00 AM - 11:00 AM - Mainstream Dancing

## Lac La Hache News by Bill Rose

The Lac La Hache Caribooters are still dancing every Monday at 1:30 p.m. for rounds and 2:00-4:00 p.m. for squares. We have been getting enough dancers out to fill two squares each time (up until the New Year). The flu has taken its toll on our members and we are only getting 13 dancers out now - but that gives us a few extra people to allow for some to rest between dances.

On November 4th we had two full squares but we were short of ladies! That was unusual as normally it is the other way around. To solve the dilemma, **Bill Rose** donned a skirt and head band and danced the whole afternoon as a lady. He actually did quite well and got less confused than some of the men who were laughing at his actions. (It was a really fun day and I would not hesitate to try it again!)

On November 14th we danced at Mill Site Lodge in 100 Mile House. We had two squares available to dance in the tight quarters and were able to entertain the large group of residents. This was arranged by one of our members, **Hazel Parker**, who was one of the new residents present. After dancing we were served tea, coffee or juice with some delicious homemade cookies.

On December 9th we celebrated our Christmas Party with a potluck dinner. We danced from 1:30 to 4:00 p.m., varying between rounds and squares. We followed the dancing with a lovely dinner cooked by our members. Santa Claus (**Art Schoenknecht**) made an appearance and gave out gifts to members who had participated in a \$5.00 gift exchange. After Santa left, the members presented **Helen and Henry Hall / Dave and Bev Abbs** with a selection of gifts to say "THANKS." If it wasn't for Helen and Dave, who come out faithfully every week, we would not be dancing.

On December 31st, we got together in the afternoon at our usual times (1:30 p.m. for rounds and 2:00 - 4:00 p.m. for squares) to celebrate an early New Year. This was followed by a delicious potluck dinner with turkey, ham and all of the wonderful trimmings - stuffing, cranberries, etc. Then we had an assortment of "DIET FREE" desserts. As our members are aging, they are not willing or able to drive at night, so this was a way to celebrate and be home before darkness. At this time, we would like to wish all dancers in Region 5 a happy and prosperous 2014.

On January 14th, we danced at Carefree Manor in 100 Mile House. We had only one square to begin, as a few of our members were attending a Hospice meeting. Once they arrived, it gave some of the others a chance for a break. We enjoy dancing there as the residents really appreciate it and they show it by singing and tapping

along with the music and dancing. After dancing, we were served tea, coffee or juice along with our requested traditional cinnamon buns, hot out of the oven. We have become known as "The Cinnamon Bun Dancers."

We have been trying to recruit new dancers by placing posters at the Post Offices and malls in 100 Mile House, 108 Mile and Lac La Hache with no success so far. A suggestion was made that we should try going to schools in our area to do demos. Students today seem to be interested only in e-mailing and texting!

During March we have two of our members celebrating milestone birthdays. **Jim Milliken** will be turning 93 and still lives in his own home and dances with us every week.

**Art Schoenknecht** will be turning 94 and has lived at Carefree Manor for the last year. He comes out to Lac La Hache regularly to dance with us and he drives himself to and from. Recently Art has had some health issues that have temporarily slowed him down. We wish him a speedy recovery and look forward to seeing him back on the dance floor soon.

One of our other members, **Vic Green** from Sulphurous Lake, has also had some health issues. He is under a doctor's care and is on the mend, however. We also look forward to seeing him and **Irene** back dancing soon.



## Mile Zero Grand Squares (Dawson Creek)

by Jean Smith

We started dancing the end of September with two new couples and one new student. On most regular dance nights we have three full squares and on some nights there are four squares. Our dances are held in the Sudeten Hall every Monday at 7:00 p.m. until the end of March. We have 12 student dancers ranging from 8 to 15 years old. One family provides us with 6 children age 8 to 15. They are very good dancers and are progressing quickly.

Bernie & I had some health issues this past year and were unable to travel to many jamborees. We have both recovered in the past few months and plan to attend more dances this summer. Fortunately we were both under the weather at the same time. Hopefully this is all behind us now and we will enjoy 2014.

Bernie was asked to teach at the Spirit River School in Alberta. He accepted and we took 4 of our dancers (square angels) to help us. There were 5 squares of students from grade 10, 11, & 12. Bernie taught them in a Sicilian circle for the first 15 minutes then put them into squares. I must say this group of students were very well behaved and learned very quickly. It was a pleasure to teach them. The teacher who invited us said she will be calling us again in February. We think it is very important to go to the schools and teach square dancing. Perhaps the children will talk to their parents and get some adults interested in square dancing.

On the last Monday before Christmas we had an organized potluck supper. Bernie & I supplied the turkey and ham, everyone brought vegetables, condiments and a huge variety of desserts. Supper was served at 6:30 p.m. followed by square dancing, round dancing, contra dance and spot dances. We were paid a surprise visit from Santa Claus. He joined in the festivities by calling a square dance. It was an enjoyable evening for all.

**(Bernie and Jean recently celebrated their 50th wedding anniversary. Congratulations!)**

**Skeena Squares (Terrace) - Mary Anne Turner**

Last year, the Skeena Squares were inactive due to a shortage of members. However, **Ron Murphy** reports that they have enough dancers this season and are going to start up again. This is good news! They do not have a caller but long time member, **Diane Weismiller** has assumed the responsibility of planning lessons, instructing the dancers and obtaining resources that will allow the dancers to dance. Way to go Diane! Good luck to the Skeena Squares.



**It's that time  
of year  
again!**

**March Merriment Night  
with the  
Stampede Whirlaways**

**Saturday, March 1, 2014  
Child Development Center  
690 North 2nd Avenue  
Williams Lake, BC**

7:00 P.M. Pre-Rounds - Mary Anne Turner  
7:30 P.M. Mainstream Dance - Nick Turner

\$8.00 each

**After the dance, enjoy pie & ice cream.  
Dance, Eat, and Be Merry !**

(Extra pies will be  
auctioned after the  
dance. Proceeds will  
go to charity.)



Marie 250-392-5360

**KAMLOOPS SQUARE DANCERS  
SWEETHEART SWING**

**Saturday February 15th, 2014  
at  
St. Paul's Cathedral 360 Nicola St. & 4th  
Ave**

**Caller: Jerry Jestin Cuer: Wendy  
Winterhalder**

**Afternoon Plus  
Pre Rounds 2:00-2:30 Squares 2:30 - 4:30**

**Mainstream  
Pre Rounds 7:30 Squares 8:00 - 10:00**

**\$10.00 per person Coffee 10:10**

## **Prince George Northern Twisters** by Julie Skead

Again, appreciation goes out to the dancers who regularly help with chairs, snacks, coffee, and hall clean up every Monday, and our 'on their toes' volunteers who plan, shop, man the kitchen, make, set up decorations for all our 'special' dances. What's impressive is the dedication of 5 squares of Beginners, Mainstream, Plus dancers, and both beginners and experienced Round dancers who seldom miss a Monday enjoying familiar faces, laughter, exercise, confidence and challenges.

We sure admire our caller and instructor, **Gys Koops**, with **Don Hollis**, **Dolores Young**, **Maurice Mingay** and **Dillon Dawson** taking turns. We also appreciate our round dance cuer, **Don Hollis** and also **Dolores Young** who steps in now and then. Don continues to coach Round dancers and some dancers also meet for Two Step Round dancing instruction with **Barb and Gary Dean**.

Oh my gosh, a salute goes out to our caller, Gys Koops, for tackling the transition from records and turntable to a laptop! There's no senior out there who doesn't hold that in high esteem! Most agree, however, that the music's tempo is faster with the computer! Gys likes that the music selection available seems unending, but kind of liked, with vinyl, being able to see at a glance how much of the piece is left. He says that no matter how many songs you have access to it will never get heavier to carry!

Our November Snowflake supper and dance brought out 60 smiling faces, many in theme colors. The workshop attracted 3 squares. The guest caller was **Ken Sipe**, from Edmonton, who guided us for example, in brushing up on 'Grand Spin' and 'Track Two'. We all admired the work of the decorating team, who once again made our evening even more special.

Over 70 dancers enjoyed the fruits of their cooking and dancing labor, at our Christmas dance. Julie and Ray's grandchildren sampled 'dirt cake' for the first time, thanks to Pearl and Kevin, mainstream dancers who recently moved from Mackenzie. Gys, Gary Dean, Maurice, and Don kept us hopping. Gys and Maurice gave us a singing call duet, and shared the calling within a song! The decorating crew is to be thanked again, also those who come early and stay late to do set up and take down, and take over kitchen responsibilities. Lots of meeting and greeting was happening throughout the evening.

Also in December, a square of dancers entertained the seniors at Parkside Care Home and Gateway Lodge.

Hats off to **Dillon**, our Grade 12 dancer, who has taken to teaching himself violin by ear. Because he had a performance at PGSS, we were his dress rehearsal, our last dance night of 2013. Dillon is taking part in the Old Time

Fiddlers' jam sessions now, at the Elder Citizens Recreation Centre. Maybe I should have polled our dancing community for other daring souls, but Dillon tells me he joined in the annual Polar Bear Dip in Ness Lake on New Year's! Great!

We love it when people return to dancing after months or years off. Welcome to **Bob** and **Gail Viergever**, **Robert** and **Missy** commuting from Houston, **Kevin** and **Pearl** previously from Mackenzie, and **Karen Foster**. Your files of knowledge are welcomed in our squares.

25 Year Honorary members, **Eugene** and **Myrtle Nesbit** have offers on their Salmon Valley acreage and home. Taking senior years with a grain of salt, Eugene tells me that an issue with his leg muscles is temporary, and his plan is to dance one tip a week to get those muscles strong and reacting quickly again. His wife, Myrtle, and daughter, Lyn are always up dancing, often helping us out by taking the gentleman's part. Thanks, also, to Glenda, Dolores, Krystal, Lavinia and any others, who jump in and do the same.

**Lavinia Ouellet** slipped on ice on New Year's and is in lots of pain but recovering at a good speed - has a broken hip, the bone surrounding one of her titanium transplants! She WAS walking cautiously and doesn't wish that one second slip on anyone. 'Stay home!' We're certainly wishing her the best.

**Ray** put in some volunteer time at the Railway and Forest Museum over their 2 week Christmas theme at the park, keeping the bonfire going, entertaining with his guitar and conducting for rides on the mini electric train. **Maurice**, **Gervin**, and **Ray** sang with the Forever Young choir for both care homes and public venues over the Christmas season.

**Gervin** and **Cathy** welcome 4th grandchild, Nathan, and 5th, Myra, in the New Year. Isn't Life so good to us!

Our Spring Jamboree will be June 6-8th. We are looking forward to caller/cuer **Jerry Jestin**, who grew up in Canada then expanded his career in Texas while attending university. He now enjoys and works out of Yuma,



Arizona, with his wife, **Janice**. They have calling and cueing articles and original albums, and call in Canada, USA, Australia, New Zealand, and Europe. They have instructed Rounds, Squares, and Clogging in Yuma and at a

Yellowstone resort in Montana. Gys reports that Jerry and his wife are looking forward to staying with the Deans, and that Jerry was in Prince George as a teen and called for our club. He lived at that time near Red Deer Alberta.

Anyone wanting their family news, interests, travels to be in the next newsletter, please e-mail me.

**juliamcgowan@gmail.com**

## Vanderhoof Drifting Squares by Sandi Jespersen

I don't think I said thank you to the BC Square and Round Dance Federation for helping us with start up money this past fall. We couldn't have survived this year without it and it has made our year so much less stressful. Thanks again.

In November we averaged 12 dancers per night but on Nov 28th we were to dance at Riverside Place (an independent assisted living space for mostly seniors) **Gys** braved horrible roads and we had only 7 dancers. Luckily, **Anna Ventin** (she's married now and I'm not sure of her new name) was visiting family and although she is a non-dancer she danced very well with us. We pushed and shoved (gently of course) and she did so well!! When she had to leave, Gys turned the records over and joined in the dancing. Many thanks to Anna for helps us.

We have a new dancer - **Kaye Dube**. She joined us in November as well. Poor weather has prevented her from dancing with us every week but she is trying. Hope to see her out in the New Year.

**Dolores** and **Sandi** are working hard to put new moves on the floor (for our new dancers) and keep the Mainstream dancers busy. We have tried "Grand Sashay" and "Swat the Flea" and also included some classic music ("Does Your Chewing Gum Lose Its Flavour...") as well as recent country and western songs and ballads. Our dancers seem to like our choices so we will continue.

Our Christmas Dance was on a miserable night! Gys came out but unfortunately no-one from Prince George was able to come to our Pot Luck and Dance that night. We missed them. We had 13 dancers and we kept "Merry and Bright" and "Decked the Halls" with busy footwork Great food (full turkey dinner) and lots of laughter.

Happy New Year! In January, the cold weather, loads of snow and slippery roads haven't kept us down. Gys comes out faithfully (for which we are very grateful) and we always have a square and a few spare dancers. We have, so far, always been able to dance to a full square, so despite poor weather, we are grateful once again for an eager group. They support Dolores and Sandi in their calling efforts and are "angels" when helping out new dancers.

We continue to dance every Thursday (except when there is a 5th Thurs in a month) and welcome you to join us. Rounds at 6:30, beginners' dancing at 7, Mainstream sprinkled through the evening. If we have enough dancers, we sometimes throw in a contra or two but this year there hasn't been one.

\*Note: I would like to thank who ever it was that dropped a box of clothes (and a gift) on my door step last week. Don't know who it was - but the dresses have been passed on and will make someone happy. Angels abound.....

In December, I decided that since my mom was not doing well, it was time to visit. The trip south was pretty good. We got into Kamloops very early in the morning and through Merritt for a short stop about 7.... NO SNOW!!!! Very enjoyable! The rest of

the trip was slow (not sure why) and I arrived into Chilliwack an hour late.

My week with my parents was tiring. My Mom is suffering with memory loss and weakened limbs. She has just recovered from a broken arm so my trip south was to give my siblings some respite and to have an early Christmas dinner (I was there about the 18th of Dec.)

The trip back was anything but relaxing. We traveled through the Fraser Canyon on the return trip and there was far too much snow. The bus went very S-L-O-W-L-Y- but I was thankful because the road was very bad!

We got into Vanderhoof about an hour late..... and **Bob** was there (after midnight) to take me home.

The trip is always worth it but I'd rather do this kind of trip in a better season. I hope all of you had a great Christmas and safe travels.

# Dancing in the Stars



Featuring: **Jerry Jestin**  
Caller/cuer

**June 6 & 7, 2014**

Venue: Hart Pioneer Center  
6966 Hart Highway  
Prince George, B.C.

**WEEKEND PROGRAM**

June 6	7:30 to 8:00	Pre Rounds - Panel of Caller/Cuers	
Friday	8:00 to 10:00	Dance	\$8.00
June 7	1:00 to 3:00	Fun Work Shop	\$8.00
Saturday	3:30 to 4:00	Dance Around Mr. P.G.	N/C
	6:00	Dinner <u>RSVP May 1/2014</u>	\$18.00
	7:30 to 8:00	Pre Rounds	\$14.00
	8:00 to 10:00	Mainstream	

RSVP for Dinner to: Glenda - 250 563 7743 (any time) by May 1<sup>st</sup>, 2014  
Gys - 250 563 4228 (Tues-Sat 10-5)  
Reta - 250 962 2760 (any time)

Pre-Registration by May 1<sup>st</sup>, 2014: G. Matthews  
112-2692 Uplands St.  
Prince George, B.C., V2L 2W3



### An Interesting Fact !

In emails, on posters, and in newsletters the 3 most mis-spelled names in our region are

Mary Anne Turner  
Gys Koops  
Jerry Jestin

## Southeast Asia Adventures by Glen Davidson



My wife, Cathy, and I recently visited 2 countries in southeast Asia, Indonesia and Thailand. We left in late September and returned to Canada in mid November. We had many reasons for going - exploring new countries, warm weather, meeting new people, experiencing new cultures, seeing new birds and wildlife as well as a visit with my sister who is teaching school in Jakarta. We started our trip with a 3 day stay in Jakarta to have our first of a few visits with my sister and to get over the jet lag. I have to be honest - Jakarta was not my favourite city. Fighting traffic congestion and breathing vehicle fumes is not my idea of having a holiday. We did, however, have a great visit with my sister and were able to experience some Indonesian foods and culture.

Our next stop in Indonesia was the fabled island of Bali. Bali is quite different from the island of Java where Jakarta is located. First off the people are primarily Hindu whereas Java is primarily Muslim. I am not sure if it is the Hindu religion or because the Balinese are largely dependent on tourism but we found the people to be very friendly and helpful and they had a quiet self confidence that made it very easy to make friends and to communicate. Bali has many tourist destinations centered around the many beautiful beaches but also has a large agricultural industry. Rice is the primary crop but in this warm climate they can also grow many other crops including coffee, coco, mangos, root vegetables, corn, and many (unknown to me) fruits. Cathy and I were able to experience the touristy beach areas, a quiet eco stay in an agricultural area in the mountains as

well as world class snorkelling on the north beaches. Our 10 days in Bali went by very fast and my fondest memory is definitely the snorkelling.

We next met my sister for 2 weeks in Thailand. The people of Thailand are largely Buddhists and they love to build beautiful temples. There are over 4000 temples in Thailand. We started our trip in Bangkok and did bus and boat tours to some of the most famous temple sites, some dating back many centuries. Leaving Bangkok we traveled south to experience some of Thailand's famous beaches in the Phuket area. We enjoyed the swimming and snorkelling but it definitely wasn't as nice as Bali. From Phuket we travelled to the ancient city of Chang Mai in the hill country of northern Thailand. Northern Thailand is famous for it's trekking adventures, temples, hill tribes and elephants. We spent our week in this area visiting temples, doing bike and hiking tours and we also spent a day at an elephant rescue centre. Here the owners rescue elephants that have been injured in the logging or trekking industry. They have 80 elephants at the farm and Cathy and I got care for the elephants including taking them into a nearby river for the daily bath.

The final week of our holiday was spent in Borneo to see orangutans and do some birding. We had managed to book a 5 day tour in the southwest corner of Borneo on a traditional style boat that travels up narrow jungle rivers. There was lots to see including many species of monkeys, the shy orangutan, and exotic tropical birds. The boat was large enough to accommodate Cathy and I and a crew of 4 which included our English speaking guide, the captain, a deckhand and a cook. It was quite an experience and you felt like you were on the African Queen with a noisy old one cylinder motor thumping away seated beside Humphrey and Katherine cruising up a narrow jungle river. We visited the Leechy orangutan rehabilitation centre where they re-introduce orphaned orangutans back into their native habitat. They continue to feed the orangutans at feeding stages and tourists can pay to visit these feeding stations. The money would be used to help run the program. Being able to get up close and experience and photograph these beautiful animals was amazing. Our crew also took us to visit local villages and we were able to participate on an all day hiking trip with a park ranger guide which included camping in a tent in the jungle for a night. Besides the orangutans, my fondest memory of Borneo is the thousands of fire flies in the warm tropical evening as were tied to the river bank. They were like thousands of Christmas lights flickering on and off. Our guide was a great birder (self taught) and he was able to point out many species new to us. He could imitate many of the birds and could identify most of them simply by their call.

We went through a lot of airports and stayed in some very large cities but overall we had a wonderful trip. If I had to pick a place to go back to it would definitely be Bali although Borneo would run a close second.

## Trip to Ireland - Part 2 - John Tutte and Del Hustwait

Date - July 23, 2013 to Sept 12

Reasons - John's grandparents came from Belfast and Del's came from Clonakilty. We received a message that Del's cousin had been to Ireland and had looked up their relatives' house named Muckruss House in County Cork. The people who owned the house were not relatives, but graciously invited him in and made him feel very welcome. We were told we would be welcome as well, so we contacted Muckruss House and were invited to come and stay for a couple of days. With this invitation we could hardly not go so we decided to make a six week tour of Ireland.

Well-- Del cannot fly so we went by Am Trak across the states to New York and the Queen Mary 2 to South Hampton, England, then London to Holyhead, Wales, by train and by ferry to Dublin.

The trip by Amtrak was good but the upper berths are small. That summer was very wet across the plains and the train tracks were flooded in many places. The train just crawled very slowly with the water over the tracks at times.

Our biggest mistake was not leaving enough time to get to New York in time for the Queen Mary departure so we were afraid the train would not arrive on time. As it turned out we survived the flood and did get there on time. We stayed in New York overnight with enough time for a walk about. The next morning we boarded the Q M 2 and settled in for 7 days and nights of luxurious living. What a ship!!! 3,000 passengers and 2500 Staff ! Three football fields long and 13 decks. Boy, we get lost several times! With great meals, dancing lessons every night, a 100,000 book library, cocktail bars everywhere with live music, we had a grand time.

Arriving in Dublin we checked in to the 16 day bus tour we had previously booked. This tour was to take us around the outside of Ireland. It was a great tour with a guide who we could understand. So many places to see. Too much to tell here, maybe another time.

When we finished the tour we got a bus to Ardmore which is in southern Eire (Ireland) The hostess of Muckruss House picked us up and took us to her home - castle, palace?? A typical 400 year old stone home. The walls are 2 feet thick of stone and cement. Can you imagine trying to plumb and wire that house! This is a one thousand acre dairy farm now and the family is committed to that lifestyle.

There was a bauxite mine connected to the farm and the story goes that Del's Grandmother used to sneak away to meet the mine manager, Arthur Sumne At "Contemplation Point." At first they were kept apart by Gramma Georgina's parents, but eventually they eloped (helped by the horse groom] and were paid to go to Canada. (So grandmother became a remittance woman.) This was allowed to happen so as not to disgrace the family because the groom was English and the Irish and English did not get married!!

We had a great time there catching up with all the history. After that we spent a week in Dublin touring and seeking more of John's history. We took the ferry back to Holyhead, Wales and spent 3 days on the seaside, the train to Southampton and the QM2 to New York, AmTrak to Vancouver and home. A great trip. Recommended to all.

## Christmas in Vancouver by Nick Turner

This year we decided to have a little Christmas getaway and joined **Wells Grey Tours** for a trip to Vancouver via Harrison Hot Springs.

In Vancouver we stayed at the **Vancouver Hotel** - a very splendid old lady that has recently undergone a \$70,000,000 renovation. We attended two theatre productions - *Snow on Salt Spring Island* and an excellent performance of *Mary Poppins*. (We were seated center stage, four rows back.)

We also saw the Christmas lights at the **Van Dusen Gardens** - outstanding! - and went to the **Vancouver Aquarium** on Christmas Day and were surprised to find it very crowded.

Our Christmas dinner at the hotel was incredible, a colossal buffet with a great deal more than "all the trimmings." The desserts took up an entire room. We have to say this feast rivaled a Square Dance potluck!

We highly recommend these kind of tours - no hassle with driving as a professional does it all. No hassle with parking as the coach delivers you right to the venues. All your luggage is taken to and from your room.

Just sit back, relax and enjoy - we certainly did.

### A Generous Surprise

A few months ago, the Williams Lake square dancers were saddened by the death of long-time club member **George Kroener**. George really enjoyed his dancing and always turned up to support the club.

Even in his last days, George was thinking about his square dance club and we discovered that he had left a bequest to the Whirlaways in his will!

We really miss George but his generosity has allowed us to purchase some additional hearing assist units. Now others can continue to enjoy the hobby that George so loved.

## Looking Back



Do you remember when Rip 'N Snort, Swat the Flea, Crosstrail Thru, Dixie Chain, Dixie Daisy, Divide and Square the Barge (and others) were all part of the Mainstream Programme? Now these calls are long gone.

Do you remember when new calls were brought out Quarterly, danced for a couple of months and then discarded or moved to the Plus list?

Remember the fuss about APD, DBD, SP?

Things today, thankfully, are less confusing and our programme lists stay fairly static - but there is a strong movement afoot to shorten the Basic and Mainstream lists so that new dancers can learn to Square Dance in 12 - 20 weeks and the world will be dancing the shortened lists.

Remember when new dancers at your club numbered 4 or 5 squares every year and they all attended faithfully every week for 30 weeks? Even better, most of them came back next fall and danced for years with the club.

Remember when almost the entire club would travel to their Region Jamborees and often a group would carpool to travel a couple of hundred miles to attend a weekend dance somewhere in the province, dance and party all weekend and travel home late on Sunday ready for work the next day? Oh to be young and enthusiastic again!

Do you remember when we learned complete round dances, rather than steps, in a Round Dance class? That meant learning possibly 20 figures in a one or two hour session. Do you remember when Round Dancers were expected to memorize all the dances taught as there was no cueing?

Do you remember when, not so long ago, a Cuer had to post a list of the dances to be cued at a dance and this list was posted on a board on the stage? No deviations allowed!

Remember when cuers would come to your town to put on a weekend workshop - something exotic like a Rumba, Cha Cha or Foxtrot with a wind up dance?

Remember when Region 5 was made up of three separate Regions (5, 6 & 7) and there were clubs in Green Lake, 70 Mile, Lone Butte, 150 Mile House, Miocene, Alexis Creek, Tatla Lake, Quesnel, Hixon, Fort St. John and Mackenzie and probably more that I have forgotten

Square Dancing is definitely changing - can you change with it?

## Can You Properly Name The Dance Organizations That You Belong To?

In Williams Lake, our Jamboree has often been held in a school. There are very few other venues available that are suitable to our activity.

We have been told, however, that the school board is going to pass a new policy with regard to renting schools to user groups. Of course the prices are going to rise dramatically but one other feature of their new policy is that user groups must have their own liability insurance.

This is happening more and more often in the square dance world but fortunately, when we all pay our yearly fees, liability insurance is included for us.

One of the requirements to receive this insurance coverage is that the dancers and clubs must be members of the local, provincial, and national square dance organizations.

So, if you paid your fees this season, you are, indeed, members of these organizations.

And yet, in talking with people, reading notices, and websites, etc. most dancers can't even properly name these groups they belong to!

So.....in summary you belong to.....

•your local **club**

• your regional organization and it is known as Region 5 Caller, Cuer, Dancer **Association (R5CCDA)**

Website: [www.r5ccda.squaredance.bc.ca](http://www.r5ccda.squaredance.bc.ca)

• your provincial organization known as the BC Square & Round Dance **Federation (BCS&RDF)**

Website: [www.squaredance.bc.ca](http://www.squaredance.bc.ca)

• your national organization known as the Canadian Square & Round Dance **Society (CS&RDS)**

Website: [www.csrds.ca](http://www.csrds.ca)

Challenge yourself to learn these names!

## Are You Making the Most of Publicity Opportunities for Your Club?

Of course we should all know by now that it is important to keep square dancing front and center all through the year, not just when we are recruiting new dancers. We also know that when the club is participating in an activity of community interest, someone in the club should take a photo, write a press release and send it in to the paper. We should let the community know of the good exercise and camaraderie that is happening in our towns. **Don't keep it a secret!** Of course we must remember to make sure we are reporting 'news' and not just seeking advertising.

Editors are often looking for this kind of article, especially for the community section. They particularly like it when the work is 'print-ready'. If your town has an on-line news site, they also love to receive these kinds of human interest articles, too. Don't overlook this promotion opportunity.

But aside from press releases, we also know that there are other more modern opportunities for publicity. I am talking of using social media, of course. I know that many of you say you can't be bothered with that kind of stuff but if we are to spread our message in today's world, someone in each of our clubs needs to bite the bullet and learn what YouTube, Twitter and Facebook are all about. These are all effective ways to pass our information to others whether they be dancers or non-dancers.

I offer, as an example of exploring social media, the latest Williams Lake Snowshoe Dance. It was held at the home of **Glen and Cathy Davidson** in Williams Lake. Dancers donned snowshoes and danced in a snowy field to caller **Nick Turner**. Glen Davidson took a video of one tip and **Mary Anne Turner** took photos. They took the photos and video from up on a sundeck so the formations could be easily seen.

Now what? Of course, the photos can be used for a press release. Mary Anne put Glen's video on YouTube where it is available for all the public to see. It had received 175 views (and counting) just one day later. Not viral by any means, but pretty good for the local square dance world.



Mary Anne then used her Twitter account **@TurnerNM** to post a link to the video with this message "*Fun & exercise at #WilliamsLake annual snowshoe #squaredance party. Video at <http://bit.ly/MnaU0t> and club info at <http://bit.ly/1hGvAue>*" The Twitter rules are that your message can only be 140 characters long so it is a bit of a challenge to say what you want, but it can be done!

Mary Anne has cultivated several local organizations as Twitter followers so they also will have seen her message. They include places like the radio station, local TV, local recreation center, the arts center, several community leaders, etc.

She also sent a similar 'tweet to ParticipACTION' in response to a comment they had made about winter fitness fun. ParticipACTION has over 10,000 followers so they would have seen the message.

Her tweet was also seen by the BC Square and Round Dance Federation publicity person, **Brian Elmer**, who then wrote a news article about it and posted it on the BCS&RDF Twitter account **@bcfeddancenews** as well as on the Federation Facebook page at <https://www.facebook.com/BCSquareAndRoundDanceFederation>

I know - it seems scary and confusing but if square dancing doesn't join in on the social media popularity, we won't even exist to the upcoming younger age groups. Bite the bullet and start exploring. Set up a twitter account and pick out a few people to 'follow'. The Federation twitter account mentioned above would be a good place to start. Also check in on the Federation Facebook page at the link above and read the news, make comments and then maybe set up a club Facebook page. You can start small - but start!



Yes, the turkey, stuffing, good gravy and all those other festive goodies are gone as we enter into a new Calendar Year with hope and anticipation of a Great Year. Delegates please make sure the following information gets out to your Dancers.

By now you should have received your 2014 Membership Cards. Our Registration numbers are up slightly for B.C. over the same time last year. Please remember we are taking Late and New Registrations so have them in to your Region Treasurer/Registrar by February 1<sup>st</sup> and/or March 1<sup>st</sup>, 2014, so that Pat Zeeman will have them by Feb. 15 and/or March 15, 2014, to send them on to the Canadian Society. We have a New Insurance Company this year looking after the Canadian Society Insurance so hopefully things will run smoothly. If you require a Named Certificate of Insurance please use the application form on the Canadian Society Website found in the Membership/Insurance section.

I hereby give notice of the **2014 Spring B. C. S. & R.D.Federation B.O.D. meeting to be held Saturday, April 5, 2014, at 10.00am at the Abbotsford Senior Association Hall, 33889 Essendene Avenue, Abbotsford** in accordance with motion passed at the 2013 B.C.S. & R.D.F. A.G.M.

**The total number of Voting Delegates from each Region will now only be 4(four).** Yes, any registered Square Dancer is welcome to attend this meeting (and we encourage you to do so and see how your Federation works) and take part in the discussions but only the 4 Voting Delegates from each Region will have a vote. This change is on a 2 year trial basis.

Make sure your Region has their 4 Delegates and that their names have been forwarded to Ken Crisp, our secretary – if not do it Right Away or Sooner. A block of rooms have been booked at a special rate in the Best Western Bakerview Inn, 1821 Sumas Way, Abbotsford. Call 1-877-336-6156 if you wish to book a room. All rooms must be booked by March 15, 2014 to get this special rate. Just say you are with B.C. Federation Square Dancers. Cost of room is \$79.00 + tax.

If you or your Region has a Motion to present at this meeting please get it to me before **February 20, 2014** so that it will be on the Agenda.

We need to think about and look at the following:-

- a. There are several outdated motions still on the books that need action and we need to think about streamlining our Finances.
- b. Do we need to look into a simpler, user friendly registration form – one for all?

**John Corrigan, Past President, will be looking for names to fill Executive positions at the yearend A.G.M. in August 2014 in Penticton.** Remember this is **YOUR Organization** so please come on board.

Have you registered for the National Convention in **Ottawa July 17 – 19, 2014??**

Some upcoming Special Dates in 2014 for B.C.

**August 15, 16, 17** – 50<sup>th</sup> Anniversary of Powell River Star Dusters.

**Nov. 29** – 60<sup>th</sup> Anniversary of 3 Lower Vancouver Island Organizations.

the F.V.S. & R.D.A. and the Valley Circle Magazine will celebrate 55 years.

More info later.

Is your Web Page and Where's The Dance info. Page on your club up-to-date?

Funding for New Dancer Classes is available from the B.C.S. & R.D. F. Forms on B.C. Fed WebPage





## REGION 5 DANCE SCHEDULE 2014

(We have tried to be accurate but suggest phoning to confirm the event before travelling.)

WHEN	WHERE	EVENT	CALLERS/ CUERS
Feb. 10, 2014	Lac La Hache	Caribooter's Valentine Dance	Dave Abbs & Helen Hall
Feb. 13, 2014	Vanderhoof	Valentine's Dance	Gys, Dolores, Sandi
Feb. 23, 2014	South Cariboo	My Tie Dance	Dave Abbs & Helen Hall
Feb. 24, 2014	Prince George	50s and 60s Dance	Gys Koops
Mar. 1, 2014	Williams Lake	March Merriment & Pie Night Dance	Nick & Mary Anne Turner
Mar. 13, 2014	Vanderhoof	St. Paddy's Day Dance	Gys, Dolores, Sandi
Mar. 17, 2014	Lac La Hache	St. Patrick's Day Dance Party	Dave Abbs & Helen Hall
Mar. 31, 2014	Prince George	Goofer's Night	Goofer Callers
Apr. 10, 2014	Vanderhoof	Drifting Squares 11th Birthday	Gys, Dolores, Sandi
Apr. 28, 2014	Lac La Hache	Thank God It's Spring Dance	Dave Abbs & Helen Hall
May 23-25, 2014	Williams Lake	56th Spring Jamboree - Let's Get Nautical Theme	Dustin McGifford, Nick and Mary Anne Turner
June 6-8, 2014	Prince George	Spring Jamboree Weekend	Jerry Jestin
July 17-19, 2014	Ottawa	Canadian National Festival	Many Callers & Cuers
August 6-9, 2014	Penticton	11th Peachfest Jamboree	Many Callers & Cuers

For more copies of the Cariboo

Connection, go to the R5CCDA website

at [www.r5ccda.squaredance.bc.ca](http://www.r5ccda.squaredance.bc.ca)



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For information on dancing around the province, remember to use the website provided by the BC Square and Round Dance Federation

[www.squaredance.bc.ca](http://www.squaredance.bc.ca)

or call the InfoLine at  
1-800-335-9433

To contact the editors, email us at  
[nmtturner@telus.net](mailto:nmtturner@telus.net)



Deadline date for submitting to the next Cariboo Connection is March 25, 2014